

HIGHGATE INTERPROVINCIAL 2025

Competition Name

2025-02-01

Competition Date

	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
Top 3 Runners									
1	4891	Melissa Meyer	EDEN Team A	02:29.530	1072.94	01:27.440	987.80	30.00	2090.74
2	7697	Francois Coetzee	EDEN Team A	01:20.180	1079.64	01:19.150	829.25	0.00	1908.89
3	1895	Len Claasen	W.P. Team A	01:11.920	1056.16	00:51.330	993.35	40.00	2089.51
	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
Top 3 Swimmers									
1	3124	Archie Markgraaff	SFS Team A	02:17.240	925.52	00:42.130	1039.35	120.00	2084.87
2	6667	Sophia Greeff	EP Team A	01:16.560	1060.88	00:37.780	1091.10	0.00	2151.98
3	1497	Rowan Marais	W.P. Team A	02:24.610	1030.78	01:01.490	1067.55	45.00	2143.33
	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
Top 3 Athletes									
1	6667	Sophia Greeff	EP Team A	01:16.560	1060.88	00:37.780	1091.10	0.00	2151.98
2	1497	Rowan Marais	W.P. Team A	02:24.610	1030.78	01:01.490	1067.55	45.00	2143.33
3	2844	Kathleen Gey van Pittius	BOL Team A	01:22.530	1070.94	00:46.400	1058.00	10.00	2138.94
	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
U/08 GIRLS				-					
1	6984	Kayla van der Merwe	W.P. Team A	01:28.940	1062.12	00:21.130	1069.35	0.00	2131.47

2	6352	Ella Coetzee	EDEN Team A	01:33.850	1052.30	00:26.510	1042.45	0.00	2094.75
3	7364	Emma van der Westhuyzen	W.P. Team A	01:27.320	1065.36	00:30.160	1024.20	0.00	2089.56
4	7069	Hette-Mari Botha	BOL Team A	01:34.890	1050.22	00:27.450	1037.75	0.00	2087.97
5	6744	Mikayla Nieuwenhuis	BOL Team A	01:37.420	1045.16	00:28.600	1032.00	0.00	2077.16
6	7615	Ava Giles	EDEN Team A	01:27.890	1064.22	00:33.440	1007.80	0.00	2072.02
7	7298	Anja Jacobs	BOL Team A	01:46.950	1026.10	00:29.770	1026.15	0.00	2052.25
8	6937	Cari Morkel	BOL Team A	01:36.700	1046.60	00:37.030	989.85	0.00	2036.45
9	7491	Cari van der Merwe	W.P. Team A	01:38.720	1042.56	00:37.330	988.35	0.00	2030.91
10	6683	Nina Hansen	BOL Team A	01:40.900	1038.20	00:40.830	970.85	0.00	2009.05
11	6203	Luna Leibrandt	W.P. Team A	02:22.920	954.16	00:49.130	929.35	0.00	1883.51

#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
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U/08 BOYS			-					
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1	5556	Elea Smith	BOL Team A	01:30.680	1054.64	00:20.410	1062.95	0.00	2117.59
2	6825	Liam de Wet	EDEN Team A	01:25.080	1065.84	00:23.460	1047.70	0.00	2113.54
3	7073	Adrihan Saayman	BOL Team A	01:21.680	1072.64	00:29.320	1018.40	0.00	2091.04
4	6931	Hunter Human	BOL Team A	01:37.490	1041.02	00:27.160	1029.20	0.00	2070.22
5	7521	Johannes Burden	BOL Team B	01:41.670	1032.66	00:26.250	1033.75	0.00	2066.41
6	7072	Nicolaas Brink	BOL Team A	01:46.840	1022.32	00:31.160	1009.20	0.00	2031.52
7	7644	Michael Fouche	W.P. Team A	01:51.360	1013.28	00:38.730	971.35	0.00	1984.63
8	6745	Kippie Mare	BOL Team	01:48.050	1019.90	00:49.440	917.80	0.00	1937.70

	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
U/09 GIRLS				-					
1	6667	Sophia Greeff	EP Team A	01:16.560	1060.88	00:37.780	1091.10	0.00	2151.98
2	5564	Emma-Joy Potgieter	BOL Team A	01:16.820	1060.36	00:42.340	1068.30	0.00	2128.66
3	7500	Ziane Langenhoven	W.P. Team A	01:26.720	1040.56	00:45.310	1053.45	0.00	2094.01
4	6891	Avah Jean Spies	EDEN Team A	01:19.640	1054.72	00:52.690	1016.55	0.00	2071.27
5	7499	Lienke Hanekom	W.P. Team A	01:25.650	1042.70	00:53.670	1011.65	0.00	2054.35
6	5586	Braylee Banies	BOL Team B	01:26.980	1040.04	00:53.840	1010.80	0.00	2050.84
7	6111	Lisa Pretorius	BOL Team A	01:30.340	1033.32	00:52.730	1016.35	0.00	2049.67
8	7299	Adelene Baard	BOL Team A	01:30.990	1032.02	00:52.960	1015.20	0.00	2047.22
9	6098	Carli Labuschagne	W.P. Team A	01:34.280	1025.44	00:52.310	1018.45	0.00	2043.89
10	5601	Imke Du Toit	BOL Team B	01:28.240	1037.52	00:56.410	997.95	0.00	2035.47
11	6826	Nina Vlok	EDEN Team A	01:29.060	1035.88	00:57.940	990.30	0.00	2026.18
12	6340	Milane Belstead	EDEN Team A	01:39.360	1015.28	00:55.890	1000.55	0.00	2015.83
13	5598	Milan Swart	BOL Team A	01:46.550	1000.90	00:53.500	1012.50	0.00	2013.40
14	5991	Alexis van Eyssen	W.P. Team A	01:28.060	1037.88	01:02.940	965.30	0.00	2003.18
15	5585	Lea-Neigh Retief	BOL Team A	01:44.480	1005.04	01:00.270	978.65	0.00	1983.69
16	5990	Mia van Eyssen	W.P. Team A	01:30.530	1032.94	01:06.130	949.35	0.00	1982.29
17	7585	Cari Van Deventer	BOL Team B	01:39.650	1014.70	01:03.170	964.15	0.00	1978.85

