

HIGHGATE INTERPROVICIAL OUDTSHOORN

Competition Name

2023-02-04

Competition Date

	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
Top 3 Runners									
1	1428	Robert Swartz	W.P. Team A	01:21.440	1053.12	01:08.810	920.95	60.00	2034.07
2	4703	Jené Banfield	EP Team A	02:46.670	1070.66	01:43.580	927.10	15.00	2012.76
3	3068	Clive Cupido	BOL Team A	02:19.200	1055.60	01:46.680	866.60	40.00	1962.20
	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
Top 3 Swimmers									
1	3124	Archie Markgraaff	SFS Team A	02:09.730	956.54	00:40.630	1061.85	100.00	2118.39
2	1414	Michael Archer	W.P. Team A	01:11.580	1046.84	00:32.910	1070.45	48.00	2165.29
3	1497	Rowan Marais	W.P. Team A	02:22.690	1026.62	01:03.160	1059.20	35.00	2120.82
	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
Top 3 Athletes									
1	1414	Michael Archer	W.P. Team A	01:11.580	1046.84	00:32.910	1070.45	48.00	2165.29
2	1046	Coenie Slabbert	BOL Team A	01:28.160	1039.68	00:41.690	1056.55	40.00	2136.23
3	1334	Roger Bezuidenhout	W.P. Team A	02:18.440	1057.12	01:05.160	1074.20	0.00	2131.32
	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
U/08 GIRLS									
1	4141	Kate Gey van Pittius	BOL Team A	01:24.220	1071.56	00:25.320	1048.40	0.00	2119.96

2	3745	Kayla Fouche	W.P. Team A	01:25.030	1069.94	00:32.160	1014.20	0.00	2084.14
3	3602	Hanneli vd Watt	W.P. Team A	01:33.800	1052.40	00:29.760	1026.20	0.00	2078.60
4	2559	Amele Bester	BOL Team A	01:48.330	1023.34	00:28.160	1034.20	0.00	2057.54
5	4509	Caylin Boshoff	BOL Team A	01:41.600	1036.80	00:33.610	1006.95	0.00	2043.75
6	4481	Lilibeth Kriel	BOL Team A	01:43.900	1032.20	00:39.300	978.50	0.00	2010.70
7	3415	Alexia Ras	W.P. Team A	01:45.200	1029.60	00:43.910	955.45	0.00	1985.05
8	4712	Emma Eygelaar	EDEN Team A	02:19.750	960.50	00:33.690	1006.55	0.00	1967.05
9	4728	Dane Hammersley - Heenan	EP Team A	01:59.770	1000.46	00:56.560	892.20	0.00	1892.66

	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
U/08 BOYS				-					
1	4386	Joshua Van Wyk	BOL Team A	01:23.640	1068.72	00:21.660	1056.70	0.00	2125.42
2	4076	Lian Hattingh	EDEN Team A	01:27.340	1061.32	00:26.620	1031.90	0.00	2093.22
3	4472	Connor van Onselen	W.P. Team A	01:29.480	1057.04	00:28.340	1023.30	0.00	2080.34
4	3880	Drey Naude	BOL Team A	01:29.870	1056.26	00:29.650	1016.75	0.00	2073.01
5	4637	Joshua Botha	W.P. Team A	01:36.610	1042.78	00:33.220	998.90	0.00	2041.68
6	4162	Schalk Le Roux	BOL Team A	01:39.180	1037.64	00:32.520	1002.40	0.00	2040.04
7	4727	Lodewyk Moolman	EP Team A	01:41.220	1033.56	00:35.780	986.10	0.00	2019.66
8	4715	Malan Kotze	EDEN Team A	02:03.870	988.26	00:33.560	997.20	0.00	1985.46
	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
U/09 GIRLS				-					

1	3090	Leah Marais	EP Team A	01:20.360	1053.28	00:50.520	1012.40	0.00	2065.68
2	4729	Elmare Naude	EP Team A	01:22.210	1049.58	00:49.800	1016.00	0.00	2065.58
3	3710	Niah de Lange	W.P. Team A	01:35.240	1023.52	00:48.730	1021.35	0.00	2044.87
4	3381	Kari Gericke	W.P. Team A	01:27.930	1038.14	00:52.200	1004.00	0.00	2042.14
5	2583	Milan Ferreira	BOL Team A	01:25.600	1042.80	00:53.290	998.55	0.00	2041.35
6	4539	Ella Odendaal	W.P. Team A	01:30.980	1032.04	00:54.650	991.75	0.00	2023.79
7	3817	Mia Schellink	EP Team A	01:33.000	1028.00	00:54.840	990.80	0.00	2018.80
8	4810	Annabel Swart	BOL Team B	01:45.730	1002.54	00:49.840	1015.80	0.00	2018.34
9	4676	Sophia Strydom	W.P. Team A	01:32.790	1028.42	00:55.580	987.10	0.00	2015.52
10	3719	Ava Els	EP Team A	01:26.320	1041.36	00:58.230	973.85	0.00	2015.21
11	2574	Mckayla Du Plessis	BOL Team A	01:40.920	1012.16	00:54.980	990.10	0.00	2002.26
12	2505	Jani Van der Merwe	BOL Team A	01:43.020	1007.96	00:55.960	985.20	0.00	1993.16
13	4799	Chiara Steenkamp	BOL Team B	01:35.570	1022.86	01:00.440	962.80	0.00	1985.66
14	2290	Nina Vancoillie	W.P. Team B	01:34.320	1025.36	01:02.630	951.85	0.00	1977.21
15	4578	Lakin Leibrandt	W.P. Team A	01:44.400	1005.20	01:00.040	964.80	0.00	1970.00
16	3661	Sadie Els	BOR Team A	01:40.440	1013.12	01:01.690	956.55	0.00	1969.67
17	4119	Elizabeth Pretorius	BOL Team A	01:41.160	1011.68	01:06.470	932.65	0.00	1944.33
18	4695	Milan van Staden	EP Team A	01:44.650	1004.70	01:05.160	939.20	0.00	1943.90
19	3712	Freda Troost	W.P. Team B	01:49.340	995.32	01:08.040	924.80	0.00	1920.12

20	3951	Linnea Bond	EDEN Team A	01:52.860	988.28	01:07.370	928.15	0.00	1916.43
21	3727	Lisa Janse van Rensburg	EP Team B	01:37.720	1018.56	01:13.700	896.50	0.00	1915.06
22	2593	Lukah Van Wyk	BOL Team B	01:31.340	1031.32	01:16.500	882.50	0.00	1913.82
23	4550	Mia van der Poll	W.P. Team B	01:37.970	1018.06	01:14.690	891.55	0.00	1909.61
24	4811	Helene Pietersen	BOL Team A	01:42.540	1008.92	01:15.030	889.85	0.00	1898.77
25	4137	Katalien Meiring	BOL Team B	01:32.070	1029.86	01:24.720	841.40	0.00	1871.26

	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
U/09 BOYS				-					
1	3796	Blake Fischer	EP Team A	01:17.070	1051.86	00:38.560	1062.20	0.00	2114.06
2	2801	Jordaan Stemmet	BOL Team A	01:13.500	1059.00	00:46.460	1022.70	0.00	2081.70
3	2772	Rikhart de Ridder	EP Team A	01:40.760	1004.48	00:42.060	1044.70	0.00	2049.18
4	2570	Henry Beyers	BOL Team A	01:24.090	1037.82	00:49.250	1008.75	0.00	2046.57
5	3112	Ekhardt Marais	W.P. Team A	01:29.220	1027.56	00:47.440	1017.80	0.00	2045.36
6	2032	Rudolf Smith	EDEN Team A	01:17.370	1051.26	00:53.580	987.10	0.00	2038.36
7	2658	Luc Slabbert	BOL Team A	01:25.850	1034.30	00:52.740	991.30	0.00	2025.60
8	2802	Jean Van der Merwe	BOL Team A	01:32.690	1020.62	00:50.370	1003.15	0.00	2023.77
9	3376	Bernard Lamprecht	EDEN Team A	01:16.350	1053.30	00:57.570	967.15	0.00	2020.45
10	4081	Marais Basson	BOL Team A	01:22.020	1041.96	00:55.470	977.65	0.00	2019.61
11	3040	Conrad Kriel	BOL Team A	01:25.150	1035.70	00:55.780	976.10	0.00	2011.80
12	4240	Ruvan Jooste	W.P. Team	01:25.950	1034.10	00:57.020	969.90	0.00	2004.00

