

SA BIATHLON CHAMPIONSHIPS 2025							2025-03-22		
Competition Name							Competition Date		

	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
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Top 3 Runners

1	4650	Carina Swiegers	GN	02:14.820	1102.36	01:54.580	852.10	6.00	1960.46
2	3180	Willem De Beer	GN	01:57.960	1084.08	01:06.870	1040.65	27.00	2151.73
3	6657	Michael Gibson	WP	02:05.970	1068.06	01:06.900	1040.50	45.00	2153.56

	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
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Top 3 Swimmers

1	5861	Schalk Van Heerden	GN	01:59.19	961.62	00:35.34	1073.30	70.00	2104.92
2	3124	Archie Markgraaff	SFS	02:13.90	932.20	00:42.22	1038.90	120.00	2091.10
3	5387	Johanna Buys	GN	02:26.46	1063.08	01:00.63	1091.85	0.00	2154.93

	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
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Top 3 Athletes

1	2844	Kathleen Gey van Pittius	BOL	01:21.74	1072.52	00:42.01	1079.95	10.00	2162.47
2	3175	Pierre Spies	GN	02:09.15	1061.70	00:59.62	1076.90	21.00	2159.60
3	4861	Lynette Fischer	SFS	01:16.02	1059.96	00:40.22	1053.90	42.00	2155.86

	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
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U/09 GIRLS

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1	6667	Sophia Greeff	EP	01:18.29	1057.42	00:39.09	1084.55	0.00	2141.97
2	5564	Emma-Joy Potgieter	BOL	01:15.06	1063.88	00:40.65	1076.75	0.00	2140.63
3	3637	Shoana schofield	KZN	01:28.39	1037.22	00:40.48	1077.60	0.00	2114.82
4	4860	Mari Wessels	SFS	01:26.07	1041.86	00:43.53	1062.35	0.00	2104.21

5	6984	Kayla van der Merwe	WP	01:28.85	1036.30	00:43.71	1061.45	0.00	2097.75
6	3651	Ava Greyvenstein	BOR	01:31.28	1031.44	00:42.79	1066.05	0.00	2097.49
7	7500	Ziane Langenhoven	WP	01:27.82	1038.36	00:44.45	1057.75	0.00	2096.11
8	6891	Avah Jean Spies	EDEN	01:15.67	1062.66	00:49.72	1031.40	0.00	2094.06
9	5432	Lumay de Beer	MP	01:30.20	1033.60	00:44.04	1059.80	0.00	2093.40
10	7044	Aila Cilliers	SFS	01:24.05	1045.90	00:47.65	1041.75	0.00	2087.65
11	4568	Sarvani Kistnasami	KZN	01:30.05	1033.90	00:46.14	1049.30	0.00	2083.20
12	4857	Mila van Zyl	SFS	01:35.52	1022.96	00:44.59	1057.05	0.00	2080.01
13	5586	Braylee Banies	BOL	01:24.51	1044.98	00:49.04	1034.80	0.00	2079.78
14	7499	Lienke Hanekom	WP	01:20.04	1053.92	00:51.50	1022.50	0.00	2076.42
15	4655	Lilly Visser	GRI	01:29.14	1035.72	00:48.44	1037.80	0.00	2073.52
16	5520	Marli Swiegers	SFS	01:32.60	1028.80	00:47.84	1040.80	0.00	2069.60
17	5601	Imke Du Toit	BOL	01:25.91	1042.18	00:51.16	1024.20	0.00	2066.38
18	5654	Ava Leigh de Kock	NW	01:26.70	1040.60	00:51.66	1021.70	0.00	2062.30
19	6867	Ameli Kirkpatrick	GN	01:22.10	1049.80	00:54.17	1009.15	0.00	2058.95
20	6826	Nina Vlok	EDEN	01:27.59	1038.82	00:52.59	1017.05	0.00	2055.87
21	6111	Lisa Pretorius	BOL	01:28.44	1037.12	00:52.51	1017.45	0.00	2054.57
22	6815	Mila De Leeuw	NW	01:32.07	1029.86	00:51.28	1023.60	0.00	2053.46
23	7718	Mika Holder	GN	01:26.42	1041.16	00:53.97	1010.15	0.00	2051.31
24	6112	Beau Juries	BOL	01:29.05	1035.90	00:53.09	1014.55	0.00	2050.45
25	6098	Carli Labuschagne	WP	01:29.30	1035.40	00:53.22	1013.90	0.00	2049.30
26	6340	Milane Belstead	EDEN	01:37.69	1018.62	00:49.97	1030.15	0.00	2048.77
27	3653	Charlotte Bowman	BOR	01:39.19	1015.62	00:52.57	1017.15	0.00	2032.77
28	5585	Lea-Neigh Retief	BOL	01:35.11	1023.78	00:54.22	1008.90	0.00	2032.68
29	5991	Alexis van Eyssen	WP	01:26.21	1041.58	00:58.44	987.80	0.00	2029.38
30	5598	Milan Swart	BOL	01:50.42	993.16	00:51.75	1021.25	0.00	2014.41
31	7035	Su-Ane Kitching	EDEN	01:34.78	1024.44	00:59.03	984.85	0.00	2009.29

32	4853	Leah Venter	SFS	01:34.21	1025.58	01:02.85	965.75	0.00	1991.33
33	6908	Lianke Maritz	GRI	01:37.25	1019.50	01:03.72	961.40	0.00	1980.90
34	7602	Milah Liebenberg	GRI	01:31.26	1031.48	01:07.50	942.50	0.00	1973.98
35	7043	Louisa Meyer	SFS	02:01.28	971.44	00:56.22	998.90	0.00	1970.34
36	6687	Lizette Botha	GN	01:36.67	1020.66	01:07.75	941.25	0.00	1961.91
37	6466	Shayde Mae du Plessis	EDEN	01:32.42	1029.16	01:09.81	930.95	0.00	1960.11
38	6686	Santa Wagner	GN	01:33.94	1026.12	01:09.60	932.00	0.00	1958.12
39	7410	Sofia Swart	CG	01:59.87	974.26	01:19.28	883.60	0.00	1857.86
40	7783	Blanche Lubbe	GRI	01:47.38	999.24	01:25.38	853.10	0.00	1852.34
41	5990	Mia van Eyssen	WP	01:34.43	1025.14	01:31.56	822.20	0.00	1847.34
	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
U/09 BOYS				-					
1	7417	Karlo Marais	BOL	01:15.19	1055.62	00:40.16	1054.20	0.00	2109.82
2	6159	Henry Copeland	BOL	01:17.96	1050.08	00:43.11	1039.45	0.00	2089.53
3	6287	Michael Maposa	WP	01:25.55	1034.90	00:41.44	1047.80	0.00	2082.70
4	4850	Justus van Zyl	SFS	01:18.26	1049.48	00:44.57	1032.15	0.00	2081.63
5	7204	Caden Sullwald	LIM	01:25.29	1035.42	00:42.28	1043.60	0.00	2079.02
6	7765	Daniel Martins	EDEN	01:22.15	1041.70	00:44.68	1031.60	0.00	2073.30
7	6518	Blake Truter	GN	01:22.89	1040.22	00:44.80	1031.00	0.00	2071.22
8	7482	Ethan Bland	WP	01:22.31	1041.38	00:45.07	1029.65	0.00	2071.03
9	5179	Stian Gericke	WP	01:26.87	1032.26	00:44.44	1032.80	0.00	2065.06
10	7032	Andre Steyn	EDEN	01:21.45	1043.10	00:46.72	1021.40	0.00	2064.50
11	6060	Jean-Luc Van der Merwe	BOL	01:27.22	1031.56	00:44.59	1032.05	0.00	2063.61
12	7031	Leo Castanho	EDEN	01:22.40	1041.20	00:46.68	1021.60	0.00	2062.80
13	7312	Wouter Van Heerden	BOL	01:17.64	1050.72	00:49.68	1006.60	0.00	2057.32
14	6107	Dawie Frylinck	BOL	01:20.27	1045.46	00:49.03	1009.85	0.00	2055.31
15	6391	Tinus Nieuwenhuis	EDEN	01:25.97	1034.06	00:46.92	1020.40	0.00	2054.46

16	5759	Kobus Meintjies	BOL	01:21.83	1042.34	00:49.34	1008.30	0.00	2050.64
17	7514	Joshua Van Niekerk	LIM	01:30.15	1025.70	00:46.11	1024.45	0.00	2050.15
18	5081	Lyndon Scott	SFS	01:34.53	1016.94	00:44.58	1032.10	0.00	2049.04
19	6740	Johannes Lesch	BOL	01:25.55	1034.90	00:48.78	1011.10	0.00	2046.00
20	6031	Roelf Jacobs	WP	01:23.40	1039.20	00:50.09	1004.55	0.00	2043.75
21	6356	Christiaan Lamprecht	EDEN	01:17.12	1051.76	00:53.03	989.85	0.00	2041.61
22	7534	Joshuah Sutton	NW	01:33.92	1018.16	00:46.84	1020.80	0.00	2038.96
23	6484	Ernst Niemann	SFS	01:28.84	1028.32	00:49.50	1007.50	0.00	2035.82
24	7657	Landon Wright-Smouse	CG	01:24.72	1036.56	00:52.07	994.65	0.00	2031.21
25	6204	Nathan Koedyk	MP	01:33.54	1018.92	00:48.59	1012.05	0.00	2030.97
26	4072	Lealdo Wessels	MP	01:18.96	1048.08	00:54.69	981.55	0.00	2029.63
27	6994	Aidan Sprong	WP	01:23.99	1038.02	00:53.37	988.15	0.00	2026.17
28	6404	Jancu Greyling	NW	01:25.23	1035.54	00:55.53	977.35	0.00	2012.89
29	6786	Dwayne Roodt	MP	01:32.65	1020.70	00:52.60	992.00	0.00	2012.70
30	5559	Lukas van Wyngaard	EDEN	01:28.51	1028.98	00:55.69	976.55	0.00	2005.53
31	6612	Dian Bam	SFS	01:30.44	1025.12	00:55.13	979.35	0.00	2004.47
32	6749	JJ van der Westhuizen	GN	01:20.55	1044.90	01:00.41	952.95	0.00	1997.85
33	6242	Reinardt Huyser	GRI	01:38.87	1008.26	00:53.15	989.25	0.00	1997.51
34	5519	D'hon Piechaczek	SFS	01:36.99	1012.02	00:54.90	980.50	0.00	1992.52
35	7018	Dian Botha	MP	01:20.52	1044.96	01:02.69	941.55	0.00	1986.51
36	6547	Jonathan du Plessis	SFS	01:37.51	1010.98	00:57.98	965.10	0.00	1976.08
37	6243	Lefran Marais	EDEN	01:27.58	1030.84	01:02.43	942.85	0.00	1973.69
38	7416	P G Schilder	WP	01:35.05	1015.90	01:01.50	947.50	0.00	1963.40
39	6671	Reinhardt Hattingh	GRI	01:33.87	1018.26	01:12.05	894.75	0.00	1913.01
40	7268	Iwan van Rooyen	GN	01:44.19	997.62	01:11.57	897.15	0.00	1894.77

	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
U/11 GIRLS				-					
1	7107	Annah-Joy Sterne	BOL	01:13.77	1048.46	00:35.56	1052.20	0.00	2100.66
2	4729	Elmare Naude	EP	01:10.65	1054.70	00:38.04	1039.80	0.00	2094.50
3	3090	Leah Marais	EP	01:12.23	1051.54	00:37.78	1041.10	0.00	2092.64
4	4952	Mieke Labuschagne	WP	01:13.71	1048.58	00:38.25	1038.75	0.00	2087.33
5	2402	Millay de Kock	NW	01:14.82	1046.36	00:38.15	1039.25	0.00	2085.61
6	4835	Anzèl Swiegers	SFS	01:17.62	1040.76	00:37.20	1044.00	0.00	2084.76
7	2583	Milan Ferreira	BOL	01:12.91	1050.18	00:39.19	1034.05	0.00	2084.23
8	3719	Ava Els	EP	01:17.16	1041.68	00:38.06	1039.70	0.00	2081.38
9	3661	Sadie Els	BOR	01:17.67	1040.66	00:38.18	1039.10	0.00	2079.76
10	4828	Dia Hobbs	MP	01:15.15	1045.70	00:39.37	1033.15	0.00	2078.85
11	6818	Lea de Jager	EDEN	01:22.90	1030.20	00:36.34	1048.30	0.00	2078.50
12	3817	Mia Schellink	EP	01:19.17	1037.66	00:38.03	1039.85	0.00	2077.51
13	7161	Cara Christie	LIM	01:13.57	1048.86	00:41.50	1022.50	0.00	2071.36
14	3489	Lenè Wessels	SFS	01:16.67	1042.66	00:40.29	1028.55	0.00	2071.21
15	4676	Sophia Strydom	WP	01:15.33	1045.34	00:40.84	1025.80	0.00	2071.14
16	3381	Kari Gericke	WP	01:20.95	1034.10	00:38.61	1036.95	0.00	2071.05
17	4856	Lua Haasbroek	SFS	01:20.49	1035.02	00:39.32	1033.40	0.00	2068.42
18	4869	Misha Meyer	EDEN	01:17.65	1040.70	00:40.70	1026.50	0.00	2067.20
19	5581	Irma-Ann Orffer	BOL	01:14.14	1047.72	00:42.22	1018.90	0.00	2066.62
20	5638	Leah de Wet	EDEN	01:19.30	1037.40	00:40.16	1029.20	0.00	2066.60
21	5583	Jani Swanevelder	BOL	01:16.95	1042.10	00:41.28	1023.60	0.00	2065.70
22	7460	Aria Perdijk	GN	01:24.17	1027.66	00:38.42	1037.90	0.00	2065.56
23	4141	Kate Gey van Pittius	BOL	01:15.71	1044.58	00:41.88	1020.60	0.00	2065.18
24	5540	Mieke Roos	EDEN	01:25.81	1024.38	00:38.09	1039.55	0.00	2063.93
25	4539	Ella Odendaal	WP	01:19.06	1037.88	00:40.81	1025.95	0.00	2063.83
26	4898	Peyton Strydom	GN	01:21.83	1032.34	00:39.87	1030.65	0.00	2062.99
27	5300	Kristi Marais	SFS	01:22.14	1031.72	00:40.11	1029.45	0.00	2061.17