18	7035	Su-Ane Kitching	EDEN Team A	01:38.520	1016.96	01:05.230	953.85	0.00	1970.81
19	7124	Lasea Van der Merwe	BOL Team B	01:47.180	999.64	01:09.020	934.90	0.00	1934.54
20	7089	Leane Snyman	BOL Team B	01:56.370	981.26	01:12.490	917.55	0.00	1898.81
	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
U/09 BOYS				-					
1	6287	Michael Maposa	W.P. Team A	01:23.010	1039.98	00:40.370	1053.15	0.00	2093.13
2	7417	Karlo Marais	BOL Team A	01:16.960	1052.08	00:43.650	1036.75	0.00	2088.83
3	6159	Henry Copeland	BOL Team A	01:17.620	1050.76	00:46.400	1023.00	0.00	2073.76
4	6060	Jean-Luc Van der Merwe	BOL Team A	01:27.270	1031.46	00:45.400	1028.00	0.00	2059.46
5	7312	Wouter Van Heerden	BOL Team A	01:21.820	1042.36	00:47.970	1015.15	0.00	2057.51
6	5179	Stian Gericke	W.P. Team A	01:23.610	1038.78	00:47.350	1018.25	0.00	2057.03
7	7482	Ethan Bland	W.P. Team A	01:22.770	1040.46	00:49.350	1008.25	0.00	2048.71
8	6740	Johannes Lesch	BOL Team A	01:25.460	1035.08	00:48.980	1010.10	0.00	2045.18
9	6879	Aiden Peach	EDEN Team B	01:20.960	1044.08	00:51.220	998.90	0.00	2042.98
10	6356	Christiaan Lamprecht	EDEN Team A	01:15.140	1055.72	00:53.740	986.30	0.00	2042.02
11	6391	Tinus Nieuwenhuis	EDEN Team A	01:26.560	1032.88	00:49.440	1007.80	0.00	2040.68
12	6107	Dawie Frylinck	BOL Team B	01:20.060	1045.88	00:54.620	981.90	0.00	2027.78
13	6834	Benjamin Loubser	EDEN Team A	01:20.110	1045.78	00:54.770	981.15	0.00	2026.93
14	7032	Andre Steyn	EDEN Team A	01:24.270	1037.46	00:54.290	983.55	0.00	2021.01
15	5759	Kobus Meintjies	BOL Team	01:25.180	1035.64	00:55.630	976.85	0.00	2012.49

B									
16	6031	Roelf Jacobs	W.P. Team A	01:24.340	1037.32	00:57.960	965.20	0.00	2002.52
17	6243	Lefran Marais	EDEN Team A	01:26.240	1033.52	00:57.700	966.50	0.00	2000.02
18	7066	Judd Louw	BOL Team B	01:35.540	1014.92	00:58.410	962.95	0.00	1977.87
19	5559	Lukas van Wyngaard	EDEN Team B	01:30.960	1024.08	01:02.640	941.80	0.00	1965.88
20	6936	Jan-Louis Van Zyl	BOL Team C	01:28.720	1028.56	01:07.960	915.20	0.00	1943.76
21	7036	Xander van Jaarsveldt	EDEN Team B	01:35.410	1015.18	01:07.530	917.35	0.00	1932.53
22	6351	Nico Derbyshire	EDEN Team B	01:42.180	1001.64	01:06.490	922.55	0.00	1924.19
23	7304	PJ Mong	BOL Team B	01:30.140	1025.72	01:11.850	895.75	0.00	1921.47
24	7416	P G Schilder	W.P. Team A	01:49.060	987.88	01:09.470	907.65	0.00	1895.53
25	5577	Ben Joubert	BOL Team B	01:22.160	1041.68	01:21.030	849.85	0.00	1891.53
26	6428	Matthew McDonald	EDEN Team B	01:44.220	997.56	01:12.270	893.65	0.00	1891.21
#		Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
U/11 GIRLS				-					
1	4729	Elmare Naude	EP Team A	01:12.790	1050.42	00:39.720	1031.40	0.00	2081.82
2	3090	Leah Marais	EP Team A	01:13.160	1049.68	00:39.830	1030.85	0.00	2080.53
3	2583	Milan Ferreira	BOL Team A	01:16.640	1042.72	00:39.300	1033.50	0.00	2076.22
4	6818	Lea de Jager	EDEN Team A	01:23.310	1029.38	00:37.320	1043.40	0.00	2072.78
5	3381	Kari Gericke	W.P. Team A	01:22.650	1030.70	00:38.600	1037.00	0.00	2067.70
6	4141	Kate Gey van Pittius	BOL Team A	01:13.890	1048.22	00:42.110	1019.45	0.00	2067.67

