



EP Interprovincial - Official Results - 2022-10-30



Under 8 Boys

EP RECORD: JACQ JOHN VAN SCHALKWYK YEAR: 2022 POINTS: 2073.29

#	SA No	Firstname	Surname	Run Time	Run Points	Swim Time	Swim Points	Bonus Points	Total Points
1	3862	(BOR) ANDREW	YOUNG	01:48.20	1019.60	00:36.54	982.30	0.00	2001.90

Under 8 Girls

EP RECORD: LEAH MARAIS YEAR: 2022 POINTS: 2105.15

#	SA No	Firstname	Surname	Run Time	Run Points	Swim Time	Swim Points	Bonus Points	Total Points
1	3652	(BOR) LEAH	ELEFThERIOU	02:08.76	982.48	00:33.98	1005.10	0.00	1987.58
2	3653	(BOR) CHARLOTTE	BOWMAN	02:18.00	964.00	00:42.20	964.00	0.00	1928.00
3	3651	(BOR) AVA	GREYVENSTEIN	02:48.26	903.48	00:33.40	1008.00	0.00	1911.48

Under 9 Boys

EP RECORD: DAVID-JOHN STOW YEAR: 2022 POINTS: 2097.62

#	SA No	Firstname	Surname	Run Time	Run Points	Swim Time	Swim Points	Bonus Points	Total Points
1	3067	(EP) JACQ JOHN	VAN SCHALKWYK	01:26.31	1033.38	00:48.89	1010.55	0.00	2043.93
2	3796	(EP) BLAKE	FISCHER	01:25.96	1034.08	00:49.33	1008.35	0.00	2042.43
3	3376	(EDEN) BERNARD	LAMPRECHT	01:22.31	1041.38	00:53.76	986.20	0.00	2027.58
4	3667	(BOR) MARLO	VAN DAALEN	01:37.16	1011.68	00:52.11	994.45	0.00	2006.13



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#	SA No	Firstname	Surname	Run Time	Run Points	Swim Time	Swim Points	Bonus Points	Total Points
5	3914	(EP) LUKE	PAPPAS	01:27.44	1031.12	00:56.18	974.10	0.00	2005.22
6	2772	(EP) RIKHART	DE RIDDER	01:49.08	987.84	00:48.85	1010.75	0.00	1998.59
7	3792	(EP) PETIE	JANSEN VAN VUUREN	01:45.21	995.58	01:35.32	778.40	0.00	1773.98



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EP Interprovincial - Official Results - 2022-10-30



Under 9 Girls

EP RECORD: LEAH MARAIS

YEAR: 2022

POINTS: 2002.40

#	SA No	Firstname	Surname	Run Time	Run Points	Swim Time	Swim Points	Bonus Points	Total Points
1	3090	(EP) LEAH	MARAIS	01:20.93	1052.14	00:52.02	1004.90	0.00	2057.04
2	3661	(BOR) SADIE	ELS	01:33.33	1027.34	00:55.11	989.45	0.00	2016.79
3	3654	(BOR) BETHANY	PIERCE	01:45.14	1003.72	00:57.20	979.00	0.00	1982.72
4	3817	(EP) MIA	SCHELLINK	01:29.19	1035.62	01:07.96	925.20	0.00	1960.82
5	3724	(EP) AVA	FORSYTHE	01:52.13	989.74	00:59.69	966.55	0.00	1956.29
6	3740	(EP) MENT	PRINSLOO	01:42.01	1009.98	01:09.43	917.85	0.00	1927.83
7	3565	(EDEN) GIA	HARTLEY	01:33.09	1027.82	01:20.50	862.50	0.00	1890.32
8	3666	(BOR) LISETTE	PETERS	01:48.08	997.84	01:15.31	888.45	0.00	1886.29
9	3727	(EP) LISA	JANSE VAN RENSBURG	01:44.36	1005.28	01:16.91	880.45	0.00	1885.73
10	3665	(BOR) KATHERINE	SCHUTZLER	01:41.05	1011.90	01:20.57	862.15	0.00	1874.05
11	3657	(BOR) COURTNEY	TERWIN	02:00.73	972.54	01:17.67	876.65	0.00	1849.19
12	3660	(BOR) NICOLE	ELEFThERIOU	02:52.75	868.50	01:05.89	935.55	0.00	1804.05