28	7708	Farrah Bekker	GN	01:20.83	1034.34	00:41.03	1024.85	0.00	2059.19
29	5574	Ava Kruger	BOL	01:16.00	1044.00	00:43.31	1013.45	0.00	2057.45
30	3745	Kayla Fouche	WP	01:18.18	1039.64	00:42.59	1017.05	0.00	2056.69
31	7502	Zuri Zwane	KZN	01:28.05	1019.90	00:38.65	1036.75	0.00	2056.65
32	6692	Minay Boshoff	GN	01:22.52	1030.96	00:41.23	1023.85	0.00	2054.81
33	4943	Yolla Mario	GRI	01:17.90	1040.20	00:43.75	1011.25	0.00	2051.45
34	6262	Jala Olivier	CG	01:26.54	1022.92	00:40.38	1028.10	0.00	2051.02
35	7445	Amery Vermaak	LIM	01:29.93	1016.14	00:39.37	1033.15	0.00	2049.29
36	6789	Jané Barnard	MP	01:32.51	1010.98	00:38.73	1036.35	0.00	2047.33
37	6666	Amelie Greeff	EP	01:20.03	1035.94	00:43.80	1011.00	0.00	2046.94
38	3654	Bethany Pierce	BOR	01:34.48	1007.04	00:38.09	1039.55	0.00	2046.59
39	6748	Lemay van der Westhuizen	GN	01:09.62	1056.76	00:48.13	989.35	0.00	2046.11
40	7802	Ivy Wilkins	GN	01:23.92	1028.16	00:43.00	1015.00	0.00	2043.16
41	7671	Aninka Terblanche	EDEN	01:26.74	1022.52	00:41.88	1020.60	0.00	2043.12
42	3663	Emma Goldswain	BOR	01:22.59	1030.82	00:43.84	1010.80	0.00	2041.62
43	6574	Alexis Barendse	EP	01:22.37	1031.26	00:43.97	1010.15	0.00	2041.41
44	6901	Jahne Fick	GRI	01:21.26	1033.48	00:44.53	1007.35	0.00	2040.83
45	4314	Ashery Grobler	GRI	01:25.64	1024.72	00:42.85	1015.75	0.00	2040.47
46	4989	Mila Nieman	GN	01:15.52	1044.96	00:46.93	995.35	0.00	2040.31
47	6950	Klara van Bergen	GRI	01:22.20	1031.60	00:44.78	1006.10	0.00	2037.70
48	5498	Margaret Rall	EDEN	01:23.32	1029.36	00:45.02	1004.90	0.00	2034.26
49	5919	Clara Deacon	SFS	01:25.57	1024.86	00:44.42	1007.90	0.00	2032.76
50	6186	Anke-Mari Roets	EP	01:13.92	1048.16	00:49.31	983.45	0.00	2031.61
51	5969	Cahrie [Catharina Elizabeth] Nel	GN	01:28.01	1019.98	00:43.74	1011.30	0.00	2031.28
52	2290	Nina Vancoillie	WP	01:20.02	1035.96	00:46.94	995.30	0.00	2031.26
53	5331	Demi Scholl	BOR	01:28.97	1018.06	00:43.47	1012.65	0.00	2030.71
54	4983	Micah Bezuidenhout	EDEN	01:26.06	1023.88	00:45.22	1003.90	0.00	2027.78
55	4810	Annabel Swart	BOL	01:40.05	995.90	00:39.68	1031.60	0.00	2027.50

56	7275	Isabeau Malan	GN	01:18.65	1038.70	00:48.24	988.80	0.00	2027.50
57	7324	Sarah-faye Lubbe	GRI	01:26.21	1023.58	00:45.41	1002.95	0.00	2026.53
58	7165	Chenique Barnard	LIM	01:28.73	1018.54	00:44.72	1006.40	0.00	2024.94
59	7001	Tyla Grobler	EP	01:45.56	984.88	00:37.99	1040.05	0.00	2024.93
60	4689	Milaney Botha	BOR	01:23.65	1028.70	00:47.25	993.75	0.00	2022.45
61	5547	Jana Snyman	EDEN	01:29.96	1016.08	00:44.84	1005.80	0.00	2021.88
62	5753	Liani Jacobs	WP	01:27.72	1020.56	00:46.25	998.75	0.00	2019.31
63	5326	Elmi van Heerden	SFS	01:33.91	1008.18	00:44.87	1005.65	0.00	2013.83
64	4481	Lilibeth Kriel	WP	01:28.34	1019.32	00:47.15	994.25	0.00	2013.57
65	5082	Lia Geldenhuys	SFS	01:21.26	1033.48	00:50.46	977.70	0.00	2011.18
66	5627	Liane van Zyl	NW	01:34.93	1006.14	00:45.06	1004.70	0.00	2010.84
67	6526	Zara Hindson	KZN	01:36.62	1002.76	00:44.47	1007.65	0.00	2010.41
68	7542	Clara Ehlers	WP	01:22.50	1031.00	00:50.13	979.35	0.00	2010.35
69	4984	Olivia Lamprecht	EDEN	01:33.29	1009.42	00:46.75	996.25	0.00	2005.67
70	2734	Lee-Anne Botha	MP	01:19.69	1036.62	00:53.13	964.35	0.00	2000.97
71	7513	Abigail Van Niekerk	LIM	01:37.77	1000.46	00:47.21	993.95	0.00	1994.41
72	4578	Lakin Leibbrandt	WP	01:35.49	1005.02	00:48.34	988.30	0.00	1993.32
73	7221	Zoey Arlow	NW	01:43.71	988.58	00:45.84	1000.80	0.00	1989.38
74	5906	Esmere Maritz	GRI	01:38.87	998.26	00:48.03	989.85	0.00	1988.11
75	5398	Jesse Du Preez	GN	01:16.26	1043.48	00:58.25	938.75	0.00	1982.23
76	6778	Caromi Strydom	MP	01:24.40	1027.20	00:56.56	947.20	0.00	1974.40
77	5086	Minke Swart	CG	01:28.47	1019.06	00:54.99	955.05	0.00	1974.11
78	7147	Anna Katrien Visser	LIM	01:32.21	1011.58	00:53.62	961.90	0.00	1973.48
79	5657	Lerike Barnard	NW	01:27.43	1021.14	00:55.62	951.90	0.00	1973.04
80	7612	Nikané Greyvenstein	BOR	01:47.82	980.36	00:49.13	984.35	0.00	1964.71
81	6895	Jana du Toit	GRI	01:26.91	1022.18	00:59.65	931.75	0.00	1953.93
82	7742	Anle Beukes	NFS	01:21.62	1032.76	01:04.25	908.75	0.00	1941.51
83	3783	Alta Snyman	SFS	01:37.51	1000.98	00:58.50	937.50	0.00	1938.48

84	7702	Anja Kruger	NFS	01:50.80	974.40	01:09.61	881.95	0.00	1856.35
85	7143	Czigany Kerspuy	BOR	01:31.31	1013.38	00:00.00	0.00	0.00	1013.38
	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
U/11 BOYS				-					
1	3796	Blake Fischer	EP	01:08.34	1057.32	00:31.73	1061.35	0.00	2118.67
2	4897	Liam Venter	GN	01:07.98	1058.04	00:32.66	1056.70	0.00	2114.74
3	2801	Jordaan Stemmet	BOL	01:05.76	1062.48	00:36.29	1038.55	0.00	2101.03
4	3498	Markus Gutter	SFS	01:12.74	1048.52	00:34.41	1047.95	0.00	2096.47
5	5764	Regard Du Preez	BOL	01:09.48	1055.04	00:36.69	1036.55	0.00	2091.59
6	6924	Jax Louw	BOL	01:09.73	1054.54	00:36.93	1035.35	0.00	2089.89
7	3067	Jacq John van Schalkwyk	EP	01:10.70	1052.60	00:36.59	1037.05	0.00	2089.65
8	3601	Markú Loubser	WP	01:13.42	1047.16	00:36.40	1038.00	0.00	2085.16
9	6161	Xander Koedyk	MP	01:11.40	1051.20	00:37.29	1033.55	0.00	2084.75
10	6822	Rohan Marco Botha	EDEN	01:17.28	1039.44	00:34.97	1045.15	0.00	2084.59
11	6653	Lihan Lerm	WP	01:15.44	1043.12	00:36.08	1039.60	0.00	2082.72
12	2105	Rynhardt Van den Bergh	GRI	01:11.42	1051.16	00:37.94	1030.30	0.00	2081.46
13	3470	Franco Pelser	SFS	01:12.02	1049.96	00:37.99	1030.05	0.00	2080.01
14	5336	Ian Engelbrecht	MP	01:16.59	1040.82	00:36.44	1037.80	0.00	2078.62
15	6658	Simon Tredoux	WP	01:18.93	1036.14	00:36.19	1039.05	0.00	2075.19
16	6898	Joshua Burrows	EDEN	01:19.15	1035.70	00:36.56	1037.20	0.00	2072.90
17	6572	Joshua Barendse	EP	01:17.31	1039.38	00:37.35	1033.25	0.00	2072.63
18	3040	Conrad Kriel	WP	01:14.13	1045.74	00:38.66	1026.70	0.00	2072.44
19	6527	Ewan Fick	KZN	01:15.40	1043.20	00:38.36	1028.20	0.00	2071.40
20	4081	Marais Basson	BOL	01:13.06	1047.88	00:39.34	1023.30	0.00	2071.18
21	5653	McNeil Marques De Waal	GRI	01:18.12	1037.76	00:37.35	1033.25	0.00	2071.01
22	4818	BRAAM SNYDERS	NFS	01:14.53	1044.94	00:39.19	1024.05	0.00	2068.99
23	3376	Bernard	EDEN	01:07.57	1058.86	00:42.01	1009.95	0.00	2068.81

Lamprecht									
24	5845	Wian Prinsloo	LIM	01:17.60	1038.80	00:38.40	1028.00	0.00	2066.80
25	6669	Harrison Williams	MP	01:15.31	1043.38	00:39.35	1023.25	0.00	2066.63
26	7575	Janko Ritchie	GN	01:22.28	1029.44	00:37.03	1034.85	0.00	2064.29
27	2772	Rikhart de Ridder	EP	01:19.88	1034.24	00:38.07	1029.65	0.00	2063.89
28	7260	Tyler Janse Van Rensburg	BOR	01:18.66	1036.68	00:38.58	1027.10	0.00	2063.78
29	7341	Pieter-Daniel De Wet	BOL	01:15.44	1043.12	00:40.37	1018.15	0.00	2061.27
30	5551	Burt Nieuwenhuis	EDEN	01:13.91	1046.18	00:41.00	1015.00	0.00	2061.18
31	2032	Rudolf Smith	EDEN	01:11.03	1051.94	00:42.47	1007.65	0.00	2059.59
32	2980	Cobus Wentzel	WP	01:17.00	1040.00	00:40.31	1018.45	0.00	2058.45
33	5837	Daniel Terblanche	LIM	01:15.68	1042.64	00:41.03	1014.85	0.00	2057.49
34	5894	Johannes Jakobus Carsten	GRI	01:19.50	1035.00	00:39.59	1022.05	0.00	2057.05
35	5996	Motlatsi Khahledi	WP	01:20.98	1032.04	00:39.06	1024.70	0.00	2056.74
36	6044	Jan-Daniel Human	BOL	01:21.22	1031.56	00:39.08	1024.60	0.00	2056.16
37	6816	Liam De Leeuw	NW	01:14.91	1044.18	00:41.64	1011.80	0.00	2055.98
38	5579	Cobus Els	BOL	01:16.95	1040.10	00:41.19	1014.05	0.00	2054.15
39	5080	Ludwig Niemann	SFS	01:20.65	1032.70	00:39.71	1021.45	0.00	2054.15
40	6830	De Wet Venter	EDEN	01:15.69	1042.62	00:42.44	1007.80	0.00	2050.42
41	6823	Bastiaan David Botha	EDEN	01:20.73	1032.54	00:40.60	1017.00	0.00	2049.54
42	6651	Ethan Schutte	WP	01:26.39	1021.22	00:39.50	1022.50	0.00	2043.72
43	3387	Wihan Pretorius	GRI	01:22.82	1028.36	00:41.57	1012.15	0.00	2040.51
44	5928	Reinhardt Loubser	GRI	01:16.41	1041.18	00:44.37	998.15	0.00	2039.33
45	7623	Lohan Kapp	EP	01:17.07	1039.86	00:44.17	999.15	0.00	2039.01
46	6694	David McKechnie	GN	01:20.38	1033.24	00:43.11	1004.45	0.00	2037.69
47	4076	Lian Hattingh	EDEN	01:17.82	1038.36	00:44.25	998.75	0.00	2037.11
48	4727	Lodewyk Moolman	EP	01:21.80	1030.40	00:43.06	1004.70	0.00	2035.10
49	3667	Marlo van	BOR	01:23.32	1027.36	00:42.55	1007.25	0.00	2034.61