A									
13	2661	Philip Beyers	BOL Team B	01:33.040	1019.92	00:54.620	981.90	0.00	2001.82
14	2605	Derik Le Roux	BOL Team B	01:17.430	1051.14	01:01.160	949.20	0.00	2000.34
15	3601	Markú Loubser	W.P. Team A	01:24.800	1036.40	00:59.090	959.55	0.00	1995.95
16	3667	Marlo van Daalen	BOR Team A	01:39.120	1007.76	00:53.520	987.40	0.00	1995.16
17	4142	John Van der Merwe	BOL Team B	01:37.050	1011.90	00:55.940	975.30	0.00	1987.20
18	2980	Cobus Wentzel	W.P. Team A	01:25.030	1035.94	01:01.610	946.95	0.00	1982.89
19	4236	Nicolaas Jordaan;	W.P. Team B	01:32.790	1020.42	01:01.580	947.10	0.00	1967.52
20	2795	Henre Human	BOL Team B	01:40.130	1005.74	01:00.310	953.45	0.00	1959.19
21	3608	Jamie Thomas	W.P. Team B	01:38.360	1009.28	01:01.610	946.95	0.00	1956.23
22	4281	Mason Fourie	W.P. Team A	01:28.190	1029.62	01:06.350	923.25	0.00	1952.87
23	4815	Ben Truter	BOL Team B	01:30.320	1025.36	01:10.680	901.60	0.00	1926.96
24	4110	Phillip Nysschens	BOL Team C	01:41.500	1003.00	01:08.830	910.85	0.00	1913.85
25	2426	Le Febre Malherbe	W.P. Team B	01:39.590	1006.82	01:23.870	835.65	0.00	1842.47
#		Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
U/11 GIRLS				-					
1	1021	Zane Esterhuizen	BOL Team A	01:08.320	1059.36	00:39.040	1034.80	0.00	2094.16
2	3797	Taylor Jacobs	EP Team A	01:22.330	1031.34	00:38.040	1039.80	0.00	2071.14
3	2602	Zanli Le Roux	BOL Team A	01:18.420	1039.16	00:40.940	1025.30	0.00	2064.46
4	1319	Silke Aucamp	W.P. Team A	01:14.710	1046.58	00:43.000	1015.00	0.00	2061.58

5	2660	Lize-Mari Beyers	BOL Team A	01:24.500	1027.00	00:39.900	1030.50	0.00	2057.50
6	2396	Mieke Burger	BOL Team A	01:14.960	1046.08	00:43.730	1011.35	0.00	2057.43
7	1278	Lienka De Jager	W.P. Team A	01:22.150	1031.70	00:41.710	1021.45	0.00	2053.15
8	1885	Mieke Buitendag	EDEN Team A	01:19.710	1036.58	00:43.070	1014.65	0.00	2051.23
9	3266	Mariane Labuschagne	EDEN Team A	01:21.360	1033.28	00:42.570	1017.15	0.00	2050.43
10	4538	Sarah - Kate Odendaal	W.P. Team A	01:21.660	1032.68	00:43.110	1014.45	0.00	2047.13
11	3382	Miene Fraenkel	W.P. Team B	01:19.950	1036.10	00:44.580	1007.10	0.00	2043.20
12	3606	Kaylee van de Wal	W.P. Team A	01:26.970	1022.06	00:42.040	1019.80	0.00	2041.86
13	4639	Kirsti Davids	W.P. Team B	01:24.690	1026.62	00:43.640	1011.80	0.00	2038.42
14	2617	Lara Uys	BOL Team A	01:22.170	1031.66	00:45.280	1003.60	0.00	2035.26
15	2527	Lize-Mari Voster	BOL Team B	01:29.740	1016.52	00:42.610	1016.95	0.00	2033.47
16	1162	Klara Van Jaarsveld	EP Team A	01:29.450	1017.10	00:42.750	1016.25	0.00	2033.35
17	2506	Rouxle Kotze	BOL Team B	01:26.550	1022.90	00:45.120	1004.40	0.00	2027.30
18	1098	Liane Muller	EP Team A	01:32.730	1010.54	00:42.670	1016.65	0.00	2027.19
19	4780	Callan Kiewitt	EDEN Team A	01:25.030	1025.94	00:46.030	999.85	0.00	2025.79
20	2687	Lienke Bester	BOL Team C	01:21.160	1033.68	00:47.580	992.10	0.00	2025.78
21	3605	Dine van de Wal	W.P. Team A	01:25.270	1025.46	00:45.970	1000.15	0.00	2025.61
22	2558	Annique Bester	BOL Team B	01:21.740	1032.52	00:47.430	992.85	0.00	2025.37
23	4131	Emma Swanepoel	BOL Team C	01:32.560	1010.88	00:43.660	1011.70	0.00	2022.58
24	2552	Ane Human	BOL	01:29.740	1016.52	00:45.430	1002.85	0.00	2019.37

			Team B						
25	2699	Cume Mouton	BOL Team C	01:30.700	1014.60	00:45.080	1004.60	0.00	2019.20
26	1831	Cobie Loubser	EDEN Team A	01:17.910	1040.18	00:51.310	973.45	0.00	2013.63
27	2618	Dane Uys	BOL Team B	01:19.660	1036.68	00:51.160	974.20	0.00	2010.88
28	1825	Annabel van der Merwe	EDEN Team A	01:28.460	1019.08	00:47.720	991.40	0.00	2010.48
29	3261	Mia van Eeden	GRI Team A	01:34.820	1006.36	00:46.730	996.35	0.00	2002.71
30	2705	Marguerite Burger	BOL Team C	01:26.770	1022.46	00:50.330	978.35	0.00	2000.81
31	3771	Annabelle van Onselen	W.P. Team B	01:26.500	1023.00	00:51.890	970.55	0.00	1993.55
32	3985	Isabella Bekker	EDEN Team B	01:24.000	1028.00	00:53.090	964.55	0.00	1992.55
33	2987	Annabelle Ras	W.P. Team B	01:32.050	1011.90	00:50.080	979.60	0.00	1991.50
34	3949	Leanke Loots	EDEN Team B	01:50.570	974.86	00:42.780	1016.10	0.00	1990.96
35	1832	Lily Marais	EDEN Team B	01:39.130	997.74	00:47.960	990.20	0.00	1987.94
36	3984	Nika Odendal	EDEN Team B	01:33.240	1009.52	01:01.530	922.35	0.00	1931.87
37	4448	Marné van Eyssen	W.P. Team B	01:34.570	1006.86	01:02.320	918.40	0.00	1925.26
38	4747	Emma Burger	EP Team A	01:39.200	997.60	01:03.480	912.60	0.00	1910.20
39	4652	Meane Eygelaar	EDEN Team B	01:44.460	987.08	01:05.780	901.10	0.00	1888.18
40	3778	Annalie Terblanche	EP Team A	01:54.090	967.82	01:06.100	899.50	0.00	1867.32
41	2507	Caru Gey van Pittius	BOL Team C	00:00.000	0.00	00:47.840	990.80	0.00	990.80
#		Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points

1	2913	Wanru Haasbroek	EDEN Team A	01:08.830	1056.34	00:33.750	1051.25	0.00	2107.59
2	2774	Jordan Heath	EP Team A	01:15.200	1043.60	00:34.690	1046.55	0.00	2090.15
3	2970	Carter Palmer	BOR Team A	01:10.480	1053.04	00:37.110	1034.45	0.00	2087.49
4	1027	Jurie Human	BOL Team A	01:10.960	1052.08	00:38.940	1025.30	0.00	2077.38
5	4716	Ruben Knoetze	EDEN Team A	01:16.400	1041.20	00:37.120	1034.40	0.00	2075.60
6	1236	Pierre Van Onselen	W.P. Team A	01:17.570	1038.86	00:36.820	1035.90	0.00	2074.76
7	3260	Llewellyn Orffer	GRI Team A	01:14.850	1044.30	00:38.400	1028.00	0.00	2072.30
8	1437	Matthew Taylor	W.P. Team A	01:10.280	1053.44	00:40.470	1017.65	0.00	2071.09
9	1443	Jean-Luc Joubert	W.P. Team A	01:08.400	1057.20	00:41.440	1012.80	0.00	2070.00
10	4082	De Wet Bartman	BOL Team A	01:11.200	1051.60	00:41.030	1014.85	0.00	2066.45
11	1801	Benjamin Bond	EDEN Team A	01:18.470	1037.06	00:38.910	1025.45	0.00	2062.51
12	2598	Matthys Potgieter	BOL Team A	01:16.790	1040.42	00:40.090	1019.55	0.00	2059.97
13	4609	Jacobus Stofberg	BOL Team C	01:16.090	1041.82	00:41.140	1014.30	0.00	2056.12
14	2285	Ryan Fouche	W.P. Team B	01:21.790	1030.42	00:40.470	1017.65	0.00	2048.07
15	2528	Adriaan Burger	BOL Team B	01:19.910	1034.18	00:41.470	1012.65	0.00	2046.83
16	2813	Mateo Schoeman	EP Team A	01:17.320	1039.36	00:42.560	1007.20	0.00	2046.56
17	4129	Juan Le Roux	BOL Team A	01:16.620	1040.76	00:43.060	1004.70	0.00	2045.46
18	1477	David- John Stow	EP Team A	01:23.640	1026.72	00:40.470	1017.65	0.00	2044.37
19	2634	Niel Naude	BOL Team B	01:18.570	1036.86	00:42.500	1007.50	0.00	2044.36