7	3745	Kayla Fouche	W.P. Team A	01:14.200	1047.60	00:42.190	1019.05	0.00	2066.65
8	5581	Irma-Ann Orffer	BOL Team A	01:15.330	1045.34	00:42.020	1019.90	0.00	2065.24
9	4869	Misha Meyer	EDEN Team A	01:23.340	1029.32	00:39.190	1034.05	0.00	2063.37
10	5638	Leah de Wet	EDEN Team A	01:20.940	1034.12	00:40.470	1027.65	0.00	2061.77
11	4403	Ila Schutte	BOL Team A	01:21.680	1032.64	00:40.700	1026.50	0.00	2059.14
12	4471	Zoë van Zyl	W.P. Team A	01:18.380	1039.24	00:42.810	1015.95	0.00	2055.19
13	4676	Sophia Strydom	W.P. Team A	01:20.020	1035.96	00:42.200	1019.00	0.00	2054.96
14	4539	Ella Odendaal	W.P. Team A	01:26.650	1022.70	00:40.640	1026.80	0.00	2049.50
15	5540	Mieke Roos	EDEN Team A	01:31.820	1012.36	00:40.150	1029.25	0.00	2041.61
16	6983	Nila van der Merwe	W.P. Team B	01:30.280	1015.44	00:41.370	1023.15	0.00	2038.59
17	5574	Ava Kruger	BOL Team B	01:21.600	1032.80	00:45.890	1000.55	0.00	2033.35
18	7628	McKenzie Jooste	EP Team A	01:22.990	1030.02	00:46.340	998.30	0.00	2028.32
19	4983	Micah Bezuidenhout	EDEN Team B	01:23.740	1028.52	00:46.110	999.45	0.00	2027.97
20	4799	Chiara Steenkamp	BOL Team A	01:28.980	1018.04	00:44.620	1006.90	0.00	2024.94
21	6217	Ankia Slabbert	BOL Team B	01:29.660	1016.68	00:44.470	1007.65	0.00	2024.33
22	7490	Johanni van der Merwe	W.P. Team B	01:26.540	1022.92	00:45.780	1001.10	0.00	2024.02
23	6253	Lize- Marie Peach	EDEN Team B	01:22.820	1030.36	00:47.610	991.95	0.00	2022.31
24	5583	Jani Swanevelder	BOL Team B	01:22.240	1031.52	00:48.100	989.50	0.00	2021.02
25	6179	Beulah Nel	EP Team A	01:21.400	1033.20	00:48.440	987.80	0.00	2021.00
26	6255	Annabelle	EDEN	01:27.230	1021.54	00:46.730	996.35	0.00	2017.89

McDonald		Team A							
27	7671	Anika Terblanche	EDEN Team C	01:30.060	1015.88	00:46.120	999.40	0.00	2015.28
28	7067	Mikela Roets	BOL Team B	01:17.810	1040.38	00:51.280	973.60	0.00	2013.98
29	5588	Anel Dreyer	BOL Team C	01:36.860	1002.28	00:44.060	1009.70	0.00	2011.98
30	5786	Nina Heyns	BOL Team C	01:30.070	1015.86	00:46.840	995.80	0.00	2011.66
31	4810	Annabel Swart	BOL Team B	01:43.520	988.96	00:41.810	1020.95	0.00	2009.91
32	4578	Lakin Leibrandt	W.P. Team B	01:38.450	999.10	00:43.970	1010.15	0.00	2009.25
33	7542	Clara Ehlers	W.P. Team C	01:20.620	1034.76	00:51.220	973.90	0.00	2008.66
34	3951	Linnea Bond	EDEN Team C	01:32.320	1011.36	00:46.620	996.90	0.00	2008.26
35	6922	Katryn Pieterse	BOL Team C	01:30.780	1014.44	00:47.500	992.50	0.00	2006.94
36	5753	Liani Jacobs	W.P. Team B	01:32.660	1010.68	00:47.820	990.90	0.00	2001.58
37	6318	Milla MacLeod	EP Team A	01:33.560	1008.88	00:47.500	992.50	0.00	2001.38
38	6048	Janelle Van Zyl	BOL Team C	01:32.320	1011.36	00:48.370	988.15	0.00	1999.51
39	5506	Lize - Mari Du Plessis	EDEN Team B	01:32.130	1011.74	00:48.460	987.70	0.00	1999.44
40	7305	Mirabelle Craven	W.P. Team C	01:39.850	996.30	00:45.390	1003.05	0.00	1999.35
41	4481	Lilbeth Kriel	W.P. Team C	01:28.540	1018.92	00:50.920	975.40	0.00	1994.32
42	6353	Sophia Coetzee	EDEN Team B	01:35.170	1005.66	00:49.260	983.70	0.00	1989.36
43	5547	Jana Snyman	EDEN Team B	01:34.940	1006.12	00:49.630	981.85	0.00	1987.97
44	5548	Lisa Snyman	EDEN Team C	01:32.070	1011.86	00:51.020	974.90	0.00	1986.76
45	2505	Jani Van der Merwe	BOL Team	01:37.060	1001.88	00:49.420	982.90	0.00	1984.78