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Under 11 Boys

EP RECORD: ANDRE STRYDOM

YEAR: 2022

POINTS: 2060.07

#	SA No	Firstname	Surname	Run Time	Run Points	Swim Time	Swim Points	Bonus Points	Total Points
1	2970	(BOR) CARTER	PALMER	01:16.55	1040.90	00:36.96	1035.20	0.00	2076.10
2	1074	(EP) JOSHUA	RICHTER	01:15.68	1042.64	00:38.24	1028.80	0.00	2071.44
3	2774	(EP) JORDAN	HEATH	01:17.22	1039.56	00:37.78	1031.10	0.00	2070.66
4	1801	(EDEN) BENJAMIN	BOND	01:20.50	1033.00	00:38.85	1025.75	0.00	2058.75
5	1479	(EP) DECLAN	FORSYTHE	01:21.03	1031.94	00:42.38	1008.10	0.00	2040.04
6	3866	(BOR) JACK	CLIFFORD	01:29.20	1015.60	00:39.85	1020.75	0.00	2036.35
7	1156	(EP) RIAAN	DU TOIT	01:13.95	1046.10	00:46.09	989.55	0.00	2035.65
8	1535	(EDEN) DANIËL	VAN WYNGAARD	01:23.98	1026.04	00:43.37	1003.15	0.00	2029.19
9	1477	(EP) DAVID- JOHN (DJ)	STOW	01:29.86	1014.28	00:41.34	1013.30	0.00	2027.58
10	2974	(BOR) CHRISTOPHER	HOWES	01:24.98	1024.04	00:45.60	992.00	0.00	2016.04
11	3564	(EDEN) MATTHEW	HARTLEY	01:20.77	1032.46	00:47.64	981.80	0.00	2014.26
12	1136	(EP) REGHARDT	VAN ZYL	01:31.57	1010.86	00:45.27	993.65	0.00	2004.51
13	3680	(BOR) SIMON	PETERS	01:37.94	998.12	00:45.56	992.20	0.00	1990.32
14	3087	(EP) DANIEL	LOTTER	01:27.21	1019.58	00:49.86	970.70	0.00	1990.28
15	3679	(BOR) CALEB	VAN DER MERWE	01:32.29	1009.42	00:47.94	980.30	0.00	1989.72
16	3864	(BOR) JAMES	YOUNG	01:36.76	1000.48	00:47.11	984.45	0.00	1984.93
17	1847	(EP) JEFF	LARTER	01:31.33	1011.34	00:51.33	963.35	0.00	1974.69
18	3956	(EDEN) FERDINAND	COLEMAN	01:46.11	981.78	00:48.07	979.65	0.00	1961.43
19	2033	(EP) ESTEEN	POTTS	01:37.66	998.68	00:52.18	959.10	0.00	1957.78
20	3826	(EP) HENRO	ZWIEGELAAR	01:30.45	1013.10	00:57.46	932.70	0.00	1945.80
21	3089	(EP) CHRISTIAAN	MARAIS	01:25.47	1023.06	01:00.10	919.50	0.00	1942.56
22	3567	(EDEN) LIAM	KOLVER	01:52.75	968.50	01:03.61	901.95	0.00	1870.45
23	3568	(EDEN) AYDEN	KOTZE	02:07.17	939.66	01:04.77	896.15	0.00	1835.81