20	4636	Neels Botha	W.P. Team A	01:14.190	1045.62	00:44.260	998.70	0.00	2044.32
21	2510	Barend Spreeth	BOL Team B	01:16.640	1040.72	00:43.360	1003.20	0.00	2043.92
22	2677	Wehan Van Deventer	BOL Team B	01:27.820	1018.36	00:41.700	1011.50	0.00	2029.86
23	4128	Anthony Le Roux	BOL Team A	01:22.180	1029.64	00:44.200	999.00	0.00	2028.64
24	1535	Daniël van Wyngaard	EDEN Team A	01:26.030	1021.94	00:42.930	1005.35	0.00	2027.29
25	3535	Ewan Marais	W.P. Team B	01:27.370	1019.26	00:42.720	1006.40	0.00	2025.66
26	3087	Daniel Lotter	EP Team A	01:25.590	1022.82	00:43.840	1000.80	0.00	2023.62
27	2974	Christopher Howes	BOR Team A	01:22.860	1028.28	00:45.140	994.30	0.00	2022.58
28	2592	Sion Van Wyk	BOL Team B	01:20.110	1033.78	00:46.440	987.80	0.00	2021.58
29	3564	Matthew Hartley	EDEN Team A	01:21.970	1030.06	00:45.870	990.65	0.00	2020.71
30	4635	Noah Botha	W.P. Team B	01:24.060	1025.88	00:45.090	994.55	0.00	2020.43
31	4173	Stefan Kleynhaus	BOL Team C	01:21.100	1031.80	00:46.380	988.10	0.00	2019.90
32	1011	Liam Brand	BOL Team C	01:18.200	1037.60	00:48.480	977.60	0.00	2015.20
33	4507	Adrian Kuhn	W.P. Team A	01:18.620	1036.76	00:49.240	973.80	0.00	2010.56
34	4670	Jean Oelofse	W.P. Team B	01:13.530	1046.94	00:51.880	960.60	0.00	2007.54
35	4108	Kyle Kruger	BOL Team C	01:19.040	1035.92	00:51.700	961.50	0.00	1997.42
36	1509	Gerhard Hattingh	EDEN Team B	01:21.680	1030.64	00:50.980	965.10	0.00	1995.74
37	3089	Christiaan Marais	EP Team A	01:27.360	1019.28	00:51.270	963.65	0.00	1982.93
38	4781	Grayson Gschwend	EDEN Team C	01:32.980	1008.04	00:49.650	971.75	0.00	1979.79
39	2921	Wiam	EDEN	01:36.280	1001.44	00:50.040	969.80	0.00	1971.24

		Derbyshire	Team B						
40	3956	Ferdinand Coleman	EDEN Team B	01:46.690	980.62	00:47.150	984.25	0.00	1964.87
41	1849	Edrich Meyer	EDEN Team C	01:35.710	1002.58	00:52.320	958.40	0.00	1960.98
42	3875	Liam Boshoff	BOL Team C	01:22.600	1028.80	00:57.900	930.50	0.00	1959.30
43	3711	Daandre Troost	W.P. Team B	01:28.000	1018.00	00:56.450	937.75	0.00	1955.75
44	1828	Gihard Grutter	EDEN Team C	01:22.500	1029.00	01:00.190	919.05	0.00	1948.05
45	1820	Riaan-Louis Pieterse	EDEN Team B	01:21.730	1030.54	01:04.820	895.90	0.00	1926.44
46	3568	Ayden Kotze	EDEN Team C	01:59.280	955.44	00:58.560	927.20	0.00	1882.64
47	3178	Aran Hopper	EDEN Team C	01:37.780	998.44	01:15.180	844.10	0.00	1842.54
48	1843	Ivan Roux	EDEN Team B	01:37.010	999.98	00:00.000	0.00	0.00	999.98
#		Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
U/13 GIRLS				-					
1	2578	Lene Basson	BOL Team A	02:46.880	1020.24	00:32.540	1034.60	0.00	2054.84
2	1020	Ankia Human	BOL Team A	02:31.330	1051.34	00:37.270	987.30	0.00	2038.64
3	2572	Isabella Olivier	BOL Team A	02:54.300	1005.40	00:33.060	1029.40	0.00	2034.80
4	2717	Georgia Sabbagha	BOL Team A	02:39.380	1035.24	00:36.260	997.40	0.00	2032.64
5	1003	Lucia Kempen	BOL Team A	02:47.890	1018.22	00:36.720	992.80	0.00	2011.02
6	2303	Leah Goebel	W.P. Team A	02:53.990	1006.02	00:36.370	996.30	0.00	2002.32
7	2701	Nicola Hawley	BOL Team B	02:56.010	1001.98	00:36.940	990.60	0.00	1992.58
8	4169	Milan Kruger	BOL Team B	02:54.770	1004.46	00:37.530	984.70	0.00	1989.16

9	1824	Kara van der Merwe	EDEN Team A	02:43.560	1026.88	00:40.850	951.50	0.00	1978.38
10	2535	Mieke Basson	BOL Team C	02:49.590	1014.82	00:41.390	946.10	0.00	1960.92
11	1900	Donay Botes	EDEN Team A	02:58.800	996.40	00:40.390	956.10	0.00	1952.50
12	1335	Heike Wessels	W.P. Team A	02:56.020	1001.96	00:42.020	939.80	0.00	1941.76
13	2647	Mari Reynolds	BOL Team B	02:50.050	1013.90	00:43.330	926.70	0.00	1940.60
14	2861	Emma Bouwer	EP Team A	03:03.600	986.80	00:41.130	948.70	0.00	1935.50
15	1276	Mieke Havenga	W.P. Team A	03:04.770	984.46	00:41.370	946.30	0.00	1930.76
16	3708	Mischa Laker	W.P. Team A	03:15.470	963.06	00:39.360	966.40	0.00	1929.46
17	2640	Anye Brink	BOL Team C	03:14.100	965.80	00:39.770	962.30	0.00	1928.10
18	4707	Liyah Theron	EDEN Team A	03:14.500	965.00	00:40.020	959.80	0.00	1924.80
19	4380	Isabella Gelderblom	BOL Team C	03:18.990	956.02	00:39.510	964.90	0.00	1920.92
20	2565	Monette Pienaar	BOL Team B	03:01.540	990.92	00:43.220	927.80	0.00	1918.72
21	1798	Danielle Bond	EDEN Team A	03:16.210	961.58	00:40.350	956.50	0.00	1918.08
22	3268	Alexa Stahmer	EDEN Team A	03:00.210	993.58	00:43.810	921.90	0.00	1915.48
23	2924	Leah Hopper	EDEN Team B	03:07.630	978.74	00:42.960	930.40	0.00	1909.14
24	4713	Jude van Wyk	EDEN Team B	03:07.570	978.86	00:43.600	924.00	0.00	1902.86
25	1228	Kara Wentzel	W.P. Team A	03:05.690	982.62	00:44.000	920.00	0.00	1902.62
26	4302	Mieke Joubert	BOL Team C	02:45.880	1022.24	00:48.470	875.30	0.00	1897.54
27	2585	Liane Ferreira	BOL Team C	03:07.950	978.10	00:45.880	901.20	0.00	1879.30

28	2708	Kayla Schoeman	BOL Team B	03:27.820	938.36	00:42.030	939.70	0.00	1878.06
29	1926	Minay Botha	EDEN Team B	02:58.180	997.64	00:48.070	879.30	0.00	1876.94
30	4058	Bea-Mari Vosloo	EDEN Team C	03:18.080	957.84	00:46.890	891.10	0.00	1848.94
31	3336	Roshelle van Niekerk	EDEN Team B	03:35.190	923.62	00:44.260	917.40	0.00	1841.02
32	1506	Nina Koen	EDEN Team B	03:33.320	927.36	00:44.660	913.40	0.00	1840.76
33	1835	Engela De Wet	EDEN Team C	03:21.350	951.30	00:48.800	872.00	0.00	1823.30
34	3887	Miley Burger	EP Team A	03:50.330	893.34	00:43.640	923.60	0.00	1816.94
35	2098	Angelique Kyanda Kaboza	EP Team A	03:47.620	898.76	00:44.400	916.00	0.00	1814.76
36	3094	Mari Moolman	EP Team A	04:05.960	862.08	00:42.870	931.30	0.00	1793.38
37	1288	Livia Vancoillie	W.P. Team B	04:14.480	845.04	00:47.700	883.00	0.00	1728.04
38	4779	Ava von Alleman	EDEN Team C	02:58.970	996.06	01:04.530	714.70	0.00	1710.76