C									
46	4984	Olivia Lamprecht	EDEN Team C	01:40.760	994.48	00:48.430	987.85	0.00	1982.33
47	2290	Nina Vancoillie	W.P. Team B	01:30.010	1015.98	00:52.740	966.30	0.00	1982.28
48	3415	Alexia Ras	W.P. Team C	01:32.800	1010.40	00:58.880	935.60	0.00	1946.00
49	7683	Libby Swanepoel	EDEN Team C	01:26.010	1023.98	01:05.150	904.25	0.00	1928.23
50	7363	Lana van der Westhuyzen	W.P. Team C	01:25.350	1025.30	01:06.220	898.90	0.00	1924.20
51	7498	Anique Tredoux	W.P. Team C	01:39.640	996.72	01:12.100	869.50	0.00	1866.22
	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
U/11 BOYS				-					
1	2801	Jordaan Stemmet	BOL Team A	01:07.060	1059.88	00:36.720	1036.40	0.00	2096.28
2	6924	Jax Louw	BOL Team A	01:11.510	1050.98	00:35.960	1040.20	0.00	2091.18
3	5764	Regard Du Preez	BOL Team A	01:08.380	1057.24	00:37.550	1032.25	0.00	2089.49
4	3601	Markú Loubser	W.P. Team A	01:18.650	1036.70	00:36.730	1036.35	0.00	2073.05
5	3112	Ekhardt Marais	W.P. Team A	01:16.730	1040.54	00:37.940	1030.30	0.00	2070.84
6	6898	Joshua Burrows	EDEN Team A	01:21.330	1031.34	00:36.410	1037.95	0.00	2069.29
7	6822	Rohan Marco Botha	EDEN Team A	01:24.520	1024.96	00:35.560	1042.20	0.00	2067.16
8	6044	Jan-Daniel Human	BOL Team C	01:18.220	1037.56	00:38.370	1028.15	0.00	2065.71
9	3376	Bernard Lamprecht	EDEN Team A	01:09.250	1055.50	00:42.020	1009.90	0.00	2065.40
10	5579	Cobus Els	BOL Team A	01:14.220	1045.56	00:40.700	1016.50	0.00	2062.06
11	3040	Conrad Kriel	W.P. Team A	01:14.720	1044.56	00:41.400	1013.00	0.00	2057.56

12	6041	Levi Van Staden	BOL Team C	01:15.750	1042.50	00:41.000	1015.00	0.00	2057.50
13	2032	Rudolf Smith	EDEN Team A	01:13.730	1046.54	00:41.860	1010.70	0.00	2057.24
14	7341	Pieter-Daniel De Wet	BOL Team A	01:16.720	1040.56	00:40.690	1016.55	0.00	2057.11
15	2980	Cobus Wentzel	W.P. Team A	01:20.170	1033.66	00:39.420	1022.90	0.00	2056.56
16	6658	Simon Tredoux	W.P. Team B	01:22.290	1029.42	00:39.000	1025.00	0.00	2054.42
17	2605	Derik Le Roux	BOL Team B	01:08.690	1056.62	00:45.080	994.60	0.00	2051.22
18	6651	Ethan Schutte	W.P. Team A	01:24.400	1025.20	00:39.030	1024.85	0.00	2050.05
19	5996	Motlatsi Khahledi	W.P. Team B	01:23.100	1027.80	00:39.570	1022.15	0.00	2049.95
20	5493	AJ Burger	BOL Team B	01:17.070	1039.86	00:42.030	1009.85	0.00	2049.71
21	4240	Ruvan Jooste	W.P. Team B	01:16.450	1041.10	00:42.940	1005.30	0.00	2046.40
22	5580	Jan-Louis Els	BOL Team B	01:12.310	1049.38	00:44.670	996.65	0.00	2046.03
23	5551	Burt Nieuwenhuis	EDEN Team A	01:18.290	1037.42	00:42.310	1008.45	0.00	2045.87
24	6095	Joshua Copeland	BOL Team C	01:17.810	1038.38	00:42.660	1006.70	0.00	2045.08
25	6403	Caydann Basset	EDEN Team B	01:19.660	1034.68	00:43.710	1001.45	0.00	2036.13
26	6830	De Wet Venter	EDEN Team B	01:19.550	1034.90	00:44.000	1000.00	0.00	2034.90
27	2658	Luc Slabbert	BOL Team C	01:29.850	1014.30	00:40.060	1019.70	0.00	2034.00
28	6823	Bastiaan David Botha	EDEN Team B	01:29.080	1015.84	00:41.000	1015.00	0.00	2030.84
29	7623	Lohan Kapp	EP Team A	01:23.580	1026.84	00:43.630	1001.85	0.00	2028.69
30	4162	Schalk Le Roux	BOL Team B	01:22.610	1028.78	00:44.690	996.55	0.00	2025.33
31	4076	Lian Hattingh	EDEN	01:30.110	1013.78	00:41.940	1010.30	0.00	2024.08