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Under 11 Girls

EP RECORD: MIA MARCELLE PRINSLOO YEAR: 2022 POINTS: 2085.62

#	SA No	Firstname	Surname	Run Time	Run Points	Swim Time	Swim Points	Bonus Points	Total Points
1	3797	(EP) TAYLOR	JACOBS	01:20.14	1035.72	00:38.07	1039.65	0.00	2075.37
2	2958	(BOR) HAYLEY	GREYVENSTEIN	01:26.25	1023.50	00:37.75	1041.25	0.00	2064.75
3	2786	(EP) FRANCESCA	VENTER	01:22.96	1030.08	00:46.26	998.70	0.00	2028.78
4	1825	(EDEN) ANNABEL	VAN DER MERWE	01:25.63	1024.74	00:49.47	982.65	0.00	2007.39
5	1098	(EP) LIANE	MULLER	01:42.22	991.56	00:43.43	1012.85	0.00	2004.41
6	3669	(BOR) MORGAN	THYSSE	01:38.61	998.78	00:46.22	998.90	0.00	1997.68
7	3550	(BOR) GEMMA	HEUGH	01:27.25	1021.50	00:53.61	961.95	0.00	1983.45
8	3549	(BOR) BAILEY	BOWMAN	01:40.75	994.50	00:48.45	987.75	0.00	1982.25
9	4101	(BOR) ISABEL	SMITH	01:50.43	975.14	00:45.26	1003.70	0.00	1978.84
10	3670	(BOR) KHLOĀ©	WEIMERS	01:32.54	1010.92	00:52.69	966.55	0.00	1977.47
11	3551	(BOR) KYRA	DU PREEZ	01:42.59	990.82	00:48.83	985.85	0.00	1976.67
12	3404	(BOR) CAITLIN	LOMBARD	01:27.81	1020.38	00:56.50	947.50	0.00	1967.88
13	3949	(EDEN) LEANKE	LOOTS	01:53.95	968.10	00:46.75	996.25	0.00	1964.35
14	3676	(BOR) MIA	TYSON	01:46.02	983.96	00:50.90	975.50	0.00	1959.46
15	3675	(BOR) AVA	TYSON	01:52.46	971.08	00:50.42	977.90	0.00	1948.98
16	3674	(BOR) WYLLOW	HALSE	01:50.84	974.32	00:51.74	971.30	0.00	1945.62
17	2100	(EP) ALLISON	GILFILLAN	01:28.98	1018.04	01:08.57	887.15	0.00	1905.19
18	3789	(EP) LUNIKO	ABRAHAMS	01:28.67	1018.66	01:15.00	855.00	0.00	1873.66

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Under 13 Boys

EP RECORD: DANNY BAXTER YEAR: 2022 POINTS: 2076.64

#	SA No	Firstname	Surname	Run Time	Run Points	Swim Time	Swim Points	Bonus Points	Total Points
1	2775	(EP) MC (MARNUS CALITZ)	PRINSLOO	02:36.65	1032.70	00:32.71	1032.90	0.00	2065.60
2	1089	(EP) BJORN	MAREE	02:43.38	1019.24	00:32.20	1038.00	0.00	2057.24
3	2532	(EP) JAKOBUS	REYNOLDS	02:52.97	1000.06	00:32.46	1035.40	0.00	2035.46
4	1191	(EP) LIAM	FORSYTHE	03:05.26	975.48	00:32.54	1034.60	0.00	2010.08
5	1478	(EP) NEIL	STOW	02:44.75	1016.50	00:37.08	989.20	0.00	2005.70
6	1455	(EP) ANDRE	STRYDOM	03:07.28	971.44	00:33.29	1027.10	0.00	1998.54
7	1182	(EP) HANRÄ©	VERMAAK	03:05.91	974.18	00:35.69	1003.10	0.00	1977.28
8	3869	(BOR) LOHAN	VAN DAALEN	03:13.17	959.66	00:34.49	1015.10	0.00	1974.76
9	3088	(EP) REUBEN	LOTTER	03:05.32	975.36	00:39.38	966.20	0.00	1941.56
10	2928	(EDEN) RUAN	SHARE	02:52.76	1000.48	00:42.50	935.00	0.00	1935.48
11	1107	(EP) HIRAM	ROBERTSON	03:09.39	967.22	00:40.06	959.40	0.00	1926.62
12	3687	(BOR) STIJN	PETERS	03:24.89	936.22	00:37.43	985.70	0.00	1921.92
13	4078	(EDEN) RYNARD	VAN DER COLF	03:03.38	979.24	00:42.91	930.90	0.00	1910.14
14	3948	(EDEN) STIAAN	VAN WYK	02:38.84	1028.32	00:48.48	875.20	0.00	1903.52
15	3582	(EDEN) RAPHAEL	CROUS	03:16.24	953.52	00:44.71	912.90	0.00	1866.42
16	1833	(EDEN) DANIEL	ANKER	02:58.77	988.46	00:49.45	865.50	0.00	1853.96
17	3904	(EP) MARCO	RAUBENHEIMER	03:14.08	957.84	00:47.00	890.00	0.00	1847.84
18	1171	(EP) CHRISTIAN	SLABBERT	02:56.31	993.38	00:51.75	842.50	0.00	1835.88
19	3843	(EP) JUDE	ROMAN	03:09.21	967.58	00:52.09	839.10	0.00	1806.68
20	3684	(BOR) LUNJE	MTHELELI	03:25.32	935.36	00:52.12	838.80	0.00	1774.16
21	3775	(EP) CALLUM	BEYLEVELD	04:03.03	859.94	00:59.43	765.70	0.00	1625.64
22	3685	(BOR) LUHLE	MTHELELI	03:50.56	884.88	01:11.37	646.30	0.00	1531.18