	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
U/13 BOYS				-					
1	1438	Delmar Benecke	W.P. Team A	02:28.790	1048.42	00:33.330	1026.70	0.00	2075.12
2	2864	Llewelyn Viljoen	EDEN Team A	02:42.640	1020.72	00:31.180	1048.20	0.00	2068.92
3	2280	Jean Troskie	W.P. Team A	02:43.290	1019.42	00:32.990	1030.10	0.00	2049.52
4	2515	Wian Van der Merwe	BOL Team A	02:40.540	1024.92	00:33.630	1023.70	0.00	2048.62
5	4697	Shah-Eli Kannemeyer	EP Team A	02:59.890	986.22	00:31.340	1046.60	0.00	2032.82
6	3744	Van Zyl Möller	W.P. Team A	02:41.080	1023.84	00:35.690	1003.10	0.00	2026.94
7	1227	Stephan Pienaar	W.P. Team	02:37.840	1030.32	00:36.680	993.20	0.00	2023.52

B									
8	3869	Lohan van Daalen	BOR Team A	02:58.280	989.44	00:32.690	1033.10	0.00	2022.54
9	2584	Jan-David Kirsten	BOL Team A	02:42.380	1021.24	00:35.930	1000.70	0.00	2021.94
10	1338	D'niel Conradie	BOL Team A	02:46.500	1013.00	00:35.340	1006.60	0.00	2019.60
11	4462	Louis Lategan	GRI Team A	02:41.720	1022.56	00:36.480	995.20	0.00	2017.76
12	1423	Wian Joubert	W.P. Team A	02:45.600	1014.80	00:36.140	998.60	0.00	2013.40
13	1270	Ben Louw	W.P. Team B	02:45.180	1015.64	00:37.330	986.70	0.00	2002.34
14	1247	Jack Fouche	W.P. Team A	02:45.760	1014.48	00:37.840	981.60	0.00	1996.08
15	1054	Charl Geissler	EP Team A	02:57.380	991.24	00:35.530	1004.70	0.00	1995.94
16	2597	Tiaan Wagener	BOL Team B	02:52.590	1000.82	00:36.510	994.90	0.00	1995.72
17	4157	Tony Milner	BOL Team A	02:45.710	1014.58	00:38.100	979.00	0.00	1993.58
18	1433	Earle van der Watt	W.P. Team B	02:56.570	992.86	00:36.410	995.90	0.00	1988.76
19	2279	Roean Troskie	W.P. Team B	03:12.160	961.68	00:33.870	1021.30	0.00	1982.98
20	2643	Bertus Mong	BOL Team A	02:52.890	1000.22	00:38.540	974.60	0.00	1974.82
21	1426	Christiaan Stander	BOL Team B	03:11.560	962.88	00:35.190	1008.10	0.00	1970.98
22	1478	Neil Stow	EP Team A	02:58.490	989.02	00:38.110	978.90	0.00	1967.92
23	1029	James Lees	BOL Team B	03:03.750	978.50	00:37.190	988.10	0.00	1966.60
24	1508	De Wet Botes	EDEN Team B	02:57.450	991.10	00:39.290	967.10	0.00	1958.20
25	4709	Cameron McEwan	EDEN Team A	02:51.120	1003.76	00:41.230	947.70	0.00	1951.46
26	2517	Nicholas Visser	BOL Team B	02:56.830	992.34	00:40.170	958.30	0.00	1950.64

27	3088	Rueben Lotter	EP Team A	03:05.860	974.28	00:38.810	971.90	0.00	1946.18
28	4171	Heinrich Kruger	BOL Team C	03:00.510	984.98	00:40.100	959.00	0.00	1943.98
29	2720	Dylan Snyders	BOL Team C	03:00.090	985.82	00:40.950	950.50	0.00	1936.32
30	1007	Lukas Meiring	BOL Team C	02:57.690	990.62	00:42.400	936.00	0.00	1926.62
31	2633	AJ Naude	BOL Team C	02:54.970	996.06	00:43.220	927.80	0.00	1923.86
32	4078	Rynard van der Colff	EDEN Team A	02:57.670	990.66	00:43.390	926.10	0.00	1916.76
33	3948	Stiaan van Wyk	EDEN Team B	02:36.730	1032.54	00:47.960	880.40	0.00	1912.94
34	1833	Daniel Anker	EDEN Team B	02:52.820	1000.36	00:44.780	912.20	0.00	1912.56
35	1836	Jacobus Smith	EDEN Team B	03:02.450	981.10	00:43.280	927.20	0.00	1908.30
36	2928	Ruan Share	EDEN Team A	02:59.730	986.54	00:44.380	916.20	0.00	1902.74
37	2512	Luka Visser	BOL Team B	03:15.290	955.42	00:41.450	945.50	0.00	1900.92
38	1430	Trowyk Troost	W.P. Team B	03:24.960	936.08	00:40.000	960.00	0.00	1896.08
39	2676	Albie Burger	BOL Team C	03:15.150	955.70	00:41.970	940.30	0.00	1896.00
40	3904	Marco Raubenheimer	EP Team A	03:17.830	950.34	00:43.290	927.10	0.00	1877.44
41	3720	Ethan Els	EP Team B	03:16.860	952.28	00:46.320	896.80	0.00	1849.08
42	1292	Luttig Malherbe	W.P. Team C	02:44.040	1017.92	00:53.800	822.00	0.00	1839.92
43	3818	Hanroux Schellink	EP Team B	03:19.330	947.34	00:49.290	867.10	0.00	1814.44
44	4705	Daniel Vosloo	EDEN Team B	03:12.650	960.70	00:50.930	850.70	0.00	1811.40
45	1826	Martin Roux	EDEN Team C	03:11.200	963.60	00:56.940	790.60	0.00	1754.20

46	2110	Jozef Adriaan Van Eeden	GRI Team A	03:56.360	873.28	00:52.540	834.60	0.00	1707.88
47	3556	Keagan Godfrey	EDEN Team A	03:06.230	973.54	00:00.000	0.00	0.00	973.54
#		Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
U/15 GIRLS				-					
1	1827	Arabelle Grutter	EDEN Team A	02:35.980	1034.04	01:04.870	1050.65	0.00	2084.69
2	4461	Lehane Lategan	GRI Team A	02:35.300	1035.40	01:08.310	1033.45	0.00	2068.85
3	1315	Tatiana Thomatos	W.P. Team A	02:31.500	1043.00	01:12.830	1010.85	0.00	2053.85
4	1904	Emma Neethling	EDEN Team A	02:46.240	1013.52	01:08.030	1034.85	0.00	2048.37
5	1395	Stephanie Minnaar	W.P. Team A	02:28.990	1048.02	01:15.910	995.45	0.00	2043.47
6	2520	Carine Rontgen	BOL Team A	02:52.450	1001.10	01:07.280	1038.60	0.00	2039.70
7	3607	Juane Burger	W.P. Team A	02:45.190	1015.62	01:12.010	1014.95	0.00	2030.57
8	2912	Dune Haasbroek	EDEN Team A	02:33.720	1038.56	01:17.870	985.65	0.00	2024.21
9	4708	Annabelle McEwan	EDEN Team A	02:29.240	1047.52	01:20.000	975.00	0.00	2022.52
10	4220	Simoné Gerber	W.P. Team B	02:54.860	996.28	01:11.440	1017.80	0.00	2014.08
11	3621	Kendra Matthysen	W.P. Team A	02:58.840	988.32	01:10.120	1024.40	0.00	2012.72
12	1101	Elme Vermaak	EP Team A	02:54.330	997.34	01:12.030	1014.85	0.00	2012.19
13	1255	Mieka Vermeulen	W.P. Team B	02:39.880	1026.24	01:20.750	971.25	0.00	1997.49
14	1651	Cara Rossouw	W.P. Team B	02:59.260	987.48	01:13.520	1007.40	0.00	1994.88
15	1350	Anke Stander	W.P. Team C	02:31.150	1043.70	01:25.000	950.00	0.00	1993.70
16	1507	Lizandri Koen	EDEN Team	02:33.050	1039.90	01:24.460	952.70	0.00	1992.60

B									
17	1321	Lara Stander	W.P. Team C	02:24.860	1056.28	01:28.460	932.70	0.00	1988.98
18	2521	Liani Nieuwoudt	BOL Team A	02:38.440	1029.12	01:24.000	955.00	0.00	1984.12
19	3628	Ane Cloete	W.P. Team B	02:57.880	990.24	01:16.680	991.60	0.00	1981.84
20	3589	Lia Assad	W.P. Team A	03:16.930	952.14	01:10.060	1024.70	0.00	1976.84
21	4711	Katelynn Boonzaaier	EDEN Team A	03:03.340	979.32	01:16.530	992.35	0.00	1971.67
22	4167	Marike Duvenhage	BOL Team B	02:32.530	1040.94	01:29.850	925.75	0.00	1966.69
23	2514	Anne van Zyl	BOL Team A	02:46.880	1012.24	01:24.530	952.35	0.00	1964.59
24	4412	Ilna Swart	BOL Team A	02:39.160	1027.68	01:28.480	932.60	0.00	1960.28
25	4817	Remy Wessels	BOL Team C	02:48.630	1008.74	01:25.380	948.10	0.00	1956.84
26	1889	Ebenette Van Niekerk	EDEN Team B	03:02.140	981.72	01:20.530	972.35	0.00	1954.07
27	4816	Mickyla De Villiers	BOL Team A	02:50.850	1004.30	01:25.410	947.95	0.00	1952.25
28	1043	Anmi Slabbert	BOL Team B	03:00.630	984.74	01:21.590	967.05	0.00	1951.79
29	1149	Carlien Oosthuizen	EDEN Team B	03:06.400	973.20	01:20.690	971.55	0.00	1944.75
30	1454	Milan Janse van Rensburg	EP Team A	03:15.810	954.38	01:19.290	978.55	0.00	1932.93
31	1401	Lana Doman	W.P. Team C	03:06.120	973.76	01:23.440	957.80	0.00	1931.56
32	3987	Lee-Anne Pretorius	EDEN Team C	03:05.820	974.36	01:25.340	948.30	0.00	1922.66
33	1200	Mieke van Staden	EP Team A	03:09.940	966.12	01:24.790	951.05	0.00	1917.17
34	1819	Nina Pieterse	EDEN Team B	02:42.360	1021.28	01:36.710	891.45	0.00	1912.73
35	4601	Riley Koegelenberg	BOL Team B	03:04.300	977.40	01:28.310	933.45	0.00	1910.85

