

EP INTERPROVINCIAL

Competition Name

2024-10-26

Competition Date

#		Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
Top 3 Runners									
1	2970	Carter Palmer	BOR Team A	02:29.490	1061.02	00:33.750	1022.50	0.00	2083.52
2	6834	Benjamin Loubser	EDEN Team A	01:17.130	1051.74	01:00.290	953.55	0.00	2005.29
3	6356	Christiaan Lamprecht	EDEN Team A	01:17.470	1051.06	01:04.460	932.70	0.00	1983.76
#		Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
Top 3 Swimmers									
1	4969	Rikus Lamprechts	EDEN Team A	02:31.390	1017.22	01:00.810	1070.95	27.00	2115.17
2	6667	Sophia Greeff	EP Team A	01:24.040	1045.92	00:41.800	1071.00	0.00	2116.92
3	6571	Elzet Britz	EP Team A	03:21.040	969.92	01:13.910	1055.45	27.00	2052.37
#		Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
Top 3 Athletes									
1	6667	Sophia Greeff	EP Team A	01:24.040	1045.92	00:41.800	1071.00	0.00	2116.92
2	4969	Rikus Lamprechts	EDEN Team A	02:31.390	1017.22	01:00.810	1070.95	27.00	2115.17
3	3406	Michael Forbes	BOR Team A	01:20.120	1019.76	00:37.880	1025.60	54.00	2099.36
#		Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
U/08 GIRLS									
1	6352	Ella Coetzee	EDEN Team A	01:36.450	1047.10	00:32.150	1014.25	0.00	2061.35

#		Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
U/08 BOYS				-					
1	6550	John Mark Marais	SFS Team A	01:36.700	1042.60	00:46.910	930.45	0.00	1973.05
#		Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
U/09 GIRLS				-					
1	6667	Sophia Greeff	EP Team A	01:24.040	1045.92	00:41.800	1071.00	0.00	2116.92
2	3651	Ava Greyvenstein	BOR Team A	01:28.340	1037.32	00:47.900	1040.50	0.00	2077.82
3	6663	Kylie Delport	EP Team A	01:38.980	1016.04	00:57.860	990.70	0.00	2006.74
4	6826	Nina Vlok	EDEN Team A	01:32.920	1028.16	01:00.380	978.10	0.00	2006.26
5	6340	Milane Belstead	EDEN Team A	01:43.730	1006.54	00:57.340	993.30	0.00	1999.84
6	3653	Charlotte Bowman	BOR Team A	01:45.790	1002.42	00:58.430	987.85	0.00	1990.27
#		Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
U/09 BOYS				-					
1	6834	Benjamin Loubser	EDEN Team A	01:17.130	1051.74	01:00.290	953.55	0.00	2005.29
2	7031	Leo Castanho	EDEN Team A	01:25.530	1034.94	00:59.050	959.75	0.00	1994.69
3	6356	Christiaan Lamprecht	EDEN Team A	01:17.470	1051.06	01:04.460	932.70	0.00	1983.76
4	6391	Tinus Nieuwenhuis	EDEN Team A	01:25.310	1035.38	01:03.080	939.60	0.00	1974.98
5	7036	Xander van Jaarsveldt	EDEN Team B	01:31.170	1023.66	01:11.330	898.35	0.00	1922.01
6	6351	Nico Derbyshire	EDEN Team A	01:44.690	996.62	01:14.570	882.15	0.00	1878.77
#		Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points