Daalen									
50	4865	CG Combrink	SFS	01:19.77	1034.46	00:44.02	999.90	0.00	2034.36
51	6546	Ockert du Plessis	SFS	01:22.96	1028.08	00:43.10	1004.50	0.00	2032.58
52	7181	Luke Arnold	KZN	01:18.97	1036.06	00:45.09	994.55	0.00	2030.61
53	5645	Geo March	GRI	01:20.96	1032.08	00:44.54	997.30	0.00	2029.38
54	5748	Van Zyl Victor	GRI	01:21.32	1031.36	00:44.47	997.65	0.00	2029.01
55	6244	Eben Jordaan	EDEN	01:18.09	1037.82	00:46.00	990.00	0.00	2027.82
56	7653	Phillip Schoeman	EP	01:18.18	1037.64	00:46.03	989.85	0.00	2027.49
57	7175	Aldo Vorster	LIM	01:31.19	1011.62	00:41.03	1014.85	0.00	2026.47
58	5652	Dirk Johannes Crafford	GRI	01:17.54	1038.92	00:47.17	984.15	0.00	2023.07
59	6637	Matthew Bland	WP	01:28.06	1017.88	00:43.02	1004.90	0.00	2022.78
60	7228	Albert Smith	LIM	01:19.42	1035.16	00:46.50	987.50	0.00	2022.66
61	6261	Aidan Pelser	CG	01:21.64	1030.72	00:45.69	991.55	0.00	2022.27
62	5875	GJ Kleynhans	NW	01:17.09	1039.82	00:47.63	981.85	0.00	2021.67
63	4839	Derik Upton	SFS	01:21.87	1030.26	00:45.80	991.00	0.00	2021.26
64	5487	Ehlers van Zyl	NW	01:20.63	1032.74	00:46.32	988.40	0.00	2021.14
65	7219	Petrus Marthinus Ferreira	NW	01:22.24	1029.52	00:47.06	984.70	0.00	2014.22
66	7153	Jan-Hendrik Grobler	LIM	01:18.36	1037.28	00:48.66	976.70	0.00	2013.98
67	7701	Enrico du Preez	NFS	01:25.70	1022.60	00:45.97	990.15	0.00	2012.75
68	5908	Marthinus Jacobus Huyser	GRI	01:23.69	1026.62	00:47.03	984.85	0.00	2011.47
69	6565	Liham Labuschagne	EP	01:27.07	1019.86	00:46.71	986.45	0.00	2006.31
70	6494	Chris Lotriet	SFS	01:24.17	1025.66	00:47.91	980.45	0.00	2006.11
71	5925	Jan-Daniel Louw	GRI	01:24.61	1024.78	00:48.91	975.45	0.00	2000.23
72	6916	Hennie Janse van Rensburg	NW	01:18.78	1036.44	00:51.49	962.55	0.00	1998.99
73	5687	Estian Lourens Hattingh	GRI	01:25.30	1023.40	00:48.91	975.45	0.00	1998.85
74	6691	Christoff Botha	GN	01:22.59	1028.82	00:50.09	969.55	0.00	1998.37
75	5189	Khaya Xulu	KZN	01:41.56	990.88	00:42.58	1007.10	0.00	1997.98
76	7227	Johan Bester	NW	01:29.31	1015.38	00:47.56	982.20	0.00	1997.58

77	6190	Kiano Crous	MP	01:16.14	1041.72	00:53.03	954.85	0.00	1996.57
78	5939	Bernard Breet	MP	01:24.59	1024.82	00:50.44	967.80	0.00	1992.62
79	7218	Cornelis Stefanus Ferreira	NW	01:23.41	1027.18	00:53.69	951.55	0.00	1978.73
80	5451	Riekard Van Rooyen	GN	01:33.63	1006.74	00:49.96	970.20	0.00	1976.94
81	6978	John Swart	CG	01:37.19	999.62	00:48.55	977.25	0.00	1976.87
82	5718	Dewan Smit	NW	01:28.35	1017.30	00:52.31	958.45	0.00	1975.75
83	5256	Chris Kotze	SFS	01:42.89	988.22	00:46.90	985.50	0.00	1973.72
84	5452	Luhan Van Rooyen	GN	01:21.93	1030.14	00:55.73	941.35	0.00	1971.49
85	6911	Ben Riley	GRI	01:27.39	1019.22	00:53.83	950.85	0.00	1970.07
86	6268	Albert Bruckner	WP	01:34.03	1005.94	00:53.15	954.25	0.00	1960.19
87	3893	Auret Basson	NW	01:34.41	1005.18	00:55.19	944.05	0.00	1949.23
88	6722	Kian Gauche	GN	01:40.29	993.42	01:07.85	880.75	0.00	1874.17
89	7262	Paul Zietsman	NW	01:24.03	1025.94	01:35.94	740.30	0.00	1766.24
	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
U/13 GIRLS				-					
1	1021	Zane Esterhuizen	BOL	02:23.00	1076.00	00:33.72	1042.80	0.00	2118.80
2	2367	Hannah Morgado	MP	02:38.12	1045.76	00:32.38	1056.20	0.00	2101.96
3	2419	Jua Jonker	NW	02:36.27	1049.46	00:32.92	1050.80	0.00	2100.26
4	4982	Keyla Douglas	EDEN	02:40.58	1040.84	00:32.64	1053.60	0.00	2094.44
5	1567	Carinke Wessels	SFS	02:46.98	1028.04	00:31.81	1061.90	0.00	2089.94
6	2958	Hayley Greyvenstein	BOR	02:51.96	1018.08	00:31.58	1064.20	0.00	2082.28
7	2660	Lize-Mari Beyers	BOL	02:53.28	1015.44	00:32.24	1057.60	0.00	2073.04
8	3771	Annabelle van Onselen	WP	02:42.94	1036.12	00:34.65	1033.50	0.00	2069.62
9	7301	Minneka Burden	BOL	02:43.73	1034.54	00:34.59	1034.10	0.00	2068.64
10	6997	Saskia Gilligan	WP	02:49.52	1022.96	00:33.78	1042.20	0.00	2065.16
11	2602	Zanli Le Roux	BOL	02:45.28	1031.44	00:34.69	1033.10	0.00	2064.54
12	3638	Sarah schofield	KZN	02:57.03	1007.94	00:32.44	1055.60	0.00	2063.54

13	4538	Sarah - Kate Odendaal	WP	03:02.57	996.86	00:31.82	1061.80	0.00	2058.66
14	2396	Mieke Burger	BOL	02:43.71	1034.58	00:35.76	1022.40	0.00	2056.98
15	4486	Nicola Nysschen	GRI	02:50.37	1021.26	00:34.83	1031.70	0.00	2052.96
16	3988	Joani Mathewson	GRI	02:44.77	1032.46	00:36.31	1016.90	0.00	2049.36
17	1976	Kaylyn Grace Blair	SFS	02:49.07	1023.86	00:35.74	1022.60	0.00	2046.46
18	7756	Mia Bronn	EDEN	02:38.90	1044.20	00:37.81	1001.90	0.00	2046.10
19	6971	Jemma Hodgkinson	CG	02:47.64	1026.72	00:36.62	1013.80	0.00	2040.52
20	3266	Mariane Labuschagne	EDEN	02:53.73	1014.54	00:35.44	1025.60	0.00	2040.14
21	2552	Ane Human	BOL	02:50.79	1020.42	00:36.03	1019.70	0.00	2040.12
22	5357	Mika Pelser	CG	02:56.82	1008.36	00:34.95	1030.50	0.00	2038.86
23	1552	Z'Ney Piechazek	SFS	02:49.57	1022.86	00:36.48	1015.20	0.00	2038.06
24	3549	Bailey Bowman	BOR	02:48.28	1025.44	00:36.85	1011.50	0.00	2036.94
25	5740	Maya Schenck	WP	02:54.22	1013.56	00:36.50	1015.00	0.00	2028.56
26	7026	Aliana Stipeć	EDEN	02:51.03	1019.94	00:37.50	1005.00	0.00	2024.94
27	1885	Mieke Buitendag	EDEN	02:50.96	1020.08	00:37.55	1004.50	0.00	2024.58
28	2106	Lisan Joubert	GRI	02:52.20	1017.60	00:37.38	1006.20	0.00	2023.80
29	7184	Rachel De Fleuriot	KZN	03:00.27	1001.46	00:35.83	1021.70	0.00	2023.16
30	3605	Dine van de Wal	WP	02:48.57	1024.86	00:38.18	998.20	0.00	2023.06
31	6015	Inge Jansen van Vuuren	LIM	02:51.50	1019.00	00:37.75	1002.50	0.00	2021.50
32	2699	Cume Mouton	BOL	02:59.21	1003.58	00:36.35	1016.50	0.00	2020.08
33	6339	Ashley T Mwaita	EDEN	02:42.64	1036.72	00:40.03	979.70	0.00	2016.42
34	2135	Elmine Opperman	GRI	02:54.75	1012.50	00:37.66	1003.40	0.00	2015.90
35	5087	Milla Swart	CG	02:55.42	1011.16	00:37.61	1003.90	0.00	2015.06
36	3404	Caitlin Lombard	BOR	02:45.25	1031.50	00:40.35	976.50	0.00	2008.00
37	6570	Rebecca Joubert	EP	03:17.77	966.46	00:34.24	1037.60	0.00	2004.06
38	4071	Lia van Heerden	SFS	03:23.91	954.18	00:33.21	1047.90	0.00	2002.08
39	3161	Nienke	NFS	03:10.40	981.20	00:36.00	1020.00	0.00	2001.20

Eksteen									
40	5485	Layla Viljoen	NW	02:42.26	1037.48	00:41.84	961.60	0.00	1999.08
41	5431	Zeney de Beer	MP	03:03.97	994.06	00:37.50	1005.00	0.00	1999.06
42	6730	Megan Du Plessis	GN	02:48.07	1025.86	00:40.83	971.70	0.00	1997.56
43	6568	Miah de Witt	EP	03:12.77	976.46	00:37.25	1007.50	0.00	1983.96
44	6264	Danille de Jager	CG	02:57.19	1007.62	00:40.49	975.10	0.00	1982.72
45	1974	Tenè Venter	SFS	02:53.79	1014.42	00:41.18	968.20	0.00	1982.62
46	4784	EMILIE BOTHA	NFS	03:08.87	984.26	00:38.30	997.00	0.00	1981.26
47	1948	Emma Du Toit	SFS	03:28.88	944.24	00:35.57	1024.30	0.00	1968.54
48	6545	Mienka de Klerk	SFS	03:11.02	979.96	00:39.56	984.40	0.00	1964.36
49	3467	Elmanè De Wet	SFS	03:17.32	967.36	00:38.38	996.20	0.00	1963.56
50	3674	Wyllow Halse	BOR	03:15.90	970.20	00:38.67	993.30	0.00	1963.50
51	3606	Kaylee van de Wal	WP	03:26.10	949.80	00:37.69	1003.10	0.00	1952.90
52	6661	Skyler Muller	BOR	03:28.10	945.80	00:37.46	1005.40	0.00	1951.20
53	2138	Nina Groenewald	GRI	03:19.81	962.38	00:39.34	986.60	0.00	1948.98
54	7056	Anya Jordaan	NW	02:55.84	1010.32	00:45.12	928.80	0.00	1939.12
55	6967	Nikka Burger	CG	03:22.32	957.36	00:40.03	979.70	0.00	1937.06
56	3899	Mieke Stoltz	MP	03:09.13	983.74	00:43.04	949.60	0.00	1933.34
57	6012	Marile Gouws	LIM	02:57.94	1006.12	00:45.42	925.80	0.00	1931.92
58	6412	Hanneke Kock	GRI	03:36.64	928.72	00:37.75	1002.50	0.00	1931.22
59	4452	Ané Hellmuth	GRI	03:21.33	959.34	00:41.43	965.70	0.00	1925.04
60	3205	Janelle Coertze	GN	03:20.20	961.60	00:41.69	963.10	0.00	1924.70
61	7003	Inge Jukel	EP	03:07.32	987.36	00:44.91	930.90	0.00	1918.26
62	7263	Magriet Zietsman	NW	03:13.27	975.46	00:44.21	937.90	0.00	1913.36
63	7002	Iane Jukel	EP	02:47.35	1027.30	00:49.67	883.30	0.00	1910.60
64	7640	Minke Marincowitz	EP	03:07.09	987.82	00:47.00	910.00	0.00	1897.82
65	7799	Kiara Botha	BOR	03:06.82	988.36	00:49.22	887.80	0.00	1876.16
66	7008	Sophia Read	WP	03:34.16	933.68	00:47.53	904.70	0.00	1838.38
67	4448	Marné van Eyssen	WP	03:22.66	956.68	00:50.65	873.50	0.00	1830.18