36	3117	Alme Fourie	EP Team B	03:18.580	948.84	01:23.900	955.50	0.00	1904.34
37	2513	Jana Hough	BOL Team C	02:48.250	1009.50	01:36.240	893.80	0.00	1903.30
38	1838	Nina Cloete	EDEN Team C	03:00.140	985.72	01:33.100	909.50	0.00	1895.22
39	4718	Adri Duvenhage	EDEN Team C	02:57.590	990.82	01:34.370	903.15	0.00	1893.97
40	1823	Megan Stahmer	EDEN Team B	03:03.270	979.46	01:35.180	899.10	0.00	1878.56
41	4122	Phoebe Jonathan	BOL Team C	02:57.290	991.42	01:37.610	886.95	0.00	1878.37
42	1015	Inge Brand	BOL Team B	03:04.840	976.32	01:35.430	897.85	0.00	1874.17
43	1851	Leah Hedderwick	EP Team A	03:25.120	935.76	01:29.870	925.65	0.00	1861.41
44	4588	Alizmi Van der Vyver	BOL Team B	02:54.690	996.62	01:43.280	858.60	0.00	1855.22
45	4753	Stacey de Ridder	EP Team B	03:07.870	970.26	01:44.310	853.45	0.00	1823.71
46	4006	Janienike Olivier	EDEN Team C	03:19.110	947.78	01:41.400	868.00	0.00	1815.78
47	3095	Anco Nel	EP Team B	03:41.440	903.12	02:08.020	734.90	0.00	1638.02
48	1418	Larah Aucamp	W.P. Team B	00:00.000	0.00	01:16.940	990.30	0.00	990.30
49	1141	Tatum Dace	EP Team A	00:00.000	0.00	00:00.000	0.00	0.00	0.00

#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points	
U/15 BOYS			-						
1	3955	Carlo Bezuidenhout	EDEN Team A	02:22.840	1040.32	01:03.310	1048.45	0.00	2088.77
2	2411	Daniël Grové	W.P. Team A	02:18.350	1049.30	01:07.300	1028.50	0.00	2077.80
3	1022	Thomas van der Merwe	W.P. Team A	02:42.640	1000.72	01:07.380	1028.10	0.00	2028.82
4	3619	Eben de	W.P.	02:33.910	1018.18	01:11.500	1007.50	0.00	2025.68

Jongh			Team A						
5	2719	Kyle Snyders	BOL Team A	02:48.870	988.26	01:05.660	1036.70	0.00	2024.96
6	2666	Renso De Wet	BOL Team A	02:25.950	1034.10	01:15.890	985.55	0.00	2019.65
7	2575	Jason Du Plessis	BOL Team A	02:40.380	1005.24	01:10.220	1013.90	0.00	2019.14
8	1211	Liam Els	W.P. Team A	02:27.030	1031.94	01:18.350	973.25	0.00	2005.19
9	1048	Schalk Meiring	BOL Team A	02:31.880	1022.24	01:17.590	977.05	0.00	1999.29
10	2641	Arden Kotze	BOL Team A	02:36.620	1012.76	01:16.210	983.95	0.00	1996.71
11	1307	Jean-Roux Wessels	W.P. Team A	02:27.180	1031.64	01:20.060	964.70	0.00	1996.34
12	4710	Johan Schoeman	EDEN Team A	02:22.440	1041.12	01:21.980	955.10	0.00	1996.22
13	1106	Nathan Appels	EP Team A	02:27.820	1030.36	01:21.240	958.80	0.00	1989.16
14	1008	Nathan Van Litsenborgh	BOL Team B	02:42.780	1000.44	01:15.840	985.80	0.00	1986.24
15	1244	Albert Griesel	W.P. Team B	02:27.400	1031.20	01:23.650	946.75	0.00	1977.95
16	3626	Hanru Steyn	W.P. Team B	02:58.750	968.50	01:13.120	999.40	0.00	1967.90
17	4409	Jordin Gabriels	BOL Team B	02:10.850	1064.30	01:33.160	899.20	0.00	1963.50
18	2519	Herman Engelbrecht	BOL Team B	02:42.480	1001.04	01:27.310	928.45	0.00	1929.49
19	4734	Herman van Zyl	EDEN Team A	02:56.730	972.54	01:22.210	953.95	0.00	1926.49
20	1848	Marno Meyer	EDEN Team A	02:35.310	1015.38	01:32.010	904.95	0.00	1920.33
21	4687	Kyle Lazarus	W.P. Team B	03:03.390	959.22	01:22.150	954.25	0.00	1913.47
22	4742	Pieter de Kock	EDEN Team B	02:54.500	977.00	01:28.180	924.10	0.00	1901.10
23	2516	Luan Nel	BOL Team	03:15.070	935.86	01:21.810	955.95	0.00	1891.81

C									
24	4738	Stiaan Pool	EDEN Team B	02:42.230	1001.54	01:35.680	886.60	0.00	1888.14
25	2580	John-Henry Thiar	BOL Team B	02:41.240	1003.52	01:37.800	876.00	0.00	1879.52
26	2616	Dirk Uys	BOL Team C	02:56.190	973.62	01:32.010	904.95	0.00	1878.57
27	1839	Callie Wannenburg	EDEN Team B	02:55.030	975.94	01:32.700	901.50	0.00	1877.44
28	3695	Liam Chetty	BOR Team A	02:49.540	986.92	01:34.900	890.50	0.00	1877.42
29	2709	Malan Schoeman	BOL Team C	02:41.770	1002.46	01:39.040	869.80	0.00	1872.26
30	2614	Blake Edwards	BOL Team B	02:43.460	999.08	01:38.630	871.85	0.00	1870.93
31	4735	WWJ Spangenberg	EDEN Team B	02:48.010	989.98	01:43.690	846.55	0.00	1836.53
32	1874	Mark Lemke	EP Team A	03:16.120	933.76	01:35.690	886.55	0.00	1820.31
33	3989	Ewan Botha	EDEN Team B	03:10.140	945.72	01:40.690	861.55	0.00	1807.27
34	4812	Heinrich Marais	BOL Team C	02:55.420	975.16	01:49.050	819.75	0.00	1794.91
35	2632	Markus Van der Walt	BOL Team C	02:49.540	986.92	01:57.050	779.75	0.00	1766.67
36	4005	Luhann Westenraad	EDEN Team C	02:54.200	977.60	02:02.050	754.75	0.00	1732.35
37	4805	Logan Price	EDEN Team C	03:00.320	965.36	02:07.000	730.00	0.00	1695.36
38	1840	Johannes Brink	EDEN Team A	00:00.000	0.00	00:00.000	0.00	0.00	0.00
39	1110	Zack Slabbert	EP Team A	00:00.000	0.00	00:00.000	0.00	0.00	0.00
#		Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
U/17 GIRLS				-					
1	1049	Simone van der Merwe	W.P. Team A	02:18.220	1069.56	01:06.620	1041.90	0.00	2111.46