			Team B						
32	6275	Blake Kotze	W.P. Team B	01:28.870	1016.26	00:42.440	1007.80	0.00	2024.06
33	6565	Liham Labuschagne	EP Team A	01:22.700	1028.60	00:45.710	991.45	0.00	2020.05
34	3880	Drey Naude	BOL Team C	01:22.370	1029.26	00:46.160	989.20	0.00	2018.46
35	5093	Matteo Stipeć	EDEN Team C	01:18.180	1037.64	00:48.000	980.00	0.00	2017.64
36	6299	Jeandre Rossouw	W.P. Team B	01:31.080	1011.84	00:43.000	1005.00	0.00	2016.84
37	6244	Eben Jordaan	EDEN Team B	01:19.240	1035.52	00:48.260	978.70	0.00	2014.22
38	2661	Philip Beyers	BOL Team B	01:20.460	1033.08	00:47.870	980.65	0.00	2013.73
39	7617	Hermanus Potgieter	EDEN Team C	01:17.890	1038.22	00:50.400	968.00	0.00	2006.22
40	7621	Rhyk Lingenfelder	EP Team A	01:27.540	1018.92	00:46.830	985.85	0.00	2004.77
41	6637	Matthew Bland	W.P. Team C	01:25.770	1022.46	00:48.500	977.50	0.00	1999.96
42	6358	Mason Theron	EDEN Team C	01:27.880	1018.24	00:52.310	958.45	0.00	1976.69
43	6477	Dennis-George Loubser	EDEN Team C	01:26.860	1020.28	00:52.880	955.60	0.00	1975.88
44	6268	Albert Bruckner	W.P. Team C	01:32.700	1008.60	00:52.470	957.65	0.00	1966.25
45	6290	Fritz Smalberger	W.P. Team C	01:37.190	999.62	00:54.080	949.60	0.00	1949.22
#		Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
U/13 GIRLS				-					
1	1021	Zane Esterhuizen	BOL Team A	02:28.400	1065.20	00:34.660	1033.40	0.00	2098.60
2	4982	Keyla Douglas	EDEN Team A	02:50.360	1021.28	00:32.720	1052.80	0.00	2074.08
3	6997	Saskia Gilligan	W.P. Team A	02:47.880	1026.24	00:33.940	1040.60	0.00	2066.84

4	2396	Mieke Burger	BOL Team A	02:41.390	1039.22	00:35.260	1027.40	0.00	2066.62
5	4538	Sarah - Kate Odendaal	W.P. Team A	03:00.480	1001.04	00:32.470	1055.30	0.00	2056.34
6	2660	Lize-Mari Beyers	BOL Team C	03:00.760	1000.48	00:32.760	1052.40	0.00	2052.88
7	2602	Zanli Le Roux	BOL Team A	02:46.660	1028.68	00:36.680	1013.20	0.00	2041.88
8	5509	Helena Lourens	EDEN Team A	02:40.110	1041.78	00:39.080	989.20	0.00	2030.98
9	7301	Minneka Burden	BOL Team A	02:53.960	1014.08	00:36.560	1014.40	0.00	2028.48
10	2552	Ane Human	BOL Team A	03:00.840	1000.32	00:35.370	1026.30	0.00	2026.62
11	7118	Lily Mari Van Zyl	BOL Team B	02:59.250	1003.50	00:36.140	1018.60	0.00	2022.10
12	3266	Mariane Labuschagne	EDEN Team A	03:05.840	990.32	00:34.870	1031.30	0.00	2021.62
13	1885	Mieke Buitendag	EDEN Team A	02:54.650	1012.70	00:37.180	1008.20	0.00	2020.90
14	2699	Cume Mouton	BOL Team B	02:54.720	1012.56	00:37.470	1005.30	0.00	2017.86
15	2687	Lienke Bester	BOL Team B	02:58.370	1005.26	00:36.950	1010.50	0.00	2015.76
16	4103	Niane Mare	BOL Team C	02:42.960	1036.08	00:40.250	977.50	0.00	2013.58
17	2506	Rouxle Kotze	BOL Team C	03:09.310	983.38	00:35.280	1027.20	0.00	2010.58
18	1834	Lheane Du Plessis	EDEN Team A	03:13.610	974.78	00:35.370	1026.30	0.00	2001.08
19	2558	Annique Bester	BOL Team C	03:06.550	988.90	00:37.650	1003.50	0.00	1992.40
20	6339	Ashley T Mwaita	EDEN Team B	02:54.280	1013.44	00:41.290	967.10	0.00	1980.54
21	7015	Astrid Piper Saul	W.P. Team A	03:05.470	991.06	00:40.030	979.70	0.00	1970.76
22	7619	Jani Botha	EDEN Team B	02:59.070	1003.86	00:42.400	956.00	0.00	1959.86