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Under 13 Girls

EP RECORD: SOPHIA JANSEN

YEAR: 2022

POINTS: 2062.56

#	SA No	Firstname	Surname	Run Time	Run Points	Swim Time	Swim Points	Bonus Points	Total Points
1	1067	(EP) SOPHIA	JANSEN	02:40.11	1033.78	00:35.24	1007.60	0.00	2041.38
2	1480	(EP) MIA	PRINSLOO	02:44.50	1025.00	00:37.45	985.50	0.00	2010.50
3	3828	(EP) JEMMAH	ROMAN	03:18.42	957.16	00:31.55	1044.50	0.00	2001.66
4	2977	(BOR) ERIN	WEIMANN	03:03.26	987.48	00:35.75	1002.50	0.00	1989.98
5	2978	(BOR) MIA	LOMBARD	02:58.26	997.48	00:36.91	990.90	0.00	1988.38
6	1824	(EDEN) KARA	VAN DER MERWE	02:52.23	1009.54	00:39.40	966.00	0.00	1975.54
7	1919	(EDEN) IANE	JOUBERT	03:02.66	988.68	00:37.66	983.40	0.00	1972.08
8	1181	(EP) AVA	LARTER	03:01.67	990.66	00:38.63	973.70	0.00	1964.36
9	1177	(EP) KAITLYN	RICHTER	03:01.21	991.58	00:38.75	972.50	0.00	1964.08
10	3913	(EP) KATHERINE	PAPPAS	03:09.25	975.50	00:37.77	982.30	0.00	1957.80
11	1069	(EP) KAYLEIGH	MARAI	02:56.42	1001.16	00:40.42	955.80	0.00	1956.96
12	1900	(EDEN) DONAY	BOTES	03:00.26	993.48	00:40.58	954.20	0.00	1947.68
13	2099	(EP) SAMANTHA	GILFILLAN	03:08.24	977.52	00:39.79	962.10	0.00	1939.62
14	1090	(EP) KATELYN	KRETZMANN	03:04.82	984.36	00:41.29	947.10	0.00	1931.46
15	1453	(EP) ANCOIS	VILJOEN	02:58.05	997.90	00:43.21	927.90	0.00	1925.80
16	1835	(EDEN) ENGELA	DE WET	03:12.72	968.56	00:47.22	887.80	0.00	1856.36
17	2861	(EP) EMMA	BOUWER	03:08.18	977.64	00:48.14	878.60	0.00	1856.24
18	2924	(EDEN) LEAH	HOPPER	03:19.46	955.08	00:46.22	897.80	0.00	1852.88
19	3887	(EP) MILEY	BURGER	03:42.29	909.42	00:45.33	906.70	0.00	1816.12
20	4096	(BOR) LEILA	NELL	03:21.82	950.36	00:49.86	861.40	0.00	1811.76
21	4058	(EDEN) BEA-MARI	VOSLOO	03:20.04	953.92	00:51.39	846.10	0.00	1800.02
22	3682	(BOR) TARA	BOOTH	04:01.90	870.20	00:44.88	911.20	0.00	1781.40
23	4097	(BOR) ZAMA	MALLA	04:13.21	847.58	00:43.67	923.30	0.00	1770.88
24	2098	(EP) ANGELIQUE	KYANDA-KABOZA	04:09.79	854.42	00:45.94	900.60	0.00	1755.02



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#	SA No	Firstname	Surname	Run Time	Run Points	Swim Time	Swim Points	Bonus Points	Total Points
25	3867	(BOR) MELOKUHLE	MAKINZA	04:19.44	835.12	00:46.32	896.80	0.00	1731.92