2	1385	Mila Aucamp	W.P. Team A	02:23.180	1059.64	01:06.160	1044.20	0.00	2103.84
3	1345	Mila Prinsloo	BOL Team A	02:33.860	1038.28	01:03.780	1056.10	0.00	2094.38
4	2342	Maric De Roubaix	W.P. Team A	02:34.480	1037.04	01:05.520	1047.40	0.00	2084.44
5	1232	Imke Els	W.P. Team A	02:26.340	1053.32	01:11.780	1016.10	0.00	2069.42
6	1362	Alice Venter	W.P. Team A	02:24.430	1057.14	01:13.430	1007.85	0.00	2064.99
7	1898	Melissa Kuun	EDEN Team A	02:56.040	993.92	01:03.930	1055.35	0.00	2049.27
8	1805	Marilie Duvenhage	EDEN Team A	02:35.910	1034.18	01:16.760	991.20	0.00	2025.38
9	3730	Anneke Stassen	W.P. Team B	02:56.990	992.02	01:12.880	1010.60	0.00	2002.62
10	4724	Larissa Badenhorst	EDEN Team A	02:58.110	989.78	01:14.320	1003.40	0.00	1993.18
11	1010	Kehara Human	BOL Team A	02:36.790	1032.42	01:23.140	959.30	0.00	1991.72
12	3410	Zani Vermeulen	EDEN Team A	03:06.080	973.84	01:12.730	1011.35	0.00	1985.19
13	2908	Veneske Steenkamp	EDEN Team A	03:21.730	942.54	01:06.720	1041.40	0.00	1983.94
14	3536	Mieke Van Der Walt	EDEN Team B	03:14.160	957.68	01:10.590	1022.05	0.00	1979.73
15	1131	Mari Geissler	EP Team A	02:54.090	997.82	01:19.060	979.70	0.00	1977.52
16	2903	Carli Dippenaar	EDEN Team B	03:03.140	979.72	01:16.420	992.90	0.00	1972.62
17	3093	Janita Marsh	EP Team A	02:58.540	988.92	01:19.390	978.05	0.00	1966.97
18	1318	Olivia Wilson	W.P. Team B	02:30.250	1045.50	01:30.780	921.10	0.00	1966.60
19	1104	Kylie Klaasen	EP Team A	02:59.010	987.98	01:20.520	972.40	0.00	1960.38
20	1013	Jacy Brand	BOL Team A	02:54.290	997.42	01:22.660	961.70	0.00	1959.12
21	2771	Anya de	EP	03:16.050	953.90	01:14.200	1004.00	0.00	1957.90

Ridder			Team A						
22	1928	Mia Botha	EDEN Team B	02:46.720	1012.56	01:27.150	939.25	0.00	1951.81
23	2277	Michelle Carien van Rooyen	W.P. Team B	03:10.640	964.72	01:17.630	986.85	0.00	1951.57
24	2787	Ilke Wolmarans	EP Team A	02:37.030	1031.94	01:35.040	899.80	0.00	1931.74
25	2692	Rulandi Friess	BOL Team A	02:50.860	1004.28	01:30.360	923.20	0.00	1927.48
26	1916	Milla Kruger	EDEN Team B	03:02.320	981.36	01:26.590	942.05	0.00	1923.41
27	2918	Dane Lubbe	EDEN Team B	02:44.610	1016.78	01:34.430	902.85	0.00	1919.63
28	1261	Caitlin De Kock	W.P. Team B	03:00.440	985.12	01:32.890	910.55	0.00	1895.67
29	2919	Liane Pretorius	EDEN Team C	02:51.830	1002.34	01:39.740	876.30	0.00	1878.64
30	4723	Addison Gillespie	EDEN Team C	02:42.670	1020.66	01:46.370	843.15	0.00	1863.81
31	3991	Mieke Botha	EDEN Team C	03:11.710	962.58	01:41.750	866.25	0.00	1828.83
32	3829	Mecoli Vorster	EP Team B	00:00.000	0.00	00:00.000	0.00	0.00	0.00

	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
U/17 BOYS				-					
1	3614	Callum Koekemoer	W.P. Team A	02:18.820	1026.36	01:00.310	1038.45	0.00	2064.81
2	1390	Luan Stander	W.P. Team A	02:15.040	1033.92	01:03.080	1024.60	0.00	2058.52
3	2609	Christie Engelbrecht	BOL Team A	02:11.220	1041.56	01:04.640	1016.80	0.00	2058.36
4	2410	Hannes Grové	W.P. Team A	02:18.190	1027.62	01:03.020	1024.90	0.00	2052.52
5	3613	Quinn Dick Koekemoer	W.P. Team A	02:23.410	1017.18	01:02.080	1029.60	0.00	2046.78
6	2539	Neil-Willem Buchner	BOL Team A	02:23.040	1017.92	01:03.620	1021.90	0.00	2039.82

7	4150	Ruben De Lange	BOL Team A	02:27.390	1009.22	01:05.760	1011.20	0.00	2020.42
8	1867	Hanru Kuun	EDEN Team A	02:27.130	1009.74	01:06.130	1009.35	0.00	2019.09
9	2777	Jaco Strydom	EP Team A	02:27.920	1008.16	01:07.640	1001.80	0.00	2009.96
10	1490	Benjamin Lemke	EP Team A	02:22.820	1018.36	01:09.710	991.45	0.00	2009.81
11	4439	Kian Eksteen	W.P. Team A	02:17.630	1028.74	01:13.290	973.55	0.00	2002.29
12	3603	Ivan Gouwsventer	W.P. Team B	02:24.010	1015.98	01:11.010	984.95	0.00	2000.93
13	4725	Favian Swart	EDEN Team A	02:27.310	1009.38	01:09.720	991.40	0.00	2000.78
14	1198	Daniel Nash	EP Team A	02:30.210	1003.58	01:08.600	997.00	0.00	2000.58
15	2568	Paul-Louis Rontgen	BOL Team A	02:31.360	1001.28	01:08.870	995.65	0.00	1996.93
16	1212	Eugene Theron	W.P. Team B	02:28.630	1006.74	01:10.950	985.25	0.00	1991.99
17	3604	Sven Gouwsventer	W.P. Team B	02:25.670	1012.66	01:12.430	977.85	0.00	1990.51
18	2524	Hanru Nel	BOL Team A	02:31.820	1000.36	01:10.750	986.25	0.00	1986.61
19	2564	Eric Pienaar	BOL Team B	02:31.080	1001.84	01:12.080	979.60	0.00	1981.44
20	1880	Adriaan Albertyn	EDEN Team A	02:34.010	995.98	01:11.560	982.20	0.00	1978.18
21	4113	Lourens Botha	BOL Team B	02:43.450	977.10	01:07.880	1000.60	0.00	1977.70
22	4172	Adolf Knoetzen	BOL Team B	02:27.030	1009.94	01:14.710	966.45	0.00	1976.39
23	4010	Daniel Kolver	EDEN Team A	02:35.650	992.70	01:11.600	982.00	0.00	1974.70
24	3781	Julian van der Schyff	EP Team A	02:16.540	1030.92	01:19.640	941.80	0.00	1972.72
25	2897	Jaco de Wet	EDEN Team B	02:16.930	1030.14	01:20.220	938.90	0.00	1969.04

26	4111	Jannes De Beer	BOL Team C	02:31.250	1001.50	01:15.870	960.65	0.00	1962.15
27	3337	Etienne van Niekerk	EDEN Team A	02:49.160	965.68	01:10.110	989.45	0.00	1955.13
28	1340	Christiaan Pienaar	W.P. Team B	02:20.820	1022.36	01:22.180	929.10	0.00	1951.46
29	1937	Juluyn Liam	EDEN Team B	02:32.010	999.98	01:17.950	950.25	0.00	1950.23
30	1814	Ludwig Lotter	EDEN Team C	02:34.530	994.94	01:17.210	953.95	0.00	1948.89
31	1882	Louis Smit	EDEN Team C	02:23.620	1016.76	01:23.730	921.35	0.00	1938.11
32	3539	HW de Waal	EDEN Team B	02:26.360	1011.28	01:23.740	921.30	0.00	1932.58
33	2915	Euan Hamilton	EDEN Team B	03:06.010	931.98	01:08.100	999.50	0.00	1931.48
34	1891	Johann Grabe	EDEN Team C	02:42.360	979.28	01:18.080	949.60	0.00	1928.88
35	4754	Stefhan Theo Mynhardt	EP Team A	02:26.460	1011.08	01:25.490	912.55	0.00	1923.63
36	4026	PW van Breda	EDEN Team C	02:38.080	987.84	01:20.890	935.55	0.00	1923.39
37	4028	JJ Pfaff	EDEN Team C	02:28.680	1006.64	01:24.660	916.70	0.00	1923.34
38	2693	Taetse Moller	BOL Team B	02:41.020	981.96	01:25.510	912.45	0.00	1894.41
39	4140	Krige Kemp	BOL Team B	02:40.400	983.20	01:29.090	894.55	0.00	1877.75
40	3721	Luhann Sprong	EP Team B	03:05.150	933.70	01:19.580	942.10	0.00	1875.80
41	4755	Leanco Sprang	EP Team B	02:25.030	1013.94	01:51.440	782.80	0.00	1796.74
42	3884	Juandre Niehaus	EP Team B	02:36.130	991.74	01:51.520	782.40	0.00	1774.14
43	4782	Marco Erasmus	EDEN Team B	00:00.000	0.00	00:00.000	0.00	0.00	0.00
	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points