U/11 GIRLS			-						
1	3817	Mia Schellink	EP Team A	01:17.910	1040.18	00:37.990	1040.05	0.00	2080.23
2	4729	Elmare Naude	EP Team A	01:13.860	1048.28	00:40.580	1027.10	0.00	2075.38
3	3090	Leah Marais	EP Team A	01:15.930	1044.14	00:41.810	1020.95	0.00	2065.09
4	3719	Ava Els	EP Team A	01:19.980	1036.04	00:40.240	1028.80	0.00	2064.84
5	3661	Sadie Els	BOR Team A	01:23.710	1028.58	00:40.430	1027.85	0.00	2056.43
6	3724	Ava Forsythe	EP Team B	01:29.810	1016.38	00:39.360	1033.20	0.00	2049.58
7	7001	Tyla Grobler	EP Team B	01:32.420	1011.16	00:38.430	1037.85	0.00	2049.01
8	6818	Lea de Jager	EDEN Team A	01:29.200	1017.60	00:39.720	1031.40	0.00	2049.00
9	3740	Ment Prinsloo	EP Team A	01:24.420	1027.16	00:41.670	1021.65	0.00	2048.81
10	5540	Mieke Roos	EDEN Team A	01:34.450	1007.10	00:39.310	1033.45	0.00	2040.55
11	6578	Rieke Jooste	EP Team C	01:23.200	1029.60	00:50.360	978.20	0.00	2007.80
12	6574	Alexis Barendse	EP Team B	01:32.730	1010.54	00:47.910	990.45	0.00	2000.99
13	3658	Isabella Booth	BOR Team A	01:25.120	1025.76	00:51.280	973.60	0.00	1999.36
14	6666	Amelie Greeff	EP Team C	01:25.750	1024.50	00:51.060	974.70	0.00	1999.20
15	6179	Beulah Nel	EP Team B	01:19.760	1036.48	00:54.110	959.45	0.00	1995.93
16	4983	Micah Bezuidenhout	EDEN Team A	01:26.690	1022.62	00:52.720	966.40	0.00	1989.02
17	3665	Katherine Schutzler	BOR Team A	01:31.230	1013.54	00:51.160	974.20	0.00	1987.74
18	3663	Emma Goldswain	BOR Team A	01:32.520	1010.96	00:51.890	970.55	0.00	1981.51
19	4984	Olivia Lamprecht	EDEN Team A	01:36.970	1002.06	00:54.610	956.95	0.00	1959.01

20	6353	Sophia Coetzee	EDEN Team A	01:36.660	1002.68	00:56.650	946.75	0.00	1949.43
21	5506	Lize - Mari Du Plessis	EDEN Team B	01:38.220	999.56	00:56.090	949.55	0.00	1949.11
22	6001	Imiyolo Dini	BOR Team A	02:02.460	951.08	00:47.680	991.60	0.00	1942.68
23	6254	Mari Lourens	EDEN Team B	01:26.120	1023.76	01:02.580	917.10	0.00	1940.86
24	6491	Maia Marais	SFS Team A	01:28.940	1018.12	01:05.360	903.20	0.00	1921.32
25	6678	Catherine Weyers	EDEN Team B	01:40.520	994.96	01:05.780	901.10	0.00	1896.06
26	5542	Amore du Plessis	EDEN Team B	01:30.080	1015.84	01:17.760	841.20	0.00	1857.04
27	6002	Priya Tese	BOR Team B	02:27.760	900.48	00:55.050	954.75	0.00	1855.23
28	6318	Milla MacLeod	EP Team C	00:00.000	0.00	00:00.000	0.00	0.00	0.00
	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
U/11 BOYS				-					
1	3796	Blake Fischer	EP Team A	01:12.670	1048.66	00:33.980	1050.10	0.00	2098.76
2	3067	Jacq John van Schalkwyk	EP Team A	01:15.540	1042.92	00:37.520	1032.40	0.00	2075.32
3	3376	Bernard Lamprecht	EDEN Team A	01:11.970	1050.06	00:40.910	1015.45	0.00	2065.51
4	6898	Joshua Burrows	EDEN Team A	01:22.750	1028.50	00:37.660	1031.70	0.00	2060.20
5	2772	Rikhart de Ridder	EP Team B	01:23.500	1027.00	00:39.650	1021.75	0.00	2048.75
6	5551	Burt Nieuwenhuis	EDEN Team A	01:15.180	1043.64	00:43.380	1003.10	0.00	2046.74
7	6572	Joshua Barendse	EP Team A	01:25.590	1022.82	00:39.370	1023.15	0.00	2045.97
8	6822	Rohan Marco Botha	EDEN Team A	01:27.680	1018.64	00:40.580	1017.10	0.00	2035.74
9	6403	Caydann	EDEN	01:15.830	1042.34	00:45.400	993.00	0.00	2035.34