	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
U/13 BOYS				-					
1	2774	Jordan Heath	EP	02:30.24	1059.52	00:28.76	1072.40	0.00	2131.92
2	3260	Llewellyn Orffer	GRI	02:28.65	1062.70	00:30.45	1055.50	0.00	2118.20
3	2970	Carter Palmer	BOR	02:22.26	1075.48	00:31.85	1041.50	0.00	2116.98
4	3731	JC Bester	SFS	02:21.63	1076.74	00:32.48	1035.20	0.00	2111.94
5	4603	Reynardt Grobler	BOL	02:40.24	1039.52	00:29.87	1061.30	0.00	2100.82
6	3632	Malakai Seppings	KZN	02:39.84	1040.32	00:30.02	1059.80	0.00	2100.12
7	2913	Wanru Haasbroek	EDEN	02:21.27	1077.46	00:34.50	1015.00	0.00	2092.46
8	4929	Reynhardt Jacobs	GN	02:33.34	1053.32	00:32.92	1030.80	0.00	2084.12
9	4867	Judah Spies	EDEN	02:28.39	1063.22	00:34.48	1015.20	0.00	2078.42
10	4129	Juan Le Roux	BOL	02:36.35	1047.30	00:33.76	1022.40	0.00	2069.70
11	5170	Ewan Kriel	WP	02:35.89	1048.22	00:34.11	1018.90	0.00	2067.12
12	2107	Noah Visser	GRI	02:34.50	1051.00	00:34.51	1014.90	0.00	2065.90
13	3866	Jack Clifford	BOR	02:43.81	1032.38	00:32.91	1030.90	0.00	2063.28
14	2598	Matthys Potgieter	BOL	02:40.20	1039.60	00:34.00	1020.00	0.00	2059.60
15	5088	Henning Bouwer	CG	02:36.51	1046.98	00:34.83	1011.70	0.00	2058.68
16	2195	Tommie Wessels	SFS	02:49.58	1020.84	00:32.59	1034.10	0.00	2054.94
17	2109	Phillip Riley	GRI	02:41.47	1037.06	00:34.47	1015.30	0.00	2052.36
18	4128	Anthony Le Roux	BOL	02:42.61	1034.78	00:34.51	1014.90	0.00	2049.68
19	6701	Luke Oppen	GN	02:57.67	1004.66	00:31.53	1044.70	0.00	2049.36
20	6998	Cooper Gilligan	WP	02:36.91	1046.18	00:35.69	1003.10	0.00	2049.28
21	2439	Andrew Albert Lubbe	GRI	02:42.23	1035.54	00:34.84	1011.60	0.00	2047.14
22	4557	William Scholtz	WP	02:37.85	1044.30	00:35.85	1001.50	0.00	2045.80
23	4902	Anrich Kruger	GN	02:29.49	1061.02	00:37.60	984.00	0.00	2045.02
24	4838	Danru Burger	SFS	02:43.67	1032.66	00:34.96	1010.40	0.00	2043.06

25	7748	FG Bekker	EDEN	02:44.03	1031.94	00:34.95	1010.50	0.00	2042.44
26	2634	Niel Naude	BOL	02:34.76	1050.48	00:37.24	987.60	0.00	2038.08
27	6508	Matthew du Plessis	SFS	02:46.78	1026.44	00:34.94	1010.60	0.00	2037.04
28	4178	Danco Brits	GRI	02:46.02	1027.96	00:35.10	1009.00	0.00	2036.96
29	1640	Fanie Barnard	SFS	02:33.86	1052.28	00:37.55	984.50	0.00	2036.78
30	2510	Barend Spreeth	BOL	02:40.52	1038.96	00:36.69	993.10	0.00	2032.06
31	2285	Ryan Fouche	WP	02:53.42	1013.16	00:34.47	1015.30	0.00	2028.46
32	5800	Azar Scheepers	BOL	02:49.96	1020.08	00:35.28	1007.20	0.00	2027.28
33	2008	Michael Marais	LIM	02:51.53	1016.94	00:35.33	1006.70	0.00	2023.64
34	2359	Estevan Wessels	MP	02:37.84	1044.32	00:38.52	974.80	0.00	2019.12
35	6072	Juan Roets	EP	02:48.32	1023.36	00:36.44	995.60	0.00	2018.96
36	6827	Eduard Snyman	EDEN	02:33.48	1053.04	00:39.60	964.00	0.00	2017.04
37	5365	Eben Human	GN	02:53.37	1013.26	00:36.28	997.20	0.00	2010.46
38	6558	Ewaldt Hamman	KZN	02:58.66	1002.68	00:35.80	1002.00	0.00	2004.68
39	4862	Luan Bester	SFS	02:48.71	1022.58	00:37.84	981.60	0.00	2004.18
40	4914	Aiden van der Merwe	GN	03:00.16	999.68	00:35.79	1002.10	0.00	2001.78
41	6286	Paul Maposa	WP	02:58.24	1003.52	00:36.24	997.60	0.00	2001.12
42	3089	Christiaan Marais	EP	02:45.28	1029.44	00:39.34	966.60	0.00	1996.04
43	5499	Thys Rall	EDEN	02:59.34	1001.32	00:37.08	989.20	0.00	1990.52
44	3202	Rigter Van Wyngaard	GN	03:10.89	978.22	00:34.78	1012.20	0.00	1990.42
45	1646	Henri Pretorius;	WP	03:01.85	996.30	00:36.78	992.20	0.00	1988.50
46	7503	Brody Jackson	KZN	03:04.27	991.46	00:36.54	994.60	0.00	1986.06
47	2412	Stefanus Louw	WP	02:52.96	1014.08	00:38.92	970.80	0.00	1984.88
48	2921	Wiam Derbyshire	EDEN	03:04.08	991.84	00:37.08	989.20	0.00	1981.04
49	6265	Henrik Van der Walt	CG	03:03.84	992.32	00:37.37	986.30	0.00	1978.62
50	5747	Andries Du	GRI	02:53.42	1013.16	00:39.88	961.20	0.00	1974.36

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51	7187	Liam Hasselman	KZN	03:15.59	968.82	00:35.69	1003.10	0.00	1971.92
52	6317	Ross MacLeod	EP	02:59.49	1001.02	00:39.62	963.80	0.00	1964.82
53	6665	Jean-Luc Greeff	EP	02:58.65	1002.70	00:39.91	960.90	0.00	1963.60
54	4375	Zoan Janse van Vuuren	MP	02:57.61	1004.78	00:40.22	957.80	0.00	1962.58
55	4306	Henry John Fourie	NW	02:56.62	1006.76	00:40.70	953.00	0.00	1959.76
56	7142	Zachary Kerspuy	BOR	02:46.95	1026.10	00:43.06	929.40	0.00	1955.50
57	4875	Riley John van Wyk	BOR	03:14.55	970.90	00:37.78	982.20	0.00	1953.10
58	5973	Johan Naude	GN	03:00.58	998.84	00:41.78	942.20	0.00	1941.04
59	6785	Dylan Roodt	MP	02:59.79	1000.42	00:42.73	932.70	0.00	1933.12
60	2029	Tiaan Victor	GRI	03:00.16	999.68	00:42.88	931.20	0.00	1930.88
61	6976	Declan Scholtz	CG	03:13.08	973.84	00:42.80	932.00	0.00	1905.84
62	4792	Nicklaas KRUGER	NFS	03:48.76	902.48	00:37.00	990.00	0.00	1892.48
63	4788	RUAN KELLERMAN	NFS	03:42.30	915.40	00:43.49	925.10	0.00	1840.50
64	7473	Johan Els	BOR	03:09.87	980.26	00:52.14	838.60	0.00	1818.86
65	4369	Cihan Botha	NFS	03:40.83	918.34	00:50.11	858.90	0.00	1777.24

	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
U/15 GIRLS				-					
1	1657	Saskya Kistnasami	KZN	02:22.85	1060.30	01:01.25	1068.75	0.00	2129.05
2	2366	Zoe Morgado	SFS	02:25.04	1055.92	01:06.97	1040.15	0.00	2096.07
3	1577	Leandi Prinsloo	SFS	02:36.09	1033.82	01:03.88	1055.60	0.00	2089.42
4	2717	Georgia Sabbagha	BOL	02:28.19	1049.62	01:08.50	1032.50	0.00	2082.12
5	2350	Zoë Janse van Vuuren	MP	02:22.16	1061.68	01:11.42	1017.90	0.00	2079.58
6	2701	Nicola Hawley	BOL	02:33.09	1039.82	01:09.15	1029.25	0.00	2069.07
7	2978	Mia Lombard	BOR	02:28.85	1048.30	01:11.41	1017.95	0.00	2066.25

8	6202	Anja de Villiers	WP	02:47.01	1011.98	01:04.69	1051.55	0.00	2063.53
9	4877	Alice Esterhuyse	EDEN	02:48.20	1009.60	01:06.83	1040.85	0.00	2050.45
10	1530	Annabel Meyer	SFS	02:47.51	1010.98	01:08.72	1031.40	0.00	2042.38
11	1522	Nina Steyn	SFS	02:38.61	1028.78	01:12.56	1012.20	0.00	2040.98
12	1422	Yvette Louw	WP	02:31.75	1042.50	01:15.47	997.65	0.00	2040.15
13	5664	Gea March	GRI	02:45.55	1014.90	01:10.36	1023.20	0.00	2038.10
14	1642	Franzelle Barnard	SFS	02:34.42	1037.16	01:16.09	994.55	0.00	2031.71
15	1919	Iane Joubert	EDEN	02:37.50	1031.00	01:15.43	997.85	0.00	2028.85
16	1960	Mieke Boshoff	GRI	02:37.14	1031.72	01:16.35	993.25	0.00	2024.97
17	3840	Chiniq Breet	MP	02:41.71	1022.58	01:15.05	999.75	0.00	2022.33
18	2924	Leah Hopper	EDEN	02:43.71	1018.58	01:14.51	1002.45	0.00	2021.03
19	4302	Mieke Joubert	BOL	02:32.65	1040.70	01:20.19	974.05	0.00	2014.75
20	2137	Emma Groenewald	GRI	02:52.07	1001.86	01:12.63	1011.85	0.00	2013.71
21	7189	Jessica Head	KZN	02:51.39	1003.22	01:13.16	1009.20	0.00	2012.42
22	2351	Danicka Groenewald	MP	02:34.88	1036.24	01:20.21	973.95	0.00	2010.19
23	4934	Nina Alberts	GN	02:47.90	1010.20	01:15.55	997.25	0.00	2007.45
24	1393	Elizabeth van der Merwe	WP	02:42.02	1021.96	01:18.53	982.35	0.00	2004.31
25	2833	Christie Snyders	NFS	02:59.73	986.54	01:11.49	1017.55	0.00	2004.09
26	3268	Alexa Stahmer	EDEN	02:56.09	993.82	01:13.42	1007.90	0.00	2001.72
27	1335	Heike Wessels	WP	02:35.78	1034.44	01:21.66	966.70	0.00	2001.14
28	1926	Minay Botha	EDEN	02:30.46	1045.08	01:25.85	945.75	0.00	1990.83
29	6968	Rachel Ann Dua	CG	02:45.86	1014.28	01:19.72	976.40	0.00	1990.68
30	1629	Melan van der Spuy	SFS	02:59.77	986.46	01:14.52	1002.40	0.00	1988.86
31	2944	Jane Botha	NFS	02:44.79	1016.42	01:21.09	969.55	0.00	1985.97
32	6709	Lana van Schalkwyk	GN	02:50.34	1005.32	01:20.15	974.25	0.00	1979.57
33	3385	Mienke Pretorius	GRI	02:53.39	999.22	01:19.27	978.65	0.00	1977.87

34	1531	Wilhandi Meyer	SFS	02:53.00	1000.00	01:19.91	975.45	0.00	1975.45
35	2210	Alicia Kock	GRI	03:12.54	960.92	01:12.31	1013.45	0.00	1974.37
36	4405	Thea Treurnicht	BOL	02:48.79	1008.42	01:21.85	965.75	0.00	1974.17
37	5190	Zibusiso Xulu	KZN	03:17.75	950.50	01:10.30	1023.50	0.00	1974.00
38	3732	Ashley Williams	SFS	03:04.87	976.26	01:16.02	994.90	0.00	1971.16
39	5762	Aimee Liebenberg	BOL	03:14.37	957.26	01:12.30	1013.50	0.00	1970.76
40	2759	Nellamari Fourie	BOL	02:49.27	1007.46	01:24.28	953.60	0.00	1961.06
41	3094	Mari Moolman	EP	03:06.42	973.16	01:17.71	986.45	0.00	1959.61
42	1539	Arinda Vorster	SFS	03:14.91	956.18	01:14.82	1000.90	0.00	1957.08
43	6013	Zene Gouws	LIM	02:35.72	1034.56	01:31.41	917.95	0.00	1952.51
44	1581	Claire Combrink	SFS	03:13.50	959.00	01:17.33	988.35	0.00	1947.35
45	7226	Lene Bester	NW	03:11.26	963.48	01:19.38	978.10	0.00	1941.58
46	7041	Marise Strydom	CG	02:44.72	1016.56	01:31.84	915.80	0.00	1932.36
47	7588	Milandi Marais	GN	02:33.38	1039.24	01:37.14	889.30	0.00	1928.54
48	1506	Nina Koen	EDEN	03:04.96	976.08	01:24.76	951.20	0.00	1927.28
49	6642	Linmari Gibson	WP	02:48.55	1008.90	01:31.49	917.55	0.00	1926.45
50	4932	Emmalynn Strydom	GN	03:00.41	985.18	01:28.27	933.65	0.00	1918.83
51	7510	Leandri Marais	GN	03:04.37	977.26	01:33.16	909.20	0.00	1886.46
52	6541	Katie Van den Heever	MP	03:25.89	934.22	01:27.16	939.20	0.00	1873.42
53	1228	Kara Wentzel	WP	03:47.81	890.38	01:44.74	851.30	0.00	1741.68
54	6593	Inge Moore	EP	03:08.06	969.88	00:00.00	0.00	0.00	969.88