U/19 GIRLS			-						
1	1399	Nadia Rossouw	W.P. Team A	02:36.440	1035.12	01:06.140	1054.30	0.00	2089.42
2	4510	Utah Novello	BOL Team A	02:40.770	1026.46	01:05.390	1058.05	0.00	2084.51
3	1643	Danel Rossouw	W.P. Team A	02:36.670	1034.66	01:07.420	1047.90	0.00	2082.56
4	1806	Petro Marie Fourie	EDEN Team A	02:39.920	1028.16	01:08.040	1044.80	0.00	2072.96
5	1373	Skye Micklethwaite	W.P. Team A	02:40.840	1026.32	01:08.190	1044.05	0.00	2070.37
6	2531	Helende Kemp	BOL Team A	02:30.850	1046.30	01:17.070	999.65	0.00	2045.95
7	3620	Nina Matthysen;	W.P. Team A	03:10.840	966.32	01:08.520	1042.40	0.00	2008.72
8	1808	Yedidah Theron	EDEN Team A	03:09.890	968.22	01:10.590	1032.05	0.00	2000.27
9	1862	Emma Van Der Westhuysen	EDEN Team A	02:47.090	1013.82	01:21.220	978.90	0.00	1992.72
10	2670	Venter Anke	BOL Team A	03:00.470	987.06	01:16.830	1000.85	0.00	1987.91
11	1320	Julia Monk	W.P. Team A	03:01.100	985.80	01:20.010	984.95	0.00	1970.75
12	1163	Elanca Van Jaarsveld	EP Team A	02:46.430	1015.14	01:28.380	943.10	0.00	1958.24
13	4124	Sumari Bester	BOL Team A	03:15.060	957.88	01:18.690	991.55	0.00	1949.43
14	3583	Mia Neethling	EDEN Team A	03:22.270	943.46	01:16.100	1004.50	0.00	1947.96
15	4130	Nina Engelbrecht	BOL Team A	03:21.600	944.80	01:21.040	979.80	0.00	1924.60
16	3091	Casli Marsh	EP Team A	02:51.650	1004.70	01:35.470	907.65	0.00	1912.35
17	4701	Zane Jubber	EP Team A	03:07.830	972.34	01:30.730	931.35	0.00	1903.69
18	2901	Megan Terblanche	EDEN Team A	03:27.440	933.12	01:22.950	970.25	0.00	1903.37
19	4147	Shana Mulder	BOL Team B	03:03.240	981.52	01:33.470	917.65	0.00	1899.17

20	4717	Micke Janse van Rensburg	EDEN Team B	02:43.940	1020.12	01:41.220	878.90	0.00	1899.02
	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
U/19 BOYS				-					
1	2642	Kailen Kotze	BOL Team A	02:10.160	1037.68	00:57.560	1052.20	0.00	2089.88
2	2069	Hardus van der Merwe	GRI Team A	02:05.500	1047.00	01:03.150	1024.25	0.00	2071.25
3	4112	Wim Treurnicht	BOL Team A	02:14.100	1029.80	01:00.550	1037.25	0.00	2067.05
4	2586	Zian Naude	BOL Team A	02:20.470	1017.06	01:00.580	1037.10	0.00	2054.16
5	1346	Retief Hugo	BOL Team A	02:34.260	989.48	00:57.190	1054.05	0.00	2043.53
6	3717	Kiaan Terblanche	W.P. Team A	02:29.940	998.12	01:00.150	1039.25	0.00	2037.37
7	1125	Francios Vosloo	EP Team A	02:10.880	1036.24	01:10.230	988.85	0.00	2025.09
8	1807	Tiaan Visser	EDEN Team A	02:19.650	1018.70	01:08.830	995.85	0.00	2014.55
9	2600	Driesie Burger	BOL Team A	02:35.970	986.06	01:03.710	1021.45	0.00	2007.51
10	3584	Sebastian Swart	EDEN Team A	02:33.390	991.22	01:04.780	1016.10	0.00	2007.32
11	3066	Jaden de Ridder	EP Team A	02:15.760	1026.48	01:13.700	971.50	0.00	1997.98
12	1868	Wilhelm Kuun	EDEN Team A	02:52.020	953.96	01:00.320	1038.40	0.00	1992.36
13	4217	Mark Laker	W.P. Team A	02:36.780	984.44	01:06.540	1007.30	0.00	1991.74
14	1804	Ruan Coetzee	EDEN Team A	02:19.170	1019.66	01:15.660	961.70	0.00	1981.36
15	1876	Luke Steenkamp	EDEN Team B	02:30.750	996.50	01:11.110	984.45	0.00	1980.95
16	1400	Sebastien Theron	W.P. Team A	02:32.870	992.26	01:10.520	987.40	0.00	1979.66
17	1138	Marco	EP	02:25.590	1006.82	01:14.620	966.90	0.00	1973.72

		Sprong	Team A						
18	3900	Henco Coetzee	EP Team A	02:32.410	993.18	01:12.560	977.20	0.00	1970.38
19	2177	Deandre Vorster	EP Team B	02:32.800	992.40	01:15.730	961.35	0.00	1953.75
20	1863	Icke Michael van der Merwe	EDEN Team A	02:45.770	966.46	01:11.600	982.00	0.00	1948.46
21	4759	AJ Schenk	EP Team B	02:42.350	973.30	01:13.160	974.20	0.00	1947.50
22	2887	Kean Enslin	EDEN Team B	02:24.860	1008.28	01:20.790	936.05	0.00	1944.33
23	4382	Pieter De Wet	BOL Team B	02:33.720	990.56	01:18.780	946.10	0.00	1936.66
24	4744	Wikus Smit	EDEN Team B	02:34.780	988.44	01:21.100	934.50	0.00	1922.94
25	4156	Walter Smith	BOL Team B	02:15.970	1026.06	01:29.620	891.90	0.00	1917.96
26	4310	Cornel Rautenbach	EDEN Team B	02:28.090	1001.82	01:27.340	903.30	0.00	1905.12
27	2888	Damion Gouveia	EDEN Team B	02:32.830	992.34	01:26.190	909.05	0.00	1901.39
28	3883	Derick Vermaak	EP Team B	02:56.560	944.88	01:17.870	950.65	0.00	1895.53
29	2181	Christiaan Van der Merwe	EP Team B	02:42.690	972.62	01:25.260	913.70	0.00	1886.32
30	4760	Malcom Rafferty	EP Team B	02:26.480	1005.04	01:48.600	797.00	0.00	1802.04
31	2180	Jandre du Preez	EP Team C	02:54.810	948.38	01:37.830	850.85	0.00	1799.23
32	4312	Johan Higgs	EDEN Team C	02:41.520	974.96	01:58.210	748.95	0.00	1723.91
33	1070	Steffen Rademeyer	EP Team A	00:00.000	0.00	00:00.000	0.00	0.00	0.00
#		Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
SENIORS WOMEN				-					
1	3121	Jo-Mari Smith	EDEN Team A	02:37.040	1041.92	01:12.660	1031.70	36.00	2109.62

2	4136	Micke Smit	BOL Team A	02:48.360	1019.28	01:09.660	1046.70	6.00	2071.98
3	2797	Inge Beyers	BOL Team A	02:56.850	1002.30	01:15.700	1016.50	48.00	2066.80
4	4460	Nicola Hobbs	W.P. Team A	02:40.810	1034.38	01:25.100	969.50	27.00	2030.88
5	4607	Jana Wessels	BOL Team A	02:42.780	1030.44	01:21.700	986.50	6.00	2022.94
6	4592	Mikayla Forbes	BOR Team A	03:01.720	992.56	01:18.000	1005.00	18.00	2015.56
7	2603	Ruzanne Le Roux	BOL Team A	02:46.920	1022.16	01:36.000	915.00	48.00	1985.16
8	4284	Anemike Swart	BOL Team B	02:49.740	1016.52	01:34.280	923.60	42.00	1982.12
9	2547	Chrismari Smith	BOL Team A	02:45.820	1024.36	01:33.750	926.25	15.00	1965.61
10	2300	Lara Schlechter	EDEN Team A	03:31.660	932.68	01:14.170	1024.15	3.00	1959.83
11	3595	Ellouise le Roux	W.P. Team A	02:56.560	1002.88	01:43.650	876.75	45.00	1924.63
12	4579	Tammy Leibrandt	W.P. Team B	03:12.900	970.20	02:09.220	748.90	39.00	1758.10

	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
SENIORS MEN				-					
1	4776	Reinard Haupt	EDEN Team A	02:25.160	997.68	01:01.140	1044.30	9.00	2050.98
2	2674	Dommonique Forte	BOL Team A	02:18.330	1011.34	01:13.030	984.85	45.00	2041.19
3	4830	AC Kleynhans	EDEN Team A	02:26.170	995.66	01:01.900	1040.50	3.00	2039.16
4	2577	Willem Human	BOL Team A	02:19.530	1008.94	01:18.340	958.30	51.00	2018.24
5	2542	Frannie Langenhoven	BOL Team A	02:32.400	983.20	01:09.020	1004.90	18.00	2006.10
6	4552	Coenraad van Eyssen	W.P. Team A	02:24.380	999.24	01:17.890	960.55	45.00	2004.79
7	4767	Janré Daniël	EP	02:18.120	1011.76	01:31.880	890.60	6.00	1908.36