		Basset	Team B						
10	3667	Marlo van Daalen	BOR Team A	01:21.920	1030.16	00:46.330	988.35	0.00	2018.51
11	6823	Bastiaan David Botha	EDEN Team A	01:20.920	1032.16	00:46.920	985.40	0.00	2017.56
12	5143	Mikhail Aaron Kannemeyer	EP Team A	01:31.820	1010.36	00:44.140	999.30	0.00	2009.66
13	3862	Andrew Young	BOR Team A	01:24.460	1025.08	00:49.460	972.70	0.00	1997.78
14	6358	Mason Theron	EDEN Team B	01:24.720	1024.56	00:50.610	966.95	0.00	1991.51
15	6602	Maison Lake	EP Team B	01:41.240	991.52	00:45.750	991.25	0.00	1982.77
16	4727	Lodewyk Moolman	EP Team A	01:18.960	1036.08	00:56.430	937.85	0.00	1973.93
17	6477	Dennis-George Loubser	EDEN Team B	01:23.780	1026.44	00:54.630	946.85	0.00	1973.29
18	5125	Jesse Schnablegger	EP Team B	01:29.840	1014.32	00:53.410	952.95	0.00	1967.27
19	7000	Ross Samuels	EP Team B	01:37.860	998.28	00:53.610	951.95	0.00	1950.23
20	6839	Noah Michael Mavrodaris	EDEN Team B	01:24.040	1025.92	01:01.540	912.30	0.00	1938.22

#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
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U/13 GIRLS			-					
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1	2958	Hayley Greyvenstein	BOR Team A	03:03.420	995.16	00:31.730	1062.70	0.00	2057.86
2	3547	Emily van der Byl	BOR Team A	03:04.310	993.38	00:36.400	1016.00	0.00	2009.38
3	6570	Rebecca Joubert	EP Team A	03:09.300	983.40	00:35.540	1024.60	0.00	2008.00
4	5509	Helena Lourens	EDEN Team A	02:46.190	1029.62	00:40.870	971.30	0.00	2000.92
5	3404	Caitlin Lombard	BOR Team A	02:57.830	1006.34	00:40.010	979.90	0.00	1986.24
6	6339	Ashley T Mwaita	EDEN Team A	02:52.320	1017.36	00:41.630	963.70	0.00	1981.06

7	6568	Miah de Witt	EP Team A	03:20.350	961.30	00:37.090	1009.10	0.00	1970.40
8	6661	Skyler Muller	BOR Team A	03:19.140	963.72	00:37.450	1005.50	0.00	1969.22
9	3549	Bailey Bowman	BOR Team A	03:06.740	988.52	00:40.620	973.80	0.00	1962.32
10	1834	Lheane Du Plessis	EDEN Team A	03:30.140	941.72	00:37.690	1003.10	0.00	1944.82
11	4101	Isabel Smith	BOR Team B	03:37.660	926.68	00:37.550	1004.50	0.00	1931.18
12	4780	Callan Kiewitt	EDEN Team A	03:15.510	970.98	00:42.620	953.80	0.00	1924.78
13	7003	Inge Jukel	EP Team A	03:05.890	990.22	00:44.850	931.50	0.00	1921.72
14	3674	Wyllow Halse	BOR Team B	03:37.140	927.72	00:39.670	983.30	0.00	1911.02
15	7002	Iane Jukel	EP Team A	02:55.260	1011.48	00:49.990	880.10	0.00	1891.58
16	7039	Alrie Eloff	EDEN Team B	02:48.630	1024.74	00:51.440	865.60	0.00	1890.34
17	3949	Leanke Loots	EDEN Team B	04:10.750	860.50	00:37.670	1003.30	0.00	1863.80
18	3550	Gemma Heugh	BOR Team B	03:13.930	974.14	00:49.630	883.70	0.00	1857.84
19	6845	Rebecca Bozman	EDEN Team B	03:10.020	981.96	00:50.540	874.60	0.00	1856.56
20	6843	Summer Milla Mavrodaris	EDEN Team B	03:46.130	909.74	00:47.820	901.80	0.00	1811.54
21	6594	Lana Moore	EP Team A	04:16.120	849.76	00:42.290	957.10	0.00	1806.86
22	3569	Carli Marais	EDEN Team B	03:55.010	891.98	00:46.820	911.80	0.00	1803.78
23	6554	Marli Kok	EP Team C	04:04.210	873.58	00:57.530	804.70	0.00	1678.28
24	6355	Neva Scheepers	EDEN Team A	00:00.000	0.00	00:00.000	0.00	0.00	0.00
25	6545	Mienka de Klerk	SFS Team A	00:00.000	0.00	00:00.000	0.00	0.00	0.00