	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
U/15 BOYS				-					
1	3869	Lohan van Daalen	BOR	02:17.02	1059.96	01:03.66	1046.70	0.00	2106.66
2	5148	Tiaan Lambrechts	WP	02:14.52	1064.96	01:06.94	1030.30	0.00	2095.26
3	4939	Caleb Hough	BOL	02:24.29	1045.42	01:03.25	1048.75	0.00	2094.17

4	2584	Jan-David Kirsten	BOL	02:15.95	1062.10	01:06.65	1031.75	0.00	2093.85
5	1527	Marnus van Rensburg	SFS	02:31.14	1031.72	01:00.83	1060.85	0.00	2092.57
6	2775	Marnus Calitz Prinsloo	EP	02:16.50	1061.00	01:06.84	1030.80	0.00	2091.80
7	5374	Noah Nice	GN	02:28.73	1036.54	01:02.22	1053.90	0.00	2090.44
8	4697	Shah-Eli Kannemeyer	EP	02:32.82	1028.36	01:02.38	1053.10	0.00	2081.46
9	3980	Dehan Lubbe	GRI	02:22.11	1049.78	01:08.05	1024.75	0.00	2074.53
10	1338	D'niel Conradie	BOL	02:24.77	1044.46	01:07.35	1028.25	0.00	2072.71
11	4896	Pierre Spies	EDEN	02:19.45	1055.10	01:10.37	1013.15	0.00	2068.25
12	7190	Matthew De Fleuriot	KZN	02:29.98	1034.04	01:06.86	1030.70	0.00	2064.74
13	5379	Eben Tinkler	GN	02:40.66	1012.68	01:04.03	1044.85	0.00	2057.53
14	5375	Jack Jelley	GN	02:38.91	1016.18	01:05.03	1039.85	0.00	2056.03
15	7674	Joe Alberts	EDEN	02:23.55	1046.90	01:11.30	1008.50	0.00	2055.40
16	2280	Jean Troskie	WP	02:33.23	1027.54	01:07.81	1025.95	0.00	2053.49
17	7719	Juan Kasselman	NW	02:34.86	1024.28	01:07.50	1027.50	0.00	2051.78
18	2597	Tiaan Wagener	BOL	02:39.66	1014.68	01:05.93	1035.35	0.00	2050.03
19	3853	Keagan Ramos	KZN	02:36.84	1020.32	01:07.35	1028.25	0.00	2048.57
20	2515	Wian van der Merwe	BOL	02:30.27	1033.46	01:10.07	1014.65	0.00	2048.11
21	3744	Van Zyl Möller	WP	02:23.86	1046.28	01:12.80	1001.00	0.00	2047.28
22	4171	Heinrich Kruger	BOL	02:20.31	1053.38	01:14.47	992.65	0.00	2046.03
23	1423	Wian Joubert	WP	02:24.11	1045.78	01:12.97	1000.15	0.00	2045.93
24	2834	Johnny Donald	NFS	02:26.55	1040.90	01:13.34	998.30	0.00	2039.20
25	4157	Tony Milner	BOL	02:27.86	1038.28	01:13.20	999.00	0.00	2037.28
26	2134	Theodore Opperman	GRI	02:35.35	1023.30	01:10.84	1010.80	0.00	2034.10
27	3147	Wihan De Waal	NFS	02:44.03	1005.94	01:07.70	1026.50	0.00	2032.44
28	1573	Ignus Jacobs	SFS	02:22.94	1048.12	01:16.17	984.15	0.00	2032.27
29	5217	Ronewasibusiso Myeza	KZN	02:42.60	1008.80	01:08.41	1022.95	0.00	2031.75
30	1054	Charl Geissler	EP	02:35.54	1022.92	01:11.75	1006.25	0.00	2029.17
31	7676	Lian Cilliers	EDEN	02:31.99	1030.02	01:13.63	996.85	0.00	2026.87
32	1247	Jack Fouche	WP	02:36.57	1020.86	01:12.60	1002.00	0.00	2022.86
33	1645	Theo Pretorius	WP	02:37.91	1018.18	01:12.15	1004.25	0.00	2022.43

34	3720	Ethan Els	EP	02:28.62	1036.76	01:16.50	982.50	0.00	2019.26
35	1182	Hanre Vermaak	EP	02:38.78	1016.44	01:12.71	1001.45	0.00	2017.89
36	1553	Lian Botha	SFS	02:28.16	1037.68	01:18.15	974.25	0.00	2011.93
37	1107	Hiram Robertson	EP	02:40.29	1013.42	01:15.97	985.15	0.00	1998.57
38	7736	Max Wilkins	GN	02:54.77	984.46	01:10.37	1013.15	0.00	1997.61
39	4933	Errol Harmse	GN	02:40.51	1012.98	01:16.21	983.95	0.00	1996.93
40	6429	Benjamin Schneider	EDEN	02:38.71	1016.58	01:17.60	977.00	0.00	1993.58
41	2928	Ruan Share	EDEN	02:31.75	1030.50	01:20.86	960.70	0.00	1991.20
42	6507	Joshua du Plessis	SFS	02:37.79	1018.42	01:18.66	971.70	0.00	1990.12
43	6703	Pieter Malan	GN	02:15.09	1063.82	01:28.54	922.30	0.00	1986.12
44	5633	Pieter Schoeman	EDEN	02:22.62	1048.76	01:26.34	933.30	0.00	1982.06
45	3818	Hanroux Schellink	EP	02:41.34	1011.32	01:20.34	963.30	0.00	1974.62
46	2390	Reuben Matthysen	MP	02:50.04	993.92	01:17.98	975.10	0.00	1969.02
47	2198	Samuel Grobler	GRI	02:46.03	1001.94	01:20.52	962.40	0.00	1964.34
48	6702	Jaco Fouche	GN	02:45.18	1003.64	01:22.17	954.15	0.00	1957.79
49	5255	Izak Kotze	SFS	02:50.95	992.10	01:22.56	952.20	0.00	1944.30
50	5458	Jan-Hendrik Bredell	GN	02:18.64	1056.72	01:36.36	883.20	0.00	1939.92
51	6808	Raykin van Heerden	GN	02:44.71	1004.58	01:34.59	892.05	0.00	1896.63
52	2943	Luan Pretorius	NFS	03:03.99	966.02	01:31.37	908.15	0.00	1874.17
53	5009	Henco Boekhoud	GN	03:03.99	966.02	01:46.18	834.10	0.00	1800.12
	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
U/17 GIRLS				-					
1	2792	Megan Kleynhans	CG	02:17.84	1050.32	01:04.21	1053.95	0.00	2104.27
2	2136	Mia Groenewald	GRI	02:27.69	1030.62	01:04.12	1054.40	0.00	2085.02
3	4461	Lehane Lategan	GRI	02:25.41	1035.18	01:06.70	1041.50	0.00	2076.68
4	4614	Emily Liebenberg	BOL	02:32.90	1020.20	01:05.21	1048.95	0.00	2069.15
5	7272	Minke Bester	NW	02:30.37	1025.26	01:07.05	1039.75	0.00	2065.01
6	3445	Emma Pretorius	SFS	02:37.87	1010.26	01:04.08	1054.60	0.00	2064.86

7	1924	Anne Marais	LIM	02:30.13	1025.74	01:07.98	1035.10	0.00	2060.84
8	3183	Clarise Van Niekerk	GN	02:34.72	1016.56	01:07.36	1038.20	0.00	2054.76
9	1413	Mia Viljoen	WP	02:20.00	1046.00	01:13.31	1008.45	0.00	2054.45
10	1519	Marnè van Rensburg	SFS	02:34.40	1017.20	01:07.59	1037.05	0.00	2054.25
11	1342	Anieka Louw	WP	02:40.25	1005.50	01:05.87	1045.65	0.00	2051.15
12	2832	Ane Snyders	SFS	02:42.95	1000.10	01:04.92	1050.40	0.00	2050.50
13	1100	Minette van Zyl	EP	02:40.38	1005.24	01:06.35	1043.25	0.00	2048.49
14	1395	Stephanie Minnaar	WP	02:19.45	1047.10	01:14.77	1001.15	0.00	2048.25
15	2746	Jessica Matthysen	MP	02:34.13	1017.74	01:09.91	1025.45	0.00	2043.19
16	3990	Charlotte Mathewson	GRI	02:27.31	1031.38	01:13.36	1008.20	0.00	2039.58
17	1688	Amber Liebbrandt	KZN	02:38.66	1008.68	01:09.54	1027.30	0.00	2035.98
18	3856	Kaitlyn Ramos	KZN	02:43.02	999.96	01:08.74	1031.30	0.00	2031.26
19	4148	Sam Juries	BOL	02:44.94	996.12	01:08.56	1032.20	0.00	2028.32
20	4708	Annabelle McEwan	EDEN	02:26.44	1033.12	01:16.30	993.50	0.00	2026.62
21	6535	Deryn Filday	KZN	02:47.86	990.28	01:08.21	1033.95	0.00	2024.23
22	1518	Danielle Grobler	SFS	02:55.96	974.08	01:05.71	1046.45	0.00	2020.53
23	1418	Larah Aucamp	WP	02:28.80	1028.40	01:16.85	990.75	0.00	2019.15
24	5832	Micke Prinsloo	LIM	02:45.93	994.14	01:10.12	1024.40	0.00	2018.54
25	3386	Marine Pretorius	GRI	02:47.77	990.46	01:09.43	1027.85	0.00	2018.31
26	6552	Lienke van Os	SFS	02:53.81	978.38	01:08.62	1031.90	0.00	2010.28
27	1507	Lizandri Koen	EDEN	02:26.91	1032.18	01:19.40	978.00	0.00	2010.18
28	7308	Sienna Ellis	BOL	02:32.28	1021.44	01:17.27	988.65	0.00	2010.09
29	2133	Elizabeth Opperman	GRI	02:42.14	1001.72	01:13.72	1006.40	0.00	2008.12
30	1525	Michelle Pienaar	SFS	02:34.35	1017.30	01:17.70	986.50	0.00	2003.80
31	1065	Lienke Els	EP	02:51.94	982.12	01:10.87	1020.65	0.00	2002.77
32	3491	Lianè De Wet	SFS	02:47.29	991.42	01:12.98	1010.10	0.00	2001.52
33	7667	Ona-Mari van Niekerk	EDEN	02:56.86	972.28	01:09.31	1028.45	0.00	2000.73
34	3628	Ane Cloete	WP	02:42.51	1000.98	01:15.64	996.80	0.00	1997.78
35	1587	Luné Fourie	SFS	02:36.15	1013.70	01:20.27	973.65	0.00	1987.35

36	1015	Inge Brand	BOL	02:52.16	981.68	01:14.95	1000.25	0.00	1981.93
37	1823	Megan Stahmer	EDEN	02:37.41	1011.18	01:20.93	970.35	0.00	1981.53
38	4601	Riley Koegelenberg	BOL	02:49.09	987.82	01:16.95	990.25	0.00	1978.07
39	6434	Leane Swanepoel	EDEN	02:52.40	981.20	01:15.91	995.45	0.00	1976.65
40	1216	Tamryn van Aswegen	WP	02:48.77	988.46	01:17.68	986.60	0.00	1975.06
41	1101	Elme Vermaak	EP	03:00.16	965.68	01:13.29	1008.55	0.00	1974.23
42	4664	Nieke Christina Engelbrecht	GRI	03:05.64	954.72	01:13.79	1006.05	0.00	1960.77
43	2636	Mia Van Zyl	BOL	02:33.97	1018.06	01:27.25	938.75	0.00	1956.81
44	5430	Megan Van den Heever	MP	03:04.11	957.78	01:15.26	998.70	0.00	1956.48
45	6865	Maya Vorster	GN	02:40.65	1004.70	01:24.85	950.75	0.00	1955.45
46	1838	Nina Cloete	EDEN	02:42.75	1000.50	01:25.00	950.00	0.00	1950.50
47	7271	April Allam	NW	03:03.15	959.70	01:18.18	984.10	0.00	1943.80
48	7559	Buhle Mdluli	KZN	03:07.08	951.84	01:17.90	985.50	0.00	1937.34
49	6670	Ariel de Bruyn	MP	03:27.58	910.84	01:17.87	985.65	0.00	1896.49
50	4399	Nicalhe Marshall	MP	03:19.65	926.70	01:24.92	950.40	0.00	1877.10
51	2006	Hannah Landsberg	LIM	03:17.32	931.36	01:30.06	924.70	0.00	1856.06
52	4418	Iandri Jacob	MP	03:09.39	947.22	01:46.44	842.80	0.00	1790.02
53	2376	Johanika Groenewald	MP	03:43.77	878.46	01:33.68	906.60	0.00	1785.06
54	4936	Kara Pienaar	GN	03:03.76	958.48	01:54.63	801.85	0.00	1760.33
55	4412	Ilna Swart	BOL	02:51.91	982.18	00:00.00	0.00	0.00	982.18

	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
U/17 BOYS				-					
1	1595	Philip le Roux	SFS	02:07.47	1057.06	00:55.85	1070.75	0.00	2127.81
2	1378	Ryan Viviers	KZN	02:09.82	1052.36	01:01.17	1044.15	0.00	2096.51
3	7225	Nicolas Greeve	NW	02:08.76	1054.48	01:02.83	1035.85	0.00	2090.33
4	1164	Alexander Serfontein	EP	02:10.64	1050.72	01:02.53	1037.35	0.00	2088.07
5	4710	Johan Schoeman	EDEN	02:00.83	1070.34	01:06.51	1017.45	0.00	2087.79