		Viljoen	Team A						
8	4671	Cadin Leibrandt	W.P. Team A	03:00.700	926.60	01:31.690	891.55	42.00	1860.15
9	4209	Darryl Lindt	W.P. Team A	02:09.720	1028.56	01:51.110	794.45	6.00	1829.01
#		Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
JNR WOMEN				-					
1	1429	Rebecca Monk	W.P. Team A	02:34.080	1047.84	01:14.790	1021.05	0.00	2068.89
2	4702	Elzari van Niekerk	EP Team A	02:59.540	996.92	01:13.380	1028.10	0.00	2025.02
3	4168	Yani Da Silva	BOL Team A	03:14.750	966.50	01:22.410	982.95	0.00	1949.45
4	1124	Anabelle Jonck	EP Team A	02:53.020	1009.96	01:32.780	931.10	0.00	1941.06
5	1356	Anika Roux	W.P. Team A	03:04.840	986.32	01:37.940	905.30	0.00	1891.62
#		Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
JNR MEN				-					
1	1353	Joshua Scott	W.P. Team A	02:06.930	1034.14	00:58.700	1041.50	0.00	2075.64
2	1137	Christian Appels	EP Team A	02:06.570	1034.86	01:01.200	1029.00	0.00	2063.86
3	1412	Emihl Rossouw	W.P. Team A	02:20.240	1007.52	01:04.520	1012.40	0.00	2019.92
4	4766	Jaco Troskie	EP Team A	02:49.490	949.02	01:16.090	954.55	0.00	1903.57
5	2168	JD Duvenhage	EP Team A	02:37.800	972.40	01:36.770	851.15	0.00	1823.55
6	2773	Emile Fourie	EP Team A	03:05.390	917.22	01:33.560	867.20	0.00	1784.42
7	4216	Nico Erasmus	W.P. Team B	02:46.010	955.98	01:43.150	819.25	0.00	1775.23
8	4446	Clayton Fortuin	W.P. Team B	03:00.500	927.00	01:57.320	748.40	0.00	1675.40

	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
MASTERS 40+ WOMEN				-					
1	1258	Lize-Ahn Aucamp	W.P. Team A	02:50.680	1040.64	01:11.180	1064.10	15.00	2119.74
2	4121	Liesl Barnard	EDEN Team A	02:50.310	1041.38	01:25.500	992.50	0.00	2033.88
3	4075	Zani Smith	EDEN Team A	02:47.530	1046.94	01:33.440	952.80	0.00	1999.74
4	4772	Claire Lemke	EP Team A	03:04.030	1013.94	01:33.940	950.30	35.00	1999.24
5	4629	Annelize de Villiers	W.P. Team A	03:13.240	995.52	01:35.130	944.35	20.00	1959.87
6	4814	Joleta Keane	BOL Team A	03:43.310	935.38	01:28.850	975.75	10.00	1921.13
7	4679	Leonie Viljoen	W.P. Team A	03:30.910	960.18	01:36.000	940.00	5.00	1905.18
8	2637	Marlize Van Zyl	BOL Team A	03:47.110	927.78	01:37.440	932.80	0.00	1860.58
	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
MASTERS 40+ MEN				-					
1	1497	Rowan Marais	W.P. Team A	02:22.690	1026.62	01:03.160	1059.20	35.00	2120.82
2	2711	Pieter Troost	BOL Team A	02:23.420	1025.16	01:04.110	1054.45	10.00	2089.61
3	4388	Werner Honing	BOL Team A	02:27.240	1017.52	01:02.690	1061.55	0.00	2079.07
4	2541	Neil Buchner	BOL Team A	02:39.190	993.62	01:12.120	1014.40	40.00	2048.02
5	3772	Ettienne Oelofse	W.P. Team A	02:29.920	1012.16	01:16.950	990.25	25.00	2027.41
6	1277	Derick Troost	W.P. Team A	02:50.440	971.12	01:07.880	1035.60	5.00	2011.72
7	3903	Johan Heath	EP Team A	02:56.400	959.20	01:07.780	1036.10	15.00	2010.30
8	1375	Earle van der Watt	W.P. Team A	02:39.490	993.02	01:19.960	975.20	25.00	1993.22

9	4791	JB Steenkamp	BOL Team A	02:54.400	963.20	01:15.610	996.95	0.00	1960.15
10	3722	Richard Hedderwick	EP Team A	02:32.000	1008.00	01:33.290	908.55	40.00	1956.55
11	4771	Wessel Wolmarans	EP Team A	02:24.280	1023.44	01:46.380	843.10	25.00	1891.54
12	4770	Phillip de Ridder	EP Team A	03:08.780	934.44	01:41.820	865.90	35.00	1835.34

#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
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MASTERS 50+ WOMEN				-				
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1	2525	Mariaan Malan	BOL Team A	02:56.220	1051.56	01:23.390	1028.05	30.00	2109.61
2	2397	Liezel Wessels	BOL Team A	02:52.170	1059.66	01:30.600	992.00	25.00	2076.66
3	4703	Jené Banfield	EP Team A	02:46.670	1070.66	01:43.580	927.10	15.00	2012.76

#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
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MASTERS 50+ MEN				-				
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1	1334	Roger Bezuidenhout	W.P. Team A	02:18.440	1057.12	01:05.160	1074.20	0.00	2131.32
2	3016	Rodney Westgate	BOR Team A	02:18.150	1057.70	01:06.840	1065.80	5.00	2128.50
3	2675	Gareth Haarhoff	BOL Team A	02:24.520	1044.96	01:08.520	1057.40	10.00	2112.36
4	4232	Mason Cranswick	W.P. Team A	02:24.020	1045.96	01:27.950	960.25	35.00	2041.21
5	3377	Gavin Gericke	EDEN Team A	02:52.620	988.76	01:18.540	1007.30	40.00	2036.06
6	1811	Hermann Spangenberg	EDEN Team A	03:00.900	972.20	01:14.080	1029.60	15.00	2016.80
7	4783	Marius Schlechter	EDEN Team A	02:33.140	1027.72	01:32.950	935.25	40.00	2002.97
8	4632	Edward West	W.P. Team A	03:00.420	973.16	01:27.730	961.35	35.00	1969.51
9	3068	Clive Cupido	BOL Team A	02:19.200	1055.60	01:46.680	866.60	40.00	1962.20

10	1394	Jason Monk	W.P. Team A	02:33.960	1026.08	01:57.110	814.45	20.00	1860.53
11	2526	Dirk Malan	BOL Team A	03:14.360	945.28	01:45.710	871.45	40.00	1856.73
12	4675	Michael Peacock	W.P. Team A	00:00.000	0.00	00:00.000	0.00	0.00	0.00
#		Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
MASTERS 60+ WOMEN				-					
1	2814	Benice Putter	EP Team A	01:40.860	1020.28	00:39.260	1053.70	36.00	2109.98
2	3017	Anita Louw	EDEN Team A	01:41.810	1018.38	00:42.800	1036.00	36.00	2090.38
3	1250	Linda du Bruyn	W.P. Team A	01:24.960	1052.08	00:50.050	999.75	0.00	2051.83
#		Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
MASTERS 60+ MEN				-					
1	1414	Michael Archer	W.P. Team A	01:11.580	1046.84	00:32.910	1070.45	48.00	2165.29
2	1148	Freek Smith	EP Team A	01:10.770	1048.46	00:36.030	1054.85	6.00	2109.31
3	3406	Michael Forbes	BOR Team A	01:18.450	1033.10	00:40.190	1034.05	42.00	2109.15
4	2806	Eric Parker	BOL Team A	01:26.440	1017.12	00:44.720	1011.40	42.00	2070.52
5	1369	Tertius du Bruyn	W.P. Team A	01:25.430	1019.14	00:44.020	1014.90	24.00	2058.04
6	4447	Gregory Bagley	W.P. Team A	01:47.290	975.42	00:41.000	1030.00	36.00	2041.42
#		Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
MASTERS 70+ WOMEN				-					
1	1348	Marille Bass	W.P. Team A	01:54.220	1019.56	00:51.720	1021.40	30.00	2070.96
#		Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points

MASTERS 70+ MEN				-					
1	1046	Coenie Slabbert	BOL Team A	01:28.160	1039.68	00:41.690	1056.55	40.00	2136.23
2	3124	Archie Markgraaff	SFS Team A	02:09.730	956.54	00:40.630	1061.85	100.00	2118.39
3	1893	Johan Windt	EDEN Team A	01:29.210	1037.58	00:39.600	1067.00	0.00	2104.58
4	1428	Robert Swartz	W.P. Team A	01:21.440	1053.12	01:08.810	920.95	60.00	2034.07
5	2852	Mike McDonald	EDEN Team A	00:00.000	0.00	00:00.000	0.00	0.00	0.00
#		Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
SPECIAL NEEDS FEMALE				-					
1	4455	Donna Africa	W.P. Team A	02:49.430	901.14	01:15.320	848.40	0.00	1749.54
#		Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
SPECIAL NEEDS MALE				-					
1	1308	Liam Trelawney	W.P. Team A	01:57.520	1004.96	00:57.240	938.80	0.00	1943.76