	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
U/13 BOYS				-					
1	2774	Jordan Heath	EP Team A	02:43.110	1033.78	00:30.630	1053.70	0.00	2087.48
2	2970	Carter Palmer	BOR Team A	02:29.490	1061.02	00:33.750	1022.50	0.00	2083.52
3	1074	Joshua Richter	EP Team A	02:39.910	1040.18	00:32.970	1030.30	0.00	2070.48
4	3866	Jack Clifford	BOR Team A	02:57.370	1005.26	00:32.770	1032.30	0.00	2037.56
5	6188	Reynard Delpont	EP Team A	02:57.740	1004.52	00:35.120	1008.80	0.00	2013.32
6	6070	Anrich van der Westhuizen	EP Team A	03:03.230	993.54	00:35.200	1008.00	0.00	2001.54
7	1479	Declan Forsthye	EP Team B	03:05.350	989.30	00:34.960	1010.40	0.00	1999.70
8	6819	Connor Ogden	EDEN Team A	02:48.720	1022.56	00:39.220	967.80	0.00	1990.36
9	2921	Wiam Derbyshire	EDEN Team A	03:08.950	982.10	00:36.410	995.90	0.00	1978.00
10	1136	Reghardt van Zyl	EP Team A	02:59.400	1001.20	00:39.630	963.70	0.00	1964.90
11	3087	Daniel Lotter	EP Team B	03:02.010	995.98	00:39.240	967.60	0.00	1963.58
12	3107	Naude van der Merwe	EP Team B	03:03.460	993.08	00:39.460	965.40	0.00	1958.48
13	6361	Emile van Heerden	EDEN Team A	03:23.340	953.32	00:35.850	1001.50	0.00	1954.82
14	6827	Eduard Snyman	EDEN Team A	02:42.040	1035.92	00:45.610	903.90	0.00	1939.82
15	4970	Noah Foiret	EDEN Team B	02:53.550	1012.90	00:44.230	917.70	0.00	1930.60
16	6665	Jean-Luc Greeff	EP Team C	03:08.770	982.46	00:42.600	934.00	0.00	1916.46
17	6338	Asher T Mwaita	EDEN Team B	03:33.370	933.26	00:39.140	968.60	0.00	1901.86
18	7033	Keaghan Basset	EDEN Team	03:05.970	988.06	00:45.450	905.50	0.00	1893.56