6	2666	Renso De Wet	BOL	02:02.90	1066.20	01:06.07	1019.65	0.00	2085.85
7	2641	Arden Kotze	BOL	02:14.59	1042.82	01:02.31	1038.45	0.00	2081.27
8	5127	Elijah Jackson	EP	02:15.42	1041.16	01:02.91	1035.45	0.00	2076.61
9	2942	Milan Pretorius	SFS	02:23.14	1025.72	01:00.47	1047.65	0.00	2073.37
10	3010	Wyl Wright	BOR	02:21.02	1029.96	01:01.82	1040.90	0.00	2070.86
11	6014	Christiaan Jansen van Vuuren	LIM	02:24.49	1023.02	01:01.43	1042.85	0.00	2065.87
12	3696	Chris Lombard	BOR	02:14.01	1043.98	01:05.96	1020.20	0.00	2064.18
13	3204	Marnus Laubscher	GN	01:59.83	1072.34	01:12.69	986.55	0.00	2058.89
14	3839	Maynard Breet	MP	02:21.66	1028.68	01:04.75	1026.25	0.00	2054.93
15	1208	Niel Conradie	WP	02:16.73	1038.54	01:06.84	1015.80	0.00	2054.34
16	6392	Ewald Swanepoel	EDEN	02:25.77	1020.46	01:03.35	1033.25	0.00	2053.71
17	2064	NJ Tiedt	GRI	02:23.46	1025.08	01:05.85	1020.75	0.00	2045.83
18	1951	Jannis Cilliers	GRI	02:32.85	1006.30	01:02.12	1039.40	0.00	2045.70
19	2358	Giann Wessels	MP	02:14.27	1043.46	01:09.84	1000.80	0.00	2044.26
20	1192	Christian Theron	EP	02:13.82	1044.36	01:11.01	994.95	0.00	2039.31
21	2230	Frans Jacob du Plessis	GRI	02:17.44	1037.12	01:09.59	1002.05	0.00	2039.17
22	4672	Ruhann Slabber	BOL	02:23.76	1024.48	01:07.23	1013.85	0.00	2038.33
23	6221	Hunter Krynauw	BOL	02:26.97	1018.06	01:06.04	1019.80	0.00	2037.86
24	2017	Jamie Venter	LIM	02:28.99	1014.02	01:05.50	1022.50	0.00	2036.52
25	2949	Wian Pienaar	NFS	02:21.11	1029.78	01:09.44	1002.80	0.00	2032.58
26	3288	Lourens Boekhoud	GN	02:39.99	992.02	01:02.40	1038.00	0.00	2030.02
27	1307	Jean-Roux Wessels	WP	02:15.74	1040.52	01:12.81	985.95	0.00	2026.47
28	6952	Daniel Anderson	GRI	02:20.05	1031.90	01:11.38	993.10	0.00	2025.00
29	7652	Nico de Nysschen	WP	02:16.85	1038.30	01:12.70	986.50	0.00	2024.80

30	2132	Christiaan Bakkes	BOL	02:24.14	1023.72	01:09.93	1000.35	0.00	2024.07
31	6977	Willem-Jan Sprong	CG	02:23.91	1024.18	01:10.44	997.80	0.00	2021.98
32	4714	Andrew Jonker	EDEN	02:12.21	1047.58	01:16.28	968.60	0.00	2016.18
33	7744	Jordan Coetzee	BOR	02:24.12	1023.76	01:12.22	988.90	0.00	2012.66
34	5622	Joseph van der Merwe	EDEN	02:08.34	1055.32	01:18.92	955.40	0.00	2010.72
35	7470	Erich Gouws	LIM	02:22.54	1026.92	01:13.25	983.75	0.00	2010.67
36	1207	Christiaan Tryhou	MP	02:21.39	1029.22	01:13.80	981.00	0.00	2010.22
37	5464	Johannes Bredell	GN	02:08.17	1055.66	01:19.59	952.05	0.00	2007.71
38	1110	Zack Slabbert	EP	02:13.32	1045.36	01:17.66	961.70	0.00	2007.06
39	6588	Handre Muller	EP	02:29.33	1013.34	01:12.00	990.00	0.00	2003.34
40	2200	Estiaan Van Rensburg	GRI	02:36.59	998.82	01:09.53	1002.35	0.00	2001.17
41	2197	Ruben Grobler	GRI	02:29.31	1013.38	01:12.50	987.50	0.00	2000.88
42	3695	Liam Chetty	BOR	02:33.45	1005.10	01:10.94	995.30	0.00	2000.40
43	5515	Hennie Calitz	EDEN	02:26.14	1019.72	01:15.03	974.85	0.00	1994.57
44	6343	Adriaan Janse van Rensburg	GN	02:29.57	1012.86	01:13.72	981.40	0.00	1994.26
45	4316	Paulo Mario	GRI	02:20.85	1030.30	01:17.36	963.20	0.00	1993.50
46	5859	Willem Daniel Brink	NW	02:18.08	1035.84	01:18.51	957.45	0.00	1993.29
47	6584	MJ Britz	EP	02:26.74	1018.52	01:15.11	974.45	0.00	1992.97
48	2385	Renier Barnard	NW	02:22.08	1027.84	01:17.44	962.80	0.00	1990.64
49	2613	Dirk Neethling	BOL	02:18.98	1034.04	01:19.13	954.35	0.00	1988.39
50	5150	Alexander de Jager	WP	02:34.37	1003.26	01:13.65	981.75	0.00	1985.01
51	6240	Lawrence Kock	GRI	02:47.21	977.58	01:09.22	1003.90	0.00	1981.48
52	5149	Ruben Zevenster	WP	02:45.44	981.12	01:11.54	992.30	0.00	1973.42
53	6183	Pieter Moolman	EP	02:44.72	982.56	01:12.62	986.90	0.00	1969.46

54	2046	Dian Scholtz	NW	02:36.01	999.98	01:16.38	968.10	0.00	1968.08
55	4615	Brandon Macaulay	MP	03:00.67	950.66	01:08.06	1009.70	0.00	1960.36
56	5478	Heinrich von Wielligh	GN	02:21.39	1029.22	01:25.84	920.80	0.00	1950.02
57	3092	George Marsh	EP	02:22.93	1026.14	01:25.43	922.85	0.00	1948.99
58	4640	Jordan Benson	WP	02:31.97	1008.06	01:23.53	932.35	0.00	1940.41
59	5680	Lourens Niemand	GRI	02:47.58	976.84	01:19.78	951.10	0.00	1927.94
60	6366	Benedict Hubble	GN	02:08.08	1055.84	01:43.93	830.35	0.00	1886.19
	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
U/19 GIRLS				-					
1	1385	Mila Aucamp	WP	02:17.19	1073.62	01:06.37	1038.15	0.00	2111.77
2	1451	Elne Reynolds	EP	02:27.07	1053.86	01:05.92	1040.40	0.00	2094.26
3	2342	Maric de Roubaix	WP	02:32.48	1043.04	01:05.16	1044.20	0.00	2087.24
4	1540	Isabel Vorster	SFS	02:40.27	1027.46	01:04.25	1048.75	0.00	2076.21
5	1898	Melissa Kuun	EDEN	02:50.15	1007.70	01:01.54	1062.30	0.00	2070.00
6	2356	Tiffany Marshall	MP	02:47.31	1013.38	01:03.25	1053.75	0.00	2067.13
7	1517	Lisa Steyn	SFS	02:46.01	1015.98	01:07.28	1033.60	0.00	2049.58
8	6713	Danni Seeliger	GN	02:33.83	1040.34	01:13.07	1004.65	0.00	2044.99
9	7649	Kye-Ann Fowler	WP	02:47.17	1013.66	01:08.28	1028.60	0.00	2042.26
10	3197	Mischa Grobler	BOL	02:34.64	1038.72	01:14.28	998.60	0.00	2037.32
11	2053	Anrilé Victor	GRI	02:29.64	1048.72	01:16.28	988.60	0.00	2037.32
12	7704	Julie Landmann	GN	03:04.81	978.38	01:02.89	1055.55	0.00	2033.93
13	3730	Anneke Stassen	WP	02:48.55	1010.90	01:10.65	1016.75	0.00	2027.65
14	3410	Zani Vermeulen	EDEN	02:48.65	1010.70	01:11.59	1012.05	0.00	2022.75
15	2364	Syboné Hanekom	MP	02:30.60	1046.80	01:19.72	971.40	0.00	2018.20
16	1805	Marilie Duvenhage	EDEN	02:36.10	1035.80	01:18.39	978.05	0.00	2013.85

17	3746	Zani Venter	WP	02:34.40	1039.20	01:19.65	971.75	0.00	2010.95
18	5783	Teyna Van Zyl	BOL	02:52.68	1002.64	01:12.38	1008.10	0.00	2010.74
19	4724	Larissa Badenhorst	EDEN	02:47.62	1012.76	01:14.67	996.65	0.00	2009.41
20	4360	Charmae Donald	NFS	02:45.37	1017.26	01:15.85	990.75	0.00	2008.01
21	1013	Jacy Brand	BOL	02:44.37	1019.26	01:17.74	981.30	0.00	2000.56
22	2771	Anya de Ridder	EP	02:53.21	1001.58	01:14.22	998.90	0.00	2000.48
23	3171	Marthine Swanepoel	NW	02:39.66	1028.68	01:19.65	971.75	0.00	2000.43
24	2201	Alienne Van Rensburg	GRI	03:01.12	985.76	01:11.19	1014.05	0.00	1999.81
25	1928	Mia Botha	EDEN	02:35.30	1037.40	01:21.64	961.80	0.00	1999.20
26	7232	Lize Burness	GN	03:05.51	976.98	01:10.63	1016.85	0.00	1993.83
27	2903	Carli Dippenaar	EDEN	02:49.29	1009.42	01:18.22	978.90	0.00	1988.32
28	1104	Kylie Klaasen	EP	02:50.63	1006.74	01:18.27	978.65	0.00	1985.39
29	1114	Teneal Els	EP	02:58.51	990.98	01:15.60	992.00	0.00	1982.98
30	3093	Janita Marsh	EP	03:06.53	974.94	01:12.72	1006.40	0.00	1981.34
31	1989	Ania Pienaar	SFS	02:50.22	1007.56	01:20.73	966.35	0.00	1973.91
32	1318	Olivia Wilson	WP	02:38.66	1030.68	01:29.72	921.40	0.00	1952.08
33	5994	Chrystil Raymond	MP	03:18.48	951.04	01:13.92	1000.40	0.00	1951.44
34	3206	Zandri Odendaal	GN	02:52.24	1003.52	01:25.38	943.10	0.00	1946.62
35	5685	Catherine Griessel	GRI	02:56.19	995.62	01:27.15	934.25	0.00	1929.87
36	2742	Rebekah Braack	MP	02:51.93	1004.14	01:30.48	917.60	0.00	1921.74
37	7137	Ariana Sassoli	BOL	02:36.78	1034.44	01:36.61	886.95	0.00	1921.39
38	7352	Olivia van der Nest	MP	03:11.46	965.08	01:27.60	932.00	0.00	1897.08
39	4366	Lana Odendaal	NFS	03:39.89	908.22	01:25.31	943.45	0.00	1851.67
40	3159	Ineke Bouwer	NFS	03:17.70	952.60	01:36.78	886.10	0.00	1838.70
	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points

U/19 BOYS			-						
1	1206	Samuel Tryhou	MP	02:00.53	1056.94	00:58.91	1045.45	0.00	2102.39
2	5831	Felix Olivier	LIM	02:01.98	1054.04	00:59.37	1043.15	0.00	2097.19
3	1621	Louis-Harm Fourie	SFS	01:59.49	1059.02	01:02.72	1026.40	0.00	2085.42
4	4497	Huib Sprong	CG	02:02.32	1053.36	01:01.88	1030.60	0.00	2083.96
5	3613	Quinn Koekemoer	WP	02:13.02	1031.96	00:59.15	1044.25	0.00	2076.21
6	4884	Kodi Minnie	EDEN	02:21.93	1014.14	00:55.75	1061.25	0.00	2075.39
7	3598	Jesse Simpson	WP	01:59.26	1059.48	01:05.64	1011.80	0.00	2071.28
8	1867	Hanru Kuun	EDEN	02:15.47	1027.06	00:59.41	1042.95	0.00	2070.01
9	5682	Gideon Niemand	GRI	02:18.04	1021.92	00:59.89	1040.55	0.00	2062.47
10	7705	Armand Landmann	GN	02:33.31	991.38	00:53.79	1071.05	0.00	2062.43
11	3298	Jean-Paul Van Dyk	EDEN	02:18.28	1021.44	01:01.59	1032.05	0.00	2053.49
12	2226	Stephan Ludik	GRI	02:21.83	1014.34	01:00.20	1039.00	0.00	2053.34
13	3139	Heid Mc Laren	SFS	02:12.64	1032.72	01:04.36	1018.20	0.00	2050.92
14	2539	Neil-Willem Buchner	BOL	02:24.49	1009.02	00:59.86	1040.70	0.00	2049.72
15	1248	FC Moller	WP	02:17.94	1022.12	01:02.79	1026.05	0.00	2048.17
16	3907	Zandré Smook	CG	02:04.14	1049.72	01:08.83	995.85	0.00	2045.57
17	2416	Pretorius Bezuidenhout	GRI	02:11.61	1034.78	01:05.92	1010.40	0.00	2045.18
18	4644	Andrew Steyn	WP	02:10.32	1037.36	01:08.00	1000.00	0.00	2037.36
19	3614	Callum Koekemoer	WP	02:22.67	1012.66	01:03.37	1023.15	0.00	2035.81
20	6566	John Vosloo	EP	02:16.75	1024.50	01:05.93	1010.35	0.00	2034.85
21	4010	Daniel Kolver	EDEN	02:23.06	1011.88	01:03.50	1022.50	0.00	2034.38
22	6596	JC van Rooyen	EP	02:28.19	1001.62	01:03.70	1021.50	0.00	2023.12
23	4172	Adolf Knoetzen	BOL	02:13.82	1030.36	01:09.76	991.20	0.00	2021.56
24	2897	Jaco de Wet	EDEN	02:15.15	1027.70	01:09.31	993.45	0.00	2021.15
25	1725	Declan Jackson	KZN	02:17.76	1022.48	01:08.92	995.40	0.00	2017.88
26	1625	Ruben Rautenbach	SFS	02:19.17	1019.66	01:08.93	995.35	0.00	2015.01
27	2005	Daniel Landsberg	LIM	02:16.24	1025.52	01:10.40	988.00	0.00	2013.52