23	1831	Cobie Loubser	EDEN Team B	02:51.300	1019.40	00:44.560	934.40	0.00	1953.80
24	7026	Aliana Stipeć	EDEN Team B	03:06.320	989.36	00:42.190	958.10	0.00	1947.46
25	2617	Lara Uys	BOL Team B	03:08.620	984.76	00:42.570	954.30	0.00	1939.06
26	2618	Dane Uys	BOL Team B	03:26.230	949.54	00:41.470	965.30	0.00	1914.84
27	4780	Callan Kiewitt	EDEN Team B	03:22.710	956.58	00:43.090	949.10	0.00	1905.68
28	7640	Minke Marincowitz	EP Team B	03:09.670	982.66	00:45.780	922.20	0.00	1904.86
29	7020	Sienna du Toit	W.P. Team B	03:19.730	962.54	00:44.420	935.80	0.00	1898.34
30	5058	Ruby Visagie	BOL Team C	03:27.480	947.04	00:43.450	945.50	0.00	1892.54
31	3949	Leanne Loots	EDEN Team C	03:57.800	886.40	00:37.990	1000.10	0.00	1886.50
32	7291	Sophia-Lily Ashton	W.P. Team A	03:07.060	987.88	00:48.710	892.90	0.00	1880.78
33	3560	Danni Croft	EDEN Team C	03:34.230	933.54	00:43.650	943.50	0.00	1877.04
34	7686	Nhea Du Toit	EDEN Team C	03:45.700	910.60	00:41.910	960.90	0.00	1871.50
35	3957	Anya Wiid	EDEN Team C	03:36.980	928.04	00:43.840	941.60	0.00	1869.64
36	6652	Mila Schutte	W.P. Team B	03:30.380	941.24	00:45.670	923.30	0.00	1864.54
37	3778	Annalie Terblanche	EP Team A	03:27.260	947.48	00:48.020	899.80	0.00	1847.28
38	4448	Marné van Eyssen	W.P. Team B	03:21.360	959.28	00:50.500	875.00	0.00	1834.28
39	7008	Sophia Read	W.P. Team B	03:42.110	917.78	00:47.860	901.40	0.00	1819.18
40	5607	Lika Rabie	BOL Team C	00:00.000	0.00	00:40.730	972.70	0.00	972.70
	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points

U/13 BOYS			-						
1	2913	Wanru Haasbroek	EDEN Team A	02:30.470	1059.06	00:31.520	1044.80	0.00	2103.86
2	4867	Judah Spies	EDEN Team A	02:27.520	1064.96	00:33.830	1021.70	0.00	2086.66
3	1801	Benjamin Bond	EDEN Team A	02:43.660	1032.68	00:33.000	1030.00	0.00	2062.68
4	4603	Reynardt Grobler	BOL Team A	02:47.560	1024.88	00:32.750	1032.50	0.00	2057.38
5	2598	Matthys Potgieter	BOL Team A	02:39.980	1040.04	00:34.810	1011.90	0.00	2051.94
6	4129	Juan Le Roux	BOL Team A	02:41.810	1036.38	00:34.560	1014.40	0.00	2050.78
7	4716	Ruben Knoetze	EDEN Team A	02:50.840	1018.32	00:33.690	1023.10	0.00	2041.42
8	6998	Cooper Gilligan	W.P. Team A	02:43.120	1033.76	00:35.560	1004.40	0.00	2038.16
9	5800	Azar Scheepers	BOL Team B	02:43.910	1032.18	00:35.680	1003.20	0.00	2035.38
10	1535	Daniël van Wyngaard	EDEN Team A	02:50.520	1018.96	00:34.820	1011.80	0.00	2030.76
11	2634	Niel Naude	BOL Team A	02:45.620	1028.76	00:35.880	1001.20	0.00	2029.96
12	2510	Barend Spreeth	BOL Team B	02:45.170	1029.66	00:36.510	994.90	0.00	2024.56
13	2285	Ryan Fouche	W.P. Team A	02:52.980	1014.04	00:35.290	1007.10	0.00	2021.14
14	4128	Anthony Le Roux	BOL Team A	02:48.150	1023.70	00:36.280	997.20	0.00	2020.90
15	4557	William Scholtz	W.P. Team A	02:51.190	1017.62	00:36.090	999.10	0.00	2016.72
16	2412	Stefanus Louw	W.P. Team A	02:44.330	1031.34	00:37.960	980.40	0.00	2011.74
17	1533	Liam Bakkes	BOL Team C	02:55.570	1008.86	00:35.810	1001.90	0.00	2010.76
18	1011	Liam Brand	BOL Team B	02:39.620	1040.76	00:39.530	964.70	0.00	2005.46
19	4108	Kyle Kruger	BOL Team C	02:47.870	1024.26	00:37.960	980.40	0.00	2004.66