B									
19	3089	Christiaan Marais	EP Team B	02:55.950	1008.10	00:48.740	872.60	0.00	1880.70
20	1849	Edrich Meyer	EDEN Team B	03:07.370	985.26	00:50.110	858.90	0.00	1844.16
21	5510	Alexander Van Wyk	EDEN Team B	03:01.170	997.66	00:59.220	767.80	0.00	1765.46
22	6296	Alonge Mtlomelo	BOR Team A	04:17.930	844.14	01:02.400	736.00	0.00	1580.14
23	6317	Ross MacLeod	EP Team C	00:00.000	0.00	00:00.000	0.00	0.00	0.00
24	6357	Ezra Scheepers	EDEN Team A	00:00.000	0.00	00:00.000	0.00	0.00	0.00
#		Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
U/15 GIRLS				-					
1	5139	Shalea Hamilton	EP Team A	03:03.300	979.40	01:03.490	1057.55	0.00	2036.95
2	4877	Alice Esterhuyse	EDEN Team A	02:51.920	1002.16	01:08.780	1031.10	0.00	2033.26
3	2978	Mia Lombard	BOR Team A	02:39.200	1027.60	01:14.670	1001.65	0.00	2029.25
4	5131	Stacey Welsh	EP Team A	02:52.930	1000.14	01:10.540	1022.30	0.00	2022.44
5	1919	Iane Joubert	EDEN Team A	02:40.580	1024.84	01:16.660	991.70	0.00	2016.54
6	1480	Mia Marcelle Prinsloo	EP Team A	02:36.960	1032.08	01:18.780	981.10	0.00	2013.18
7	2960	Esona Sekeleni	BOR Team A	02:48.300	1009.40	01:15.200	999.00	0.00	2008.40
8	2924	Leah Hopper	EDEN Team A	02:46.680	1012.64	01:17.110	989.45	0.00	2002.09
9	1177	Kaitlyn Richter	EP Team A	02:49.590	1006.82	01:19.520	977.40	0.00	1984.22
10	6071	Amalia van der Westhuizen	EP Team A	03:01.990	982.02	01:16.170	994.15	0.00	1976.17
11	6563	Mienke Kok	EP Team B	03:23.450	939.10	01:10.160	1024.20	0.00	1963.30

12	6327	Liza Oosthuizen	EDEN Team A	02:54.290	997.42	01:29.500	927.50	0.00	1924.92
13	6593	Inge Moore	EP Team B	03:19.330	947.34	01:19.910	975.45	0.00	1922.79
14	6435	Imke Swanepoel	EDEN Team A	03:14.980	956.04	01:28.770	931.15	0.00	1887.19
15	2986	Olothando Ndzundzu	BOR Team A	03:28.510	928.98	01:27.460	937.70	0.00	1866.68
16	3094	Mari Moolman	EP Team B	03:26.060	933.88	01:28.750	931.25	0.00	1865.13

#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
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U/15 BOYS			-					
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1	3869	Lohan van Daalen	BOR Team A	02:22.220	1049.56	01:05.630	1036.85	0.00	2086.41
2	4697	Shah-Eli Kannemeyer	EP Team A	02:42.110	1009.78	01:03.630	1046.85	0.00	2056.63
3	1191	Liam Forsythe	EP Team A	02:53.710	986.58	01:04.060	1044.70	0.00	2031.28
4	1054	Charl Geissler	EP Team A	02:51.950	990.10	01:15.240	988.80	0.00	1978.90
5	3088	Rueben Lotter	EP Team A	02:47.290	999.42	01:19.510	967.45	0.00	1966.87
6	3720	Ethan Els	EP Team B	02:43.550	1006.90	01:22.220	953.90	0.00	1960.80
7	6180	Christo Nel	EP Team B	02:33.170	1027.66	01:27.130	929.35	0.00	1957.01
8	1182	Hanre Vermaak	EP Team A	02:56.260	981.48	01:18.190	974.05	0.00	1955.53
9	3818	Hanroux Schellink	EP Team B	02:50.620	992.76	01:23.640	946.80	0.00	1939.56
10	5134	Mark Rosser	EP Team C	03:13.200	947.60	01:17.680	976.60	0.00	1924.20
11	4078	Rynard van der Colff	EDEN Team A	02:46.360	1001.28	01:33.250	898.75	0.00	1900.03
12	3948	Stiaan van Wyk	EDEN Team A	02:35.200	1023.60	01:44.540	842.30	0.00	1865.90
13	7004	Caydon Minnie	EP Team	03:04.910	964.18	01:34.270	893.65	0.00	1857.83