28	7634	Daniel Theunissen	EP	02:24.69	1008.62	01:07.02	1004.90	0.00	2013.52
29	2777	Jaco Strydom	EP	02:19.58	1018.84	01:09.13	994.35	0.00	2013.19
30	4113	Lourens Botha	BOL	02:26.42	1005.16	01:06.71	1006.45	0.00	2011.61
31	4246	Bruce Wayne Swarts	LIM	02:38.82	980.36	01:01.94	1030.30	0.00	2010.66
32	7095	Keaton Gouws	BOL	02:20.99	1016.02	01:09.19	994.05	0.00	2010.07
33	7030	John-Daniel Minnie	EDEN	02:18.07	1021.86	01:10.70	986.50	0.00	2008.36
34	2389	Michael Swanepoel	MP	02:29.99	998.02	01:06.50	1007.50	0.00	2005.52
35	4980	Stephan Meintjes	EDEN	02:27.22	1003.56	01:07.75	1001.25	0.00	2004.81
36	6556	Rudolph-Hein Van Eeden	EP	02:13.65	1030.70	01:13.69	971.55	0.00	2002.25
37	4600	Jozef De Beer	BOL	02:17.83	1022.34	01:12.10	979.50	0.00	2001.84
38	2420	Pieter-Jacq du Toit	NW	02:50.79	956.42	00:58.92	1045.40	0.00	2001.82
39	4754	Steffhan Theo Mynhardt	EP	02:20.01	1017.98	01:13.79	971.05	0.00	1989.03
40	2544	Niquelas Nel	BOL	02:14.62	1028.76	01:16.00	960.00	0.00	1988.76
41	5320	AJ Theron	SFS	02:32.19	993.62	01:09.15	994.25	0.00	1987.87
42	3217	Zander van Niekerk	GN	02:47.32	963.36	01:03.42	1022.90	0.00	1986.26
43	6171	Henog Jansen Van Vuuren	MP	02:25.60	1006.80	01:12.47	977.65	0.00	1984.45
44	3184	Arno Laubscher	GN	02:17.29	1023.42	01:17.25	953.75	0.00	1977.17
45	6136	Caleb Naidoo	KZN	02:19.46	1019.08	01:16.82	955.90	0.00	1974.98
46	6443	Ahluma Dike	BOR	02:26.90	1004.20	01:14.05	969.75	0.00	1973.95
47	4257	Theunis Botha	LIM	02:53.84	950.32	01:04.05	1019.75	0.00	1970.07
48	6620	Eduan Hilton Naude	MP	02:17.59	1022.82	01:19.19	944.05	0.00	1966.87
49	5686	Arno Boshoff	GRI	02:30.43	997.14	01:14.37	968.15	0.00	1965.29
50	6175	Janco Gustav Faber	EP	02:39.89	978.22	01:12.75	976.25	0.00	1954.47
51	7269	Henrico Kruger	NW	01:59.97	1058.06	01:29.74	891.30	0.00	1949.36
52	3187	Caden Victor	GN	02:12.01	1033.98	01:25.54	912.30	0.00	1946.28
53	3069	Johan Kriel	NFS	02:41.35	975.30	01:14.07	969.65	0.00	1944.95

54	7288	Markus Francois Van der Merwe	GRI	02:17.26	1023.48	01:24.44	917.80	0.00	1941.28
55	7054	Tristan Fourie	NW	02:30.64	996.72	01:19.45	942.75	0.00	1939.47
56	3173	Karl Engles	NW	02:45.25	967.50	01:13.78	971.10	0.00	1938.60
57	7345	Ewan Fritz	MP	02:18.94	1020.12	01:27.90	900.50	0.00	1920.62

	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
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SENIORS WOMEN				-					
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1	2886	Shannon Kruger	NW	02:30.87	1070.26	01:13.87	1055.65	9.00	2134.91
2	3121	Jo-Mari Smith	EDEN	02:41.50	1049.00	01:13.00	1060.00	24.00	2133.00
3	6639	Guinivere Grunow	WP	02:48.27	1035.46	01:11.27	1068.65	21.00	2125.11
4	6364	Leane Labuschagne	EDEN	02:42.56	1046.88	01:16.60	1042.00	33.00	2121.88
5	4891	Melissa Meyer	EDEN	02:30.06	1071.88	01:23.91	1005.45	30.00	2107.33
6	4602	Ellen Van Wyk	BOL	02:46.94	1038.12	01:13.09	1059.55	0.00	2097.67
7	7763	Kayleigh Mather	WP	03:02.56	1006.88	01:09.00	1080.00	9.00	2095.88
8	5405	Caitlyn Buisman	BOL	02:52.56	1026.88	01:14.65	1051.75	3.00	2081.63
9	2533	Annereen van der Walt	BOL	02:41.97	1048.06	01:20.42	1022.90	6.00	2076.96
10	4284	Anemike Swart	BOL	02:50.68	1030.64	01:33.69	956.55	30.00	2017.19
11	4650	Carina Swiegers	GN	02:14.82	1102.36	01:54.58	852.10	6.00	1960.46
12	5985	Marizahn Wentzel	GN	02:47.80	1036.40	01:52.08	864.60	15.00	1916.00
13	4579	Tammy Leibrandt	WP	03:05.28	1001.44	02:23.94	705.30	27.00	1733.74

	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
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SENIORS MEN				-					
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1	3175	Pierre Spies	GN	02:09.15	1061.70	00:59.62	1076.90	21.00	2159.60
2	3180	Willem De Beer	GN	01:57.96	1084.08	01:06.87	1040.65	27.00	2151.73
3	2275	Dylan Kruger	NW	02:05.14	1069.72	00:59.16	1079.20	0.00	2148.92
4	4969	Rikus Lamprechts	EDEN	02:20.33	1039.34	00:59.51	1077.45	27.00	2143.79
5	6474	Roelf Jacobs	WP	02:12.29	1055.42	01:10.20	1024.00	33.00	2112.42

6	7461	JB Eksteen	MP	02:29.37	1021.26	00:59.46	1077.70	12.00	2110.96
7	7764	Alexander Mather	WP	02:16.77	1046.46	01:09.09	1029.55	9.00	2085.01
8	6974	Henri Luus	CG	02:41.78	996.44	01:04.90	1050.50	27.00	2073.94
9	1262	Stefan Burger	WP	02:11.01	1057.98	01:17.11	989.45	21.00	2068.43
10	4552	Coenraad van Eysen	WP	02:18.06	1043.88	01:19.28	978.60	33.00	2055.48
11	4115	Daniel Malan	BOL	02:33.28	1013.44	01:10.95	1020.25	15.00	2048.69
12	7714	Heinrich Swanepoel	GN	02:29.73	1020.54	01:09.91	1025.45	0.00	2045.99
13	6736	Cornelis Rossouw	BOL	02:18.74	1042.52	01:20.09	974.55	24.00	2041.07
14	7551	Andrew Liddle	BOR	02:27.51	1024.98	01:20.47	972.65	33.00	2030.63
15	5031	Michael Bouwer	GN	02:44.59	990.82	01:15.57	997.15	30.00	2017.97
16	5721	Rialdo William John Abraham	GRI	02:35.08	1009.84	01:21.94	965.30	30.00	2005.14
17	4610	Jason-Lee Le Cordeur	BOL	02:13.25	1053.50	01:28.03	934.85	3.00	1991.35
18	4671	Cadin Leibrandt	WP	02:58.32	963.36	01:32.25	913.75	30.00	1907.11
	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
JNR WOMEN				-					
1	5387	Johanna Buys	GN	02:26.46	1063.08	01:00.63	1091.85	0.00	2154.93
2	1120	Anke Serfontein	WP	02:22.18	1071.64	01:06.81	1060.95	0.00	2132.59
3	4510	Utah Novello	BOL	02:43.19	1029.62	01:04.33	1073.35	0.00	2102.97
4	7178	Lezanne De Villiers	BOL	02:50.70	1014.60	01:03.50	1077.50	0.00	2092.10
5	6793	Catherine Elizabeth Wilcocks	GN	02:51.93	1012.14	01:08.54	1052.30	0.00	2064.44
6	7703	Natalie Landmann	GN	02:59.71	996.58	01:05.91	1065.45	0.00	2062.03
7	2765	Anika Rossouw	NW	02:59.32	997.36	01:11.34	1038.30	0.00	2035.66
8	4331	Izanne Maritz	GRI	02:41.57	1032.86	01:23.62	976.90	0.00	2009.76
9	4701	Zane Jubber	EP	03:02.59	990.82	01:26.38	963.10	0.00	1953.92

10	6091	Errin-Mari Els	GRI	03:05.95	984.10	01:32.80	931.00	0.00	1915.10
11	5341	Zaria Engelbrecht	MP	03:59.00	878.00	01:30.15	944.25	0.00	1822.25
	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
JNR MEN				-					
1	3647	Adam Klein	KZN	02:12.06	1045.88	00:55.15	1069.25	0.00	2115.13
2	6345	Ramon Landmann	GN	02:11.28	1047.44	00:56.00	1065.00	0.00	2112.44
3	2642	Kailen Kotze	BOL	02:09.32	1051.36	00:58.67	1051.65	0.00	2103.01
4	4806	Stephan Malan	NW	02:11.72	1046.56	00:59.60	1047.00	0.00	2093.56
5	2209	Jacques Kuhn	GRI	02:24.46	1021.08	00:55.47	1067.65	0.00	2088.73
6	1962	Jayden Vries	WP	02:14.96	1040.08	00:59.68	1046.60	0.00	2086.68
7	1070	Steffen Rademeyer	EP	02:15.44	1039.12	01:00.72	1041.40	0.00	2080.52
8	1802	Landre Botes	BOL	02:05.37	1059.26	01:05.69	1016.55	0.00	2075.81
9	3584	Sebastian Swart	EDEN	02:16.81	1036.38	01:03.94	1025.30	0.00	2061.68
10	7229	Eduard van Driel	GN	02:00.25	1069.50	01:10.86	990.70	0.00	2060.20
11	5443	Wynand Nortje	NFS	02:19.33	1031.34	01:05.47	1017.65	0.00	2048.99
12	3185	Dirk Laubscher	GN	02:17.69	1034.62	01:12.88	980.60	0.00	2015.22
13	3762	Marno Yzelle	WP	02:05.06	1059.88	01:19.59	947.05	0.00	2006.93
14	5591	Wernandt Human	BOL	02:27.82	1014.36	01:21.13	939.35	0.00	1953.71
15	6276	Dwayne Pienaar	NFS	02:26.53	1016.94	01:23.13	929.35	0.00	1946.29
16	7371	Mikyle Herman	WP	02:16.22	1037.56	01:30.72	891.40	0.00	1928.96
17	4446	Clayton Fortuin	WP	03:09.03	931.94	01:18.18	954.10	0.00	1886.04
	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
MASTERS 40+ WOMEN				-					
1	2378	Zoli de Kock	NW	02:40.45	1061.10	01:09.57	1072.15	5.00	2138.25
2	2826	Jacolien Swart	NW	02:53.88	1034.24	01:13.76	1051.20	30.00	2115.44

3	1311	Jozanne Louw	WP	03:00.08	1021.84	01:15.50	1042.50	30.00	2094.34
4	1285	Michelle van Aswegen	WP	03:01.68	1018.64	01:15.32	1043.40	25.00	2087.04
5	6622	Suzanne Engelbrecht	MP	02:36.21	1069.58	01:29.90	970.50	5.00	2045.08
6	2471	Sunee Pretorius	WP	03:28.88	964.24	01:12.62	1056.90	20.00	2041.14
7	6431	Liesel Buitendag	EDEN	03:21.70	978.60	01:17.50	1032.50	25.00	2036.10
8	4075	Zani Smith	EDEN	02:43.33	1055.34	01:30.75	966.25	10.00	2031.59
9	2797	Inge Beyers	BOL	03:15.39	991.22	01:17.77	1031.15	0.00	2022.37
10	7632	Sone Greeff	EP	03:29.76	962.48	01:18.72	1026.40	10.00	1998.88
11	2603	Ruzanne Le Roux	BOL	02:57.66	1026.68	01:37.60	932.00	0.00	1958.68
12	7198	Rika Barnard	NW	03:20.98	980.04	01:38.05	929.75	25.00	1934.79
13	7010	Victoria Read	WP	04:00.40	901.20	01:21.08	1014.60	10.00	1925.80
14	5011	Unetsie Botha	BOR	02:44.77	1052.46	01:59.41	822.95	25.00	1900.41
15	6801	Suzanne Pienaar	GN	03:00.37	1021.26	02:00.75	816.25	35.00	1872.51
16	2637	Marlize Van Zyl	BOL	03:53.92	914.16	01:38.59	927.05	10.00	1851.21
17	5899	Mari Huyser	GRI	03:35.40	951.20	01:55.45	842.75	0.00	1793.95
18	3706	Debbie Robertson	BOR	04:15.89	870.22	01:53.28	853.60	35.00	1758.82
	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
MASTERS 40+ MEN				-					
1	6657	Michael Gibson	WP	02:05.97	1068.06	01:06.90	1040.50	45.00	2153.56
2	1497	Rowan Marcis	WP	02:18.95	1042.10	01:02.09	1064.55	45.00	2151.65
3	4841	Francois Deacon	SFS	02:14.77	1050.46	01:03.99	1055.05	5.00	2110.51
4	2428	Neil Steenkamp	WP	02:31.03	1017.94	01:04.70	1051.50	40.00	2109.44
5	1205	Hendrik Tryhou	MP	02:34.83	1010.34	01:04.69	1051.55	45.00	2106.89
6	3573	Marsel Roos	EDEN	02:17.69	1044.62	01:06.55	1042.25	20.00	2106.87
7	6433	Jeandre Swanepoel	EDEN	02:21.84	1036.32	01:08.91	1030.45	20.00	2086.77