20	2528	Adriaan Burger	BOL Team B	03:03.570	992.86	00:35.350	1006.50	0.00	1999.36
21	5611	Rauten Stander	BOL Team C	02:50.090	1019.82	00:38.810	971.90	0.00	1991.72
22	7639	Owen Jooste	EP Team A	03:07.980	984.04	00:35.690	1003.10	0.00	1987.14
23	6827	Eduard Snyman	EDEN Team B	02:38.810	1042.38	00:41.710	942.90	0.00	1985.28
24	6286	Paul Maposa	W.P. Team B	03:00.080	999.84	00:37.560	984.40	0.00	1984.24
25	5691	Lian Jonker	BOL Team B	02:58.170	1003.66	00:38.410	975.90	0.00	1979.56
26	3089	Christiaan Marais	EP Team A	02:48.410	1023.18	00:40.710	952.90	0.00	1976.08
27	1646	Henri Pretorius;	W.P. Team B	03:02.600	994.80	00:37.930	980.70	0.00	1975.50
28	1136	Reghardt van Zyl	EP Team A	03:03.170	993.66	00:38.130	978.70	0.00	1972.36
29	2921	Wiam Derbyshire	EDEN Team B	03:21.190	957.62	00:35.020	1009.80	0.00	1967.42
30	6361	Emile van Heerden	EDEN Team B	03:20.610	958.78	00:35.770	1002.30	0.00	1961.08
31	6665	Jean-Luc Greeff	EP Team B	03:02.880	994.24	00:40.100	959.00	0.00	1953.24
32	6280	Wilhelm Smalberger	W.P. Team B	02:51.120	1017.76	00:42.850	931.50	0.00	1949.26
33	6317	Ross MacLeod	EP Team B	03:03.790	992.42	00:41.250	947.50	0.00	1939.92
34	2538	Schoeman Buchner	BOL Team C	03:21.480	957.04	00:38.470	975.30	0.00	1932.34
35	1820	Riaan-Louis Pieterse	EDEN Team C	02:42.500	1035.00	00:46.820	891.80	0.00	1926.80
36	6821	Finley Mittendorff	EDEN Team B	03:29.720	940.56	00:38.140	978.60	0.00	1919.16
37	6338	Asher T Mwaita	EDEN Team B	03:24.160	951.68	00:39.360	966.40	0.00	1918.08
38	2033	Esteen Potts	EP Team B	03:19.470	961.06	00:41.220	947.80	0.00	1908.86

39	5594	Leon Steenkamp	BOL Team C	03:07.170	985.66	00:44.470	915.30	0.00	1900.96
40	7033	Keaghan Basset	EDEN Team C	03:14.910	970.18	00:44.260	917.40	0.00	1887.58
41	3178	Aran Hopper	EDEN Team C	03:22.220	955.56	00:45.690	903.10	0.00	1858.66
#		Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
U/15 GIRLS				-					
1	2717	Georgia Sabbagha	BOL Team A	02:29.970	1046.06	01:09.570	1027.15	0.00	2073.21
2	2701	Nicola Hawley	BOL Team A	02:37.710	1030.58	01:10.360	1023.20	0.00	2053.78
3	6202	Anja de Villiers	W.P. Team A	02:55.200	995.60	01:06.870	1040.65	0.00	2036.25
4	1422	Yvette Louw	W.P. Team A	02:37.340	1031.32	01:15.630	996.85	0.00	2028.17
5	4169	Milan Kruger	BOL Team A	02:30.210	1045.58	01:19.850	975.75	0.00	2021.33
6	1919	Iane Joubert	EDEN Team A	02:41.340	1023.32	01:16.730	991.35	0.00	2014.67
7	4302	Mieke Joubert	BOL Team A	02:29.720	1046.56	01:23.770	956.15	0.00	2002.71
8	2924	Leah Hopper	EDEN Team A	02:49.660	1006.68	01:16.300	993.50	0.00	2000.18
9	3581	Nokutenda Tembo	EDEN Team B	03:00.320	985.36	01:14.080	1004.60	0.00	1989.96
10	1393	Elizabeth Van der Merwe	W.P. Team A	02:46.370	1013.26	01:20.740	971.30	0.00	1984.56
11	1798	Danielle Bond	EDEN Team A	02:48.340	1009.32	01:20.500	972.50	0.00	1981.82
12	1926	Minay Botha	EDEN Team A	02:35.210	1035.58	01:28.000	935.00	0.00	1970.58
13	4405	Thea Treurnicht	BOL Team B	02:49.720	1006.56	01:24.790	951.05	0.00	1957.61
14	5595	Mia Steenkamp	BOL Team C	02:50.240	1005.52	01:26.100	944.50	0.00	1950.02
15	2759	Nellamari Fourie	BOL Team	02:52.140	1001.72	01:25.680	946.60	0.00	1948.32