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Under 15 Boys

EP RECORD: PIERRE-DANIEL JACOBS YEAR: 2022 POINTS: 2078.44

#	SA No	Firstname	Surname	Run Time	Run Points	Swim Time	Swim Points	Bonus Points	Total Points
1	1176	(EP) PIERRE-DANIEL	JACOBS	02:29.12	1027.76	01:02.54	1052.30	0.00	2080.06
2	3010	(BOR) WYL	WRIGHT	02:27.36	1031.28	01:05.47	1037.65	0.00	2068.93
3	3842	(EP) NICHOLAS	PRETORIUS	02:42.74	1000.52	01:02.40	1053.00	0.00	2053.52
4	3955	(EDEN) CARLO	BEZUIDENHOUT	02:33.87	1018.26	01:07.59	1027.05	0.00	2045.31
5	1164	(EP) ALEXANDER	SERFONTEIN	02:36.43	1013.14	01:20.98	960.10	0.00	1973.24
6	1192	(EP) CHRISTIAN	THERON	02:42.50	1001.00	01:20.78	961.10	0.00	1962.10
7	1110	(EP) ZACK	SLABBERT	02:39.71	1006.58	01:23.14	949.30	0.00	1955.88
8	2990	(BOR) LIAM	PALMER	02:55.50	975.00	01:17.72	976.40	0.00	1951.40
9	3696	(BOR) CHRIS	LOMBARD	02:49.38	987.24	01:21.78	956.10	0.00	1943.34
10	2779	(EP) ERIK	VENTER	02:48.69	988.62	01:27.59	927.05	0.00	1915.67
11	3699	(BOR) EMIHLE	CUTALELE	03:08.72	948.56	01:25.27	938.65	0.00	1887.21
12	3737	(EP) LUCA	GIE	03:19.54	926.92	01:30.37	913.15	0.00	1840.07
13	2993	(BOR) ROBERT	HOWES	03:09.29	947.42	01:38.24	873.80	0.00	1821.22
14	4017	(EDEN) GABRIEL	CROUS	03:06.38	953.24	01:52.95	800.25	0.00	1753.49
15	3695	(BOR) LIAM	CHETTY	03:08.97	948.06	02:01.53	757.35	0.00	1705.41
16	3697	(BOR) BRAIDAN	MENTEATH	03:38.40	889.20	01:50.04	814.80	0.00	1704.00
17	3989	(EDEN) EWAN	BOTHA	03:38.74	888.52	01:58.97	770.15	0.00	1658.67

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Under 15 Girls

EP RECORD: JENNA COETZEE

YEAR: 2022

POINTS: 2112.02

#	SA No	Firstname	Surname	Run Time	Run Points	Swim Time	Swim Points	Bonus Points	Total Points
1	2975	(BOR) HANNAH	HATTINGH	02:39.62	1026.76	01:07.67	1036.65	0.00	2063.41
2	3725	(EP) ZANDRI	KNOETZE	02:57.74	990.52	01:05.00	1050.00	0.00	2040.52
3	2079	(BOR) CAMILLA	HEUER	02:55.32	995.36	01:06.20	1044.00	0.00	2039.36
4	2976	(BOR) EMILY	HATTINGH	02:44.62	1016.76	01:14.44	1002.80	0.00	2019.56
5	1101	(EP) ELME	VERMAAK	02:57.26	991.48	01:10.09	1024.55	0.00	2016.03
6	1904	(EDEN) EMMA	NEETHLING	03:01.79	982.42	01:10.16	1024.20	0.00	2006.62
7	1065	(EP) LIENKE	ELS	03:04.06	977.88	01:11.90	1015.50	0.00	1993.38
8	3000	(BOR) KUZINGCA	SIRAMZA	03:03.76	978.48	01:12.62	1011.90	0.00	1990.38
9	1100	(EP) MINETTE	VAN ZYL	03:07.86	970.28	01:15.19	999.05	0.00	1969.33
10	3739	(EP) HELENÅ©	PRINSLOO	03:05.23	975.54	01:24.27	953.65	0.00	1929.19
11	1200	(EP) MIEKE	VAN STADEN	03:03.05	979.90	01:25.44	947.80	0.00	1927.70
12	3003	(BOR) SHAELYN	LAWSON	03:02.58	980.84	01:26.04	944.80	0.00	1925.64
13	3952	(EDEN) LIANE	TALJAARD	03:21.03	943.94	01:19.70	976.50	0.00	1920.44
14	1454	(EP) MILAN	JANSE VAN RENSBURG	03:27.42	931.16	01:19.63	976.85	0.00	1908.01
15	1838	(EDEN) NINA	CLOETE	03:00.73	984.54	01:31.80	916.00	0.00	1900.54
16	3987	(EDEN) LEE-ANNE	PRETORIUS	03:13.57	958.86	01:28.06	934.70	0.00	1893.56
17	1151	(EP) ANJE	POTGIETER	03:00.71	984.58	01:36.05	894.75	0.00	1879.33
18	4100	(BOR) EMMA	OBARAY	03:14.79	956.42	01:31.24	918.80	0.00	1875.22
19	1851	(EP) LEAH	HEDDERWICK	03:29.89	926.22	01:30.17	924.15	0.00	1850.37
20	4099	(BOR) ZOEY	VAN NIEKERK	03:24.09	937.82	01:33.82	905.90	0.00	1843.72
21	3005	(BOR) CHULUMANCO	NYUKWANA	03:27.65	930.70	01:42.63	861.85	0.00	1792.55
22	3738	(EP) MCKENZIE	GIE	03:45.41	895.18	01:42.34	863.30	0.00	1758.48
23	3688	(BOR) LISA	GETYE	03:13.03	959.94	01:55.46	797.70	0.00	1757.64
24	4098	(BOR) NITARA	HOGAN	03:56.95	872.10	02:19.22	678.90	0.00	1551.00