8	6564	Rabé Kok	EP	02:27.26	1025.48	01:11.66	1016.70	30.00	2072.18
9	4489	Jandre Lubbe	GRI	02:35.97	1008.06	01:06.22	1043.90	15.00	2066.96
10	7651	Andre de Nysschen	WP	02:33.91	1012.18	01:13.65	1006.75	45.00	2063.93
11	6953	Johannes Jordaan	EDEN	02:28.45	1023.10	01:17.87	985.65	45.00	2053.75
12	1623	Jan Gutter	SFS	02:34.28	1011.44	01:09.33	1028.35	10.00	2049.79
13	2577	Willem Human	BOL	02:19.31	1041.38	01:15.90	995.50	5.00	2041.88
14	7129	Jako Nice	GN	02:33.13	1013.74	01:11.39	1018.05	10.00	2041.79
15	5471	Jock Seeliger	GN	02:33.56	1012.88	01:17.78	986.10	25.00	2023.98
16	4831	Wynand Viljoen	CG	02:52.35	975.30	01:14.25	1003.75	30.00	2009.05
17	7197	Renier (Jaco) Barnard	NW	02:15.40	1049.20	01:30.54	922.30	35.00	2006.50
18	3384	Werner Pretorius	GRI	02:24.00	1032.00	01:27.59	937.05	35.00	2004.05
19	7646	Coenrad Ehlers	WP	02:21.50	1037.00	01:22.40	963.00	0.00	2000.00
20	5533	Jan Meyer	EDEN	02:19.65	1040.70	01:27.59	937.05	15.00	1992.75
21	6269	Werner Bruckner	WP	02:35.19	1009.62	01:23.50	957.50	25.00	1992.12
22	5321	Marc Theron	SFS	02:56.82	966.36	01:19.62	976.90	40.00	1983.26
23	5986	Pieter Naude	GN	02:21.20	1037.60	01:31.75	916.25	20.00	1973.85
24	5169	Romeo Davids	WP	02:37.13	1005.74	01:30.10	924.50	40.00	1970.24
25	5858	Charles Fourie	NW	03:27.47	905.06	01:06.42	1042.90	20.00	1967.96
26	5624	Francois Marais	EDEN	02:55.28	969.44	01:17.48	987.60	5.00	1962.04
27	6943	Reino Huyser	GRI	03:27.16	905.68	01:11.67	1016.65	20.00	1942.33
28	6611	Wilhelm van Heerden	SFS	03:06.75	946.50	01:22.14	964.30	15.00	1925.80
29	5855	Willie de Kock	NW	02:40.31	999.38	01:32.96	910.20	5.00	1914.58
30	5940	Nicolaas jacobus Nysschen	GRI	02:50.53	978.94	01:44.30	853.50	45.00	1877.44
31	6326	Fanie Van Wyk	EDEN	03:26.84	906.32	01:53.04	809.80	35.00	1751.12

#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming	Bonus Points	Total Points
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Points									
MASTERS 50+ WOMEN				-					
1	2294	Kate McLachlan	WP	02:44.85	1050.30	01:19.09	1074.55	25.00	2149.85
2	2259	Michelle Staal	CG	02:39.53	1060.94	01:21.60	1062.00	15.00	2137.94
3	2525	Mariaan Malan	BOL	02:51.23	1037.54	01:22.72	1056.40	40.00	2133.94
4	2397	Liezel Wessels	BOL	02:48.90	1042.20	01:23.11	1054.45	35.00	2131.65
5	1771	Michelle Sims	KZN	02:44.04	1051.92	01:38.63	976.85	45.00	2073.77
6	7383	Surae De Klerk	GN	03:03.49	1013.02	01:33.40	1003.00	40.00	2056.02
7	2816	Elmarie Engles	NW	04:06.55	886.90	01:27.93	1030.35	25.00	1942.25
8	7760	Persephone van Harte	WP	03:51.33	917.34	01:38.08	979.60	25.00	1921.94
9	6884	Seanette Botha	EDEN	02:57.57	1024.86	02:09.03	824.85	30.00	1879.71
10	6705	Heidi von Wielligh	GN	03:21.88	976.24	02:01.13	864.35	0.00	1840.59
11	7789	Madelein Massyn	WP	04:36.81	826.38	01:48.53	927.35	15.00	1768.73
	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
MASTERS 50+ MEN				-					
1	3016	Rodney Westgate	BOR	02:20.91	1050.18	01:07.43	1052.85	15.00	2118.03
2	4807	Raube Malan	NW	02:35.54	1020.92	01:13.33	1023.35	25.00	2069.27
3	7635	Howard Theunissen	EP	02:49.01	993.98	01:08.06	1049.70	0.00	2043.68
4	7549	Jaco Burger	WP	02:45.85	1000.30	01:14.08	1019.60	10.00	2029.90
5	1811	Hermann Spangenberg	BOL	03:06.39	959.22	01:14.05	1019.75	25.00	2003.97
6	6893	Nell Wiid	EDEN	02:38.92	1014.16	01:33.38	923.10	30.00	1967.26
7	4675	Michael Peacock	WP	02:34.17	1023.66	01:33.59	922.05	15.00	1960.71
8	4632	Edward West	WP	03:05.61	960.78	01:27.20	954.00	45.00	1959.78
9	5900	Henk Jacobus de Klerk	GRI	02:48.12	995.76	01:48.70	846.50	10.00	1852.26
	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
MASTERS 60+ WOMEN				-					

1	4861	Lynette Fischer	SFS	01:16.02	1059.96	00:40.22	1053.90	42.00	2155.86
2	6720	Celeste Ruck	GN	01:15.53	1060.94	00:36.07	1074.65	0.00	2135.59
3	4911	Marieke Bouwer	GN	01:26.73	1038.54	00:36.06	1074.70	12.00	2125.24
4	3017	Anita Louw	EDEN	01:43.62	1004.76	00:42.65	1041.75	48.00	2094.51
5	3378	Mandi Wallace	EDEN	02:02.28	967.44	00:40.84	1050.80	24.00	2042.24
6	7497	Mandy Straszacker	WP	02:38.37	895.26	00:52.29	993.55	18.00	1906.81
	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
MASTERS 60+ MEN				-					
1	3233	Andrew Van Delden	GN	01:13.92	1032.16	00:32.62	1051.90	30.00	2114.06
2	3168	Marthinus Swanepoel	NW	01:04.60	1050.80	00:34.21	1043.95	12.00	2106.75
3	2002	Clint Eugene Howes	LIM	01:16.90	1026.20	00:33.61	1046.95	24.00	2097.15
4	7496	Koena Loubser	WP	01:18.53	1022.94	00:37.72	1026.40	42.00	2091.34
5	3406	Michael Forbes	BOR	01:19.44	1021.12	00:39.95	1015.25	54.00	2090.37
6	6883	Louis J Botha	EDEN	01:18.20	1023.60	00:36.83	1030.85	24.00	2078.45
7	5909	Frank du Plessis	GRI	01:29.34	1001.32	00:34.18	1044.10	30.00	2075.42
8	3065	Cliff Wallace	EDEN	01:27.74	1004.52	00:36.70	1031.50	36.00	2072.02
9	1476	Wilhelm Schmidt	NW	01:17.65	1024.70	00:37.13	1029.35	12.00	2066.05
10	2806	Eric Parker	BOL	01:26.23	1007.54	00:44.12	994.40	54.00	2055.94
11	6644	Chris van der Merwe	WP	01:13.42	1033.16	00:38.53	1022.35	0.00	2055.51
12	2730	Jan Engelbrecht	MP	01:21.46	1017.08	00:36.58	1032.10	0.00	2049.18
13	3068	Clive Cupido	BOL	01:03.21	1053.58	00:46.19	984.05	0.00	2037.63
14	7576	Gary Green	WP	01:04.33	1051.34	00:47.07	979.65	6.00	2036.99
15	1408	Jacobus Michaels	WP	01:14.99	1030.02	00:47.87	975.65	24.00	2029.67
	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
MASTERS 70+ WOMEN				-					

1	2844	Kathleen Gey van Pittius	BOL	01:21.74	1072.52	00:42.01	1079.95	10.00	2162.47
2	1896	Stephanie Claassen	WP	01:49.49	1017.02	00:46.19	1059.05	40.00	2116.07
3	3215	Isabel McLaren	GN	01:51.80	1012.40	00:49.97	1040.15	60.00	2112.55
4	1348	Marille Bass	WP	01:50.93	1014.14	00:54.75	1016.25	50.00	2080.39
#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points	
MASTERS 70+ MEN				-					
1	1414	Michael Archer	WP	01:11.63	1056.74	00:33.01	1084.95	0.00	2141.69
2	7276	Carel Snyman	GN	01:10.53	1058.94	00:39.57	1052.15	10.00	2121.09
3	3235	Hans Sliep	GN	01:36.06	1007.88	00:44.88	1025.60	80.00	2113.48
4	5861	Schalk Van Heerden	GN	01:59.19	961.62	00:35.34	1073.30	70.00	2104.92
5	1893	Johan Windt	EDEN	01:20.61	1038.78	00:42.74	1036.30	20.00	2095.08
6	2852	Mike McDonald	EDEN	01:48.17	983.66	00:47.85	1010.75	100.00	2094.41
7	1895	Len Claasen	WP	01:09.73	1060.54	00:51.26	993.70	40.00	2094.24
8	3124	Archie Markgraaff	SFS	02:13.90	932.20	00:42.22	1038.90	120.00	2091.10
9	7012	Rabe Kok Snr	EP	01:13.42	1053.16	00:44.53	1027.35	0.00	2080.51
10	2529	Coenie Van Vuuren	BOL	01:38.32	1003.36	00:42.60	1037.00	30.00	2070.36
#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points	
SPECIAL NEEDS FEMALE				-					
1	7706	Liane Pienaar	GN	01:20.64	1078.72	00:33.78	1056.10	0.00	2134.82
2	6473	Isabella von Wielligh	GN	01:21.38	1077.24	00:48.85	980.75	0.00	2057.99
3	5883	Dine Joubert	GRI	02:06.11	987.78	00:51.27	968.65	0.00	1956.43
4	7693	Michele Lombard	EDEN	02:01.45	997.10	01:03.33	908.35	0.00	1905.45
5	7144	Daniel Terblanche	LIM	01:30.14	1059.72	01:16.34	843.30	0.00	1903.02

6	7694	Elizabeth Botes	EDEN	01:58.36	1003.28	01:12.18	864.10	0.00	1867.38
7	7690	Miena Baardman	EDEN	01:56.26	1007.48	01:32.87	760.65	0.00	1768.13
8	7696	Maja Ehlers	EDEN	02:38.69	922.62	01:21.10	819.50	0.00	1742.12
9	7698	Elisma Joubert	EDEN	02:40.51	918.98	02:24.54	502.30	0.00	1421.28
10	6721	Zoe Gauche	GN	03:22.16	835.68	02:33.52	457.40	0.00	1293.08
	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
SPECIAL NEEDS MALE				-					
1	6059	Marius Coetzee	BOL	01:32.75	1054.50	00:46.53	992.35	0.00	2046.85
2	6999	James Schenck	WP	01:41.94	1036.12	00:51.39	968.05	0.00	2004.17
3	7695	Jannie Lourens	EDEN	01:35.99	1048.02	00:57.29	938.55	0.00	1986.57
4	5689	Erath Swanevelder	BOL	01:30.44	1059.12	01:03.50	907.50	0.00	1966.62
5	7691	Pieter Henning	EDEN	02:09.69	980.62	00:58.63	931.85	0.00	1912.47
6	7692	Danie Botes	EDEN	01:25.43	1069.14	01:16.44	842.80	0.00	1911.94
7	7697	Francois Coetzee	EDEN	01:21.97	1076.06	01:20.75	821.25	0.00	1897.31
8	7327	Dries Burger	BOL	02:28.33	943.34	00:57.63	936.85	0.00	1880.19
9	6274	Harholdt Rousseau	WP	01:56.83	1006.34	01:15.35	848.25	0.00	1854.59
10	7253	SJ van Wyngaard	GN	01:46.88	1026.24	01:28.59	782.05	0.00	1808.29
11	5688	Barend Wiese	BOL	01:42.57	1034.86	02:00.94	620.30	0.00	1655.16
12	7120	Johan Le Roux	BOL	01:38.31	1043.38	02:31.13	469.35	0.00	1512.73