C									
14	3684	Lunje Mtheleli	BOR Team A	02:57.010	979.98	01:44.900	840.50	0.00	1820.48
15	5141	Logan Jubber	EP Team C	03:06.970	960.06	01:45.870	835.65	0.00	1795.71
16	3685	Luhle Mtheleli	BOR Team A	03:54.290	865.42	02:28.070	624.65	0.00	1490.07
17	2864	Llewelyn Viljoen	EDEN Team A	00:00.000	0.00	00:00.000	0.00	0.00	0.00
18	1107	Hiram Robertson	EP Team B	00:00.000	0.00	00:00.000	0.00	0.00	0.00
#		Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
U/17 GIRLS				-					
1	1100	Minette van Zyl	EP Team A	02:50.770	984.46	01:05.480	1047.60	0.00	2032.06
2	1101	Elme Vermaak	EP Team A	02:53.710	978.58	01:10.590	1022.05	0.00	2000.63
3	1065	Lienke Els	EP Team A	03:02.470	961.06	01:10.180	1024.10	0.00	1985.16
4	6434	Leane Swanepoel	EDEN Team A	02:57.240	971.52	01:14.880	1000.60	0.00	1972.12
5	6881	Jeandre Lodewyks	EDEN Team A	02:56.400	973.20	01:16.480	992.60	0.00	1965.80
6	3987	Lee-Anne Pretorius	EDEN Team A	03:11.870	942.26	01:15.090	999.55	0.00	1941.81
7	3005	Chulumanco Nyukwana	BOR Team A	03:29.580	906.84	01:19.580	977.10	0.00	1883.94
8	6882	Brayley Penny	EDEN Team A	03:20.030	925.94	01:33.940	905.30	0.00	1831.24
9	5615	Emma Swart	EDEN Team A	04:01.770	842.46	01:17.750	986.25	0.00	1828.71
10	7019	Jemima Oosthuizen	EP Team B	03:05.360	955.28	01:48.930	830.35	0.00	1785.63
11	3095	Anco Nel	EP Team B	03:33.940	898.12	01:51.200	819.00	0.00	1717.12
12	5428	Abigail Pieterse	EP Team A	00:00.000	0.00	00:00.000	0.00	0.00	0.00

	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
U/17 BOYS				-					
1	1164	Alexander Serfontein	EP Team A	02:16.900	1038.20	01:03.360	1033.20	0.00	2071.40
2	3010	Wyl Wright	BOR Team A	02:25.880	1020.24	01:00.010	1049.95	0.00	2070.19
3	5127	Elijah Jackson	EP Team A	02:28.310	1015.38	01:05.160	1024.20	0.00	2039.58
4	3696	Chris Lombard	BOR Team A	02:20.100	1031.80	01:09.370	1003.15	0.00	2034.95
5	6392	Ewald Swanepoel	EDEN Team A	02:38.150	995.70	01:04.450	1027.75	0.00	2023.45
6	1110	Zack Slabbert	EP Team A	02:19.880	1032.24	01:13.360	983.20	0.00	2015.44
7	5550	Christiaan Oosthuizen	EDEN Team A	02:20.600	1030.80	01:13.350	983.25	0.00	2014.05
8	3695	Liam Chetty	BOR Team A	02:22.490	1027.02	01:15.400	973.00	0.00	2000.02
9	1848	Marno Meyer	EDEN Team A	02:13.840	1044.32	01:18.950	955.25	0.00	1999.57
10	1192	Christian Theron	EP Team A	02:29.730	1012.54	01:12.600	987.00	0.00	1999.54
11	3103	Hennie J Snyman	EP Team A	02:39.560	992.88	01:09.430	1002.85	0.00	1995.73
12	4733	Rosou Rossouw	EDEN Team A	02:30.210	1011.58	01:15.350	973.25	0.00	1984.83
13	6584	MJ Britz	EP Team B	02:19.300	1033.40	01:22.290	938.55	0.00	1971.95
14	4714	Andrew Jonker	EDEN Team B	02:14.500	1043.00	01:24.870	925.65	0.00	1968.65
15	4738	Stiaan Pool	EDEN Team B	02:28.940	1014.12	01:21.510	942.45	0.00	1956.57
16	3989	Ewan Botha	EDEN Team A	02:42.530	986.94	01:17.570	962.15	0.00	1949.09
17	6183	Pieter Moolman	EP Team B	02:45.420	981.16	01:17.040	964.80	0.00	1945.96
18	6588	Handre Muller	EP Team	02:29.750	1012.50	01:24.960	925.20	0.00	1937.70