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Under 17 Boys

EP RECORD: CONNOR BAGLEY

YEAR: 2022

POINTS: 2113.48

#	SA No	Firstname	Surname	Run Time	Run Points	Swim Time	Swim Points	Bonus Points	Total Points
1	3911	(EP) DANIEL	PAPPAS	02:15.46	1033.08	01:02.74	1026.30	0.00	2059.38
2	1139	(EP) DANIEL	RICHTER	02:10.79	1042.42	01:07.51	1002.45	0.00	2044.87
3	2777	(EP) JACO	STRYDOM	02:35.28	993.44	01:07.47	1002.65	0.00	1996.09
4	1198	(EP) DANIEL	NASH	02:32.49	999.02	01:09.15	994.25	0.00	1993.27
5	1880	(EDEN) ADRIAAN	ALBERTYN	02:40.65	982.70	01:10.23	988.85	0.00	1971.55
6	3790	(EP) LEON	DUPPER	02:47.05	969.90	01:07.77	1001.15	0.00	1971.05
7	1490	(EP) BENJAMIN	LEMKE	02:31.44	1001.12	01:14.72	966.40	0.00	1967.52
8	1856	(EP) MARCELLE	MAREE	02:39.97	984.06	01:12.99	975.05	0.00	1959.11
9	3781	(EP) JULLIAN	VAN DER SCHYFF	02:24.28	1015.44	01:19.45	942.75	0.00	1958.19
10	3779	(EP) SETHAR	REID	02:55.47	953.06	01:10.42	987.90	0.00	1940.96
11	4026	(EDEN) PW	VAN BREDA	02:43.71	976.58	01:21.11	934.45	0.00	1911.03
12	2897	(EDEN) JACO	DE WET	02:27.33	1009.34	01:29.39	893.05	0.00	1902.39
13	1882	(EDEN) LOUIS	SMIT	02:38.11	987.78	01:27.38	903.10	0.00	1890.88
14	3815	(EP) REECE	FREEMAN	02:19.37	1025.26	01:37.26	853.70	0.00	1878.96
15	3721	(EP) LUHANN	SPRONG	03:00.73	942.54	01:22.67	926.65	0.00	1869.19
16	4028	(EDEN) JJ	PFAFF	02:34.69	994.62	01:37.38	853.10	0.00	1847.72
17	3704	(BOR) DANIEL	MENTEATH	03:00.14	943.72	01:29.57	892.15	0.00	1835.87

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Under 17 Girls

EP RECORD: KEIRA VAN HEERDEN YEAR: 2022 POINTS: 2125.79

#	SA No	Firstname	Surname	Run Time	Run Points	Swim Time	Swim Points	Bonus Points	Total Points
1	1099	(EP) KEIRA	VAN HEERDEN	02:27.08	1051.84	01:01.35	1068.25	0.00	2120.09
2	1084	(EP) MARONY	JACOBS	02:39.83	1026.34	01:04.10	1054.50	0.00	2080.84
3	1451	(EP) ELNÄ©	REYNOLDS	02:45.86	1014.28	01:09.68	1026.60	0.00	2040.88
4	1066	(EP) TAYLA	WILSON	03:06.38	973.24	01:09.38	1028.10	0.00	2001.34
5	1104	(EP) KYLIE	KLAASEN	02:48.95	1008.10	01:18.93	980.35	0.00	1988.45
6	2771	(EP) ANYA	DE RIDDER	03:07.91	970.18	01:14.10	1004.50	0.00	1974.68
7	1484	(EP) MISHA	NEWTON	02:49.23	1007.54	01:24.61	951.95	0.00	1959.49
8	3536	(EDEN) MIEKE	VAN DER WALT	03:24.54	936.92	01:11.70	1016.50	0.00	1953.42
9	3093	(EP) JANITA	MARSH	03:02.50	981.00	01:23.88	955.60	0.00	1936.60
10	2787	(EP) ILKE	WOLMARANS	02:39.51	1026.98	01:35.20	899.00	0.00	1925.98
11	2919	(EDEN) LIANE	PRETORIUS	02:45.62	1014.76	01:34.42	902.90	0.00	1917.66
12	3829	(EP) MECOLI	VORSTER	03:36.70	912.60	01:33.10	909.50	0.00	1822.10
13	3827	(EP) REBECCA	COPEMAN	03:10.40	965.20	01:43.94	855.30	0.00	1820.50
14	3736	(EP) CARIS	MCCARTHY	03:16.00	954.00	01:46.57	842.15	0.00	1796.15
15	3991	(EDEN) MIEKE	BOTHA	03:32.59	920.82	01:49.25	828.75	0.00	1749.57