B									
19	5017	Henri du Plessis	EDEN Team B	02:36.480	999.04	01:24.000	930.00	0.00	1929.04
20	7058	Bennie van der Linde	EDEN Team B	02:23.910	1024.18	01:30.170	899.15	0.00	1923.33
21	3092	George Marsh	EP Team B	02:33.330	1005.34	01:26.920	915.40	0.00	1920.74
22	6587	Jan-Louw du Plessis	EP Team C	02:36.810	998.38	01:25.730	921.35	0.00	1919.73
23	6519	Delino D'Abreu	EDEN Team B	02:54.540	962.92	01:24.660	926.70	0.00	1889.62
24	7006	Byron Minnie	EP Team B	02:58.160	955.68	01:23.250	933.75	0.00	1889.43
25	7059	Wian Hartlief	EDEN Team C	02:36.050	999.90	01:32.500	887.50	0.00	1887.40
#		Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
U/19 GIRLS				-					
1	1109	Jenna Coetzee	EP Team A	02:33.290	1041.42	01:04.270	1048.65	0.00	2090.07
2	1451	Elne Reynolds	EP Team A	02:40.530	1026.94	01:05.320	1043.40	0.00	2070.34
3	2771	Anya de Ridder	EP Team B	03:00.340	987.32	01:14.180	999.10	0.00	1986.42
4	1131	Mari Geissler	EP Team A	02:56.370	995.26	01:17.240	983.80	0.00	1979.06
5	1114	Teneal Els	EP Team A	03:11.590	964.82	01:15.870	990.65	0.00	1955.47
6	1085	Zia Ferreira	EP Team B	03:02.750	982.50	01:21.040	964.80	0.00	1947.30
7	5315	Elsje Bosch	EP Team A	02:54.870	998.26	01:24.900	945.50	0.00	1943.76
8	3093	Janita Marsh	EP Team B	03:15.420	957.16	01:16.800	986.00	0.00	1943.16
9	5316	Milan Bosch	EP Team B	03:00.770	986.46	01:28.410	927.95	0.00	1914.41
10	5317	Yanne Bosch	EP Team B	03:04.750	978.50	01:29.950	920.25	0.00	1898.75

11	3991	Mieke Botha	EDEN Team A	03:14.930	958.14	01:33.850	900.75	0.00	1858.89
	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
U/19 BOYS				-					
1	3014	Liam Prime	BOR Team A	02:16.590	1024.82	00:58.070	1049.65	0.00	2074.47
2	3015	Avuzwa Ndzundzu	BOR Team A	02:06.790	1044.42	01:07.630	1001.85	0.00	2046.27
3	1139	Daniel Richter	EP Team A	02:14.360	1029.28	01:05.910	1010.45	0.00	2039.73
4	4010	Daniel Kolver	EDEN Team A	02:28.500	1001.00	01:03.220	1023.90	0.00	2024.90
5	1202	Kadin Kretzmann	EP Team A	02:18.480	1021.04	01:07.560	1002.20	0.00	2023.24
6	6596	JC van Rooyen	EP Team A	02:34.260	989.48	01:02.560	1027.20	0.00	2016.68
7	2777	Jaco Strydom	EP Team A	02:26.260	1005.48	01:08.060	999.70	0.00	2005.18
8	1870	Matthew Benn	EDEN Team A	02:31.400	995.20	01:06.980	1005.10	0.00	2000.30
9	6566	John Vosloo	EP Team A	02:31.550	994.90	01:07.030	1004.85	0.00	1999.75
10	6556	Rudolph-Hein Van Eeden	EP Team B	02:19.550	1018.90	01:17.020	954.90	0.00	1973.80
11	1880	Adriaan Albertyn	EDEN Team A	02:35.000	988.00	01:12.090	979.55	0.00	1967.55
12	1103	Luhann Sprong	EP Team B	02:42.750	972.50	01:11.620	981.90	0.00	1954.40
13	3555	Alister Attwell	BOR Team A	02:35.560	986.88	01:14.780	966.10	0.00	1952.98
14	4754	Steffan Theo Mynhardt	EP Team C	02:21.670	1014.66	01:24.310	918.45	0.00	1933.11
15	6175	Janco Gustav Faber	EP Team B	02:30.270	997.46	01:22.060	929.70	0.00	1927.16
16	6668	Tristan van Wyk	EP Team B	02:34.360	989.28	01:21.630	931.85	0.00	1921.13
17	7009	GD Jordaan	EP Team	02:39.840	978.32	01:23.170	924.15	0.00	1902.47