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Under 19 Boys

EP RECORD: MATTHEW VAN COLLER YEAR: 2022 POINTS: 2109.93

#	SA No	Firstname	Surname	Run Time	Run Points	Swim Time	Swim Points	Bonus Points	Total Points
1	1125	(EP) FRANCOIS	VOSLOO	02:18.36	1021.28	01:10.52	987.40	0.00	2008.68
2	1070	(EP) STEFFAN	RADEMEYER	02:39.27	979.46	01:04.47	1017.65	0.00	1997.11
3	1138	(EP) MARCO	SPRONG	02:25.59	1006.82	01:11.33	983.35	0.00	1990.17
4	3900	(EP) HENCO	COETZEE	02:34.21	989.58	01:11.92	980.40	0.00	1969.98
5	2177	(EP) DEANDRE	VORSTER	02:33.90	990.20	01:14.24	968.80	0.00	1959.00
6	2181	(EP) CHRISTIAAN	VAN DER MERWE	02:37.04	983.92	01:24.54	917.30	0.00	1901.22
7	2888	(EDEN) DAMION	GOUVEIA	02:38.92	980.16	01:28.93	895.35	0.00	1875.51



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Under 19 Girls

EP RECORD: ANKE SERFONTEIN YEAR: 2022 POINTS: 2124.36

#	SA No	Firstname	Surname	Run Time	Run Points	Swim Time	Swim Points	Bonus Points	Total Points
1	1092	(EP) ZANRI	BLACK	02:21.91	1064.18	01:11.00	1030.00	0.00	2094.18
2	1145	(EP) ROBYN	HOUGH	02:45.03	1017.94	01:05.46	1057.70	0.00	2075.64
3	1806	(EDEN) PETRO MARIE	FOURIE	02:47.77	1012.46	01:07.44	1047.80	0.00	2060.26
4	1175	(EP) JODI	WILSON	02:53.08	1001.84	01:06.12	1054.40	0.00	2056.24
5	1862	(EDEN) EMMA	VAN DER WESTHUYSEN	02:42.92	1022.16	01:23.65	966.75	0.00	1988.91
6	1163	(EP) ELANCA	VAN JAARVELD	02:42.42	1023.16	01:25.92	955.40	0.00	1978.56
7	1938	(SFS) THINICA LAYLA	MC ANDA	03:11.37	965.26	01:15.75	1006.25	0.00	1971.51
8	3780	(EP) ANTONIA	WAGNER	03:23.05	941.90	01:14.46	1012.70	0.00	1954.60
9	3091	(EP) CASLI	MARSH	02:55.15	997.70	01:34.91	910.45	0.00	1908.15

Junior Men

EP RECORD: CODY COOMBE-DAVIS YEAR: 2022 POINTS: 2083.86

#	SA No	Firstname	Surname	Run Time	Run Points	Swim Time	Swim Points	Bonus Points	Total Points
1	1137	(EP) CHRISTIAN	APPELS	02:11.70	1024.60	01:00.96	1030.20	0.00	2054.80

Junior Ladies

EP RECORD: LARA DE BLOE YEAR: 2022 POINTS: 2090.23

#	SA No	Firstname	Surname	Run Time	Run Points	Swim Time	Swim Points	Bonus Points	Total Points
1	1120	(EP) ANKE	SERFONTEIN	02:35.59	1044.82	01:11.02	1039.90	0.00	2084.72
2	4074	(EDEN) CARLI	MYBURG	03:05.38	985.24	01:31.76	936.20	0.00	1921.44
3	1124	(EP) ANABELLE	JONCK	03:05.64	984.72	01:32.56	932.20	0.00	1916.92



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Senior Men

EP RECORD: GARETH VORSTER YEAR: 2022 POINTS: 2084.53

#	SA No	Firstname	Surname	Run Time	Run Points	Swim Time	Swim Points	Bonus Points	Total Points
1	1062	(EP) CODY	COOMBE-DAVIS	02:13.55	1020.90	01:03.32	1033.40	0.00	2054.30
2	4073	(EDEN) REYNARD	JANSEN VAN RENSBURG	02:22.73	1002.54	01:05.14	1024.30	0.00	2026.84
3	1878	(EP) KERWIN	CLARKE	02:40.93	966.14	01:07.37	1013.15	30.00	2009.29
4	1079	(EP) ALUTHA	MASELE	02:29.60	988.80	01:26.94	915.30	-3.00	1901.10
5	3723	(EP) RENIER	POTTS	02:44.77	958.46	01:55.88	770.60	48.00	1777.06

Masters 40+

EP RECORD: RYAN PETER YEAR: 2022 POINTS: 2017.88

#	SA No	Firstname	Surname	Run Time	Run Points	Swim Time	Swim Points	Bonus Points	Total Points
1	1194	(EP) RYAN	PETER	02:25.69	1020.62	01:14.94	1000.30	0.00	2020.92
2	3903	(EP) JOHAN	HEATH	03:01.97	948.06	01:07.50	1037.50	15.00	2000.56
3	3722	(EP) RICHARD	HEDDERWICK	02:45.70	980.60	01:34.94	900.30	40.00	1920.90
4	2102	(EP) YONWABA	SIPELITI	02:57.98	956.04	01:43.53	857.35	10.00	1823.39

Masters 40+ Ladies

EP RECORD: MELINDA VENTER YEAR: 2022 POINTS: 2034.22

#	SA No	Firstname	Surname	Run Time	Run Points	Swim Time	Swim Points	Bonus Points	Total Points
1	2780	(EP) MELINDA	VENTER	02:23.10	1095.80	01:39.99	920.05	25.00	2040.85
2	4121	(EDEN) LIESL	BARNARD	03:01.63	1018.74	01:23.83	1000.85	0.00	2019.59
3	3706	(BOR) DEBBIE	ROBERTSON	04:12.46	877.08	01:59.85	820.75	25.00	1722.83



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Masters 50+

EP RECORD: GRANT LEMKE YEAR: 2022 POINTS: 2071.30

#	SA No	Firstname	Surname	Run Time	Run Points	Swim Time	Swim Points	Bonus Points	Total Points
1	1811	(EDEN) HERMANN	SPANGENBERG	03:02.38	969.24	01:12.46	1037.70	15.00	2021.94

Masters 60+

EP RECORD: GORDON WESSELS YEAR: 2022 POINTS: 2126.60

#	SA No	Firstname	Surname	Run Time	Run Points	Swim Time	Swim Points	Bonus Points	Total Points
1	1168	(EP) GORDON	WESSELS	01:20.70	1028.60	00:34.86	1060.70	42.00	2131.30
2	1148	(EP) FREEK	SMITH	01:17.90	1034.20	00:37.26	1048.70	6.00	2088.90

Masters 60+ Ladies

EP RECORD: BERNICE PUTTER YEAR: 2022 POINTS: 2097.01

#	SA No	Firstname	Surname	Run Time	Run Points	Swim Time	Swim Points	Bonus Points	Total Points
1	2814	(EP) BENICE	PUTTER	01:42.28	1017.44	00:39.33	1053.35	42.00	2112.79



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Special Needs Male

EP RECORD: MPENDU LUKHANYISO YEAR: 2022 POINTS: 2095.31

#	SA No	Firstname	Surname	Run Time	Run Points	Swim Time	Swim Points	Bonus Points	Total Points
1	3812	(EP) MPENDU	LUKHANYISO	01:08.91	1102.18	00:50.50	972.50	0.00	2074.68
2	3811	(EP) MOMO	LUSINDISE	01:17.82	1084.36	00:56.02	944.90	0.00	2029.26

Special Needs Female

EP RECORD: RENTIA OOSTHUIZEN YEAR: 2022 POINTS: 1976.88

#	SA No	Firstname	Surname	Run Time	Run Points	Swim Time	Swim Points	Bonus Points	Total Points
1	3810	(EP) KHWETHA	SIBAHLE	1:26.88	1066.24		0.00	0.00	1066.24