C									
18	6581	Herlu Schoeman	EP Team B	02:34.640	988.72	01:29.310	893.45	0.00	1882.17
19	6400	Joshua Bienendell	EDEN Team A	02:27.310	1003.38	01:46.200	809.00	0.00	1812.38
20	2897	Jaco de Wet	EDEN Team A	00:00.000	0.00	00:00.000	0.00	0.00	0.00
#		Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
SENIORS WOMEN				-					
1	5289	Mioné Marais	SFS Team A	03:01.030	1009.94	01:16.750	1041.25	21.00	2072.19
2	6571	Elzet Britz	EP Team A	03:21.040	969.92	01:13.910	1055.45	27.00	2052.37
3	6849	Christina Weyers	EDEN Team A	03:44.140	923.72	01:47.470	887.65	21.00	1832.37
#		Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
SENIORS MEN				-					
1	4969	Rikus Lamprechts	EDEN Team A	02:31.390	1017.22	01:00.810	1070.95	27.00	2115.17
#		Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
JNR WOMEN				-					
1	4701	Zane Jubber	EP Team A	03:11.250	973.50	01:26.750	961.25	0.00	1934.75
#		Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
JNR MEN				-					
1	1070	Steffen Rademeyer	EP Team A	02:24.310	1021.38	01:00.600	1042.00	0.00	2063.38
2	3584	Sebastian Swart	EDEN Team A	02:20.340	1029.32	01:02.620	1031.90	0.00	2061.22
#		Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
MASTERS 40+ WOMEN				-					
1	3706	Debbie	BOR	04:20.570	860.86	01:54.040	849.80	35.00	1745.66

		Robertson	Team A						
#		Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
MASTERS 40+ MEN				-					
1	6433	Jeandre Swanepoel	EDEN Team A	02:28.280	1023.44	01:06.880	1040.60	20.00	2084.04
2	6564	Rabé Kok	EP Team A	02:31.810	1016.38	01:15.200	999.00	30.00	2045.38
3	5322	PJ Marais	SFS Team A	02:59.010	961.98	01:24.340	953.30	10.00	1925.28
#		Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
MASTERS 50+ WOMEN				-					
1	6884	Seanette Botha	EDEN Team A	03:01.900	1016.20	01:58.720	876.40	30.00	1922.60
#		Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
MASTERS 50+ MEN				-					
1	3016	Rodney Westgate	BOR Team A	02:26.430	1019.14	01:06.310	1058.45	15.00	2092.59
#		Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
MASTERS 60+ WOMEN				-					
1	3017	Anita Louw	EDEN Team A	01:48.850	994.30	00:44.240	1033.80	48.00	2076.10
#		Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
MASTERS 60+ MEN				-					
1	3406	Michael Forbes	BOR Team A	01:20.120	1019.76	00:37.880	1025.60	54.00	2099.36
2	6883	Louis J Botha	EDEN Team A	01:21.340	1017.32	00:37.620	1026.90	24.00	2068.22
#		Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
MASTERS 70+ MEN				-					
1	7012	Rabe	EP	01:25.340	1029.32	00:44.350	1028.25	0.00	2057.57

Kok Snr Team
A