B									
16	4707	Liyah Theron	EDEN Team B	02:54.660	996.68	01:24.880	950.60	0.00	1947.28
17	4380	Isabella Gelderblom	BOL Team B	03:09.020	967.96	01:19.380	978.10	0.00	1946.06
18	6235	Mila Melson	BOL Team C	02:59.550	986.90	01:24.120	954.40	0.00	1941.30
19	1041	Antru Esterhuizen	BOL Team B	02:47.790	1010.42	01:28.890	930.55	0.00	1940.97
20	5762	Aimee Liebenberg	BOL Team A	03:19.640	946.72	01:17.100	989.50	0.00	1936.22
21	6642	Linmari Gibson	W.P. Team B	02:50.980	1004.04	01:29.010	929.95	0.00	1933.99
22	6116	Haylee Julius	W.P. Team A	02:48.180	1009.64	01:30.570	922.15	0.00	1931.79
23	1034	Anlo Esterhuizen	BOL Team C	02:45.210	1015.58	01:33.040	909.80	0.00	1925.38
24	6327	Liza Oosthuizen	EDEN Team B	02:59.830	986.34	01:27.310	938.45	0.00	1924.79
25	7365	Gia de Wit	W.P. Team B	02:49.050	1007.90	01:31.690	916.55	0.00	1924.45
26	2635	Lisa Van Zyl	BOL Team C	02:45.580	1014.84	01:33.120	909.40	0.00	1924.24
27	1506	Nina Koen	EDEN Team C	03:04.860	976.28	01:26.680	941.60	0.00	1917.88
28	7664	Ella Venter	EDEN Team C	02:49.240	1007.52	01:33.000	910.00	0.00	1917.52
29	6939	Sumari Grobler	BOL Team C	02:58.020	989.96	01:34.290	903.55	0.00	1893.51
30	7543	Taylor Kotzee	W.P. Team B	02:58.760	988.48	01:34.540	902.30	0.00	1890.78
31	6435	Imke Swanepoel	EDEN Team C	03:07.660	970.68	01:31.220	918.90	0.00	1889.58
32	4872	Caitlin Douglas	EDEN Team C	03:08.430	969.14	01:31.660	916.70	0.00	1885.84
33	7303	Mia Burger	BOL Team B	03:13.150	959.70	01:30.230	923.85	0.00	1883.55
34	3020	Carelien Van der Merwe	W.P. Team B	02:54.440	997.12	01:47.430	837.85	0.00	1834.97

35	1228	Kara Wentzel	W.P. Team A	03:26.320	933.36	01:40.150	874.25	0.00	1807.61
36	3336	Roshelle van Niekerk	EDEN Team B	03:11.400	963.20	00:00.000	0.00	0.00	963.20
	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
U/15 BOYS				-					
1	4939	Caleb Hough	BOL Team A	02:22.500	1049.00	01:04.190	1044.05	0.00	2093.05
2	2584	Jan-David Kirsten	BOL Team A	02:17.640	1058.72	01:06.620	1031.90	0.00	2090.62
3	4462	Louis Lategan	GRI Team A	02:23.680	1046.64	01:11.250	1008.75	0.00	2055.39
4	4896	Pierre Spies	EDEN Team A	02:26.550	1040.90	01:11.440	1007.80	0.00	2048.70
5	2515	Wian Van der Merwe	BOL Team A	02:31.930	1030.14	01:09.590	1017.05	0.00	2047.19
6	1338	D'niel Conradie	BOL Team A	02:33.010	1027.98	01:09.280	1018.60	0.00	2046.58
7	7674	Joe Alberts	EDEN Team A	02:29.590	1034.82	01:11.580	1007.10	0.00	2041.92
8	1423	Wian Joubert	W.P. Team A	02:27.890	1038.22	01:13.090	999.55	0.00	2037.77
9	4157	Tony Milner	BOL Team B	02:24.250	1045.50	01:15.000	990.00	0.00	2035.50
10	4171	Heinrich Kruger	BOL Team B	02:21.440	1051.12	01:16.140	984.30	0.00	2035.42
11	2597	Tiaan Wagener	BOL Team A	02:45.430	1003.14	01:07.470	1027.65	0.00	2030.79
12	3576	Hallett Swanepoel	EDEN Team A	02:40.990	1012.02	01:11.220	1008.90	0.00	2020.92
13	1247	Jack Fouche	W.P. Team A	02:36.190	1021.62	01:15.590	987.05	0.00	2008.67
14	7676	Lian Cilliers	EDEN Team A	02:42.520	1008.96	01:13.460	997.70	0.00	2006.66
15	6684	Theo Barnard	BOL Team B	02:58.770	976.46	01:07.320	1028.40	0.00	2004.86
16	3959	Christiaan	EDEN	02:52.350	989.30	01:10.530	1012.35	0.00	2001.65

Rank		Name		Team		Time		Score		Points	
		Smit		Team A							
17	5765	Dian Visagie	BOL Team B	02:52.150	989.70	01:11.130	1009.35	0.00	1999.05		
18	1645	Theo Pretorius	W.P. Team A	02:48.720	996.56	01:13.330	998.35	0.00	1994.91		
19	2280	Jean Troskie	W.P. Team A	02:59.320	975.36	01:09.580	1017.10	0.00	1992.46		
20	3209	John William Grobler	BOL Team B	02:35.470	1023.06	01:19.180	969.10	0.00	1992.16		
21	6429	Benjamin Schneider	EDEN Team B	02:41.240	1011.52	01:18.210	973.95	0.00	1985.47		
22	1836	Jacobus Smith	EDEN Team B	02:44.680	1004.64	01:19.730	966.35	0.00	1970.99		
23	2633	AJ Naude	BOL Team C	02:44.990	1004.02	01:20.030	964.85	0.00	1968.87		
24	5633	Pieter Schoeman	EDEN Team B	02:28.100	1037.80	01:28.250	923.75	0.00	1961.55		
25	2928	Ruan Share	EDEN Team C	02:45.880	1002.24	01:23.550	947.25	0.00	1949.49		
26	1426	Christiaan Stander	BOL Team C	03:17.880	938.24	01:11.320	1008.40	0.00	1946.64		
27	1833	Daniel Anker	EDEN Team B	02:45.930	1002.14	01:26.020	934.90	0.00	1937.04		
28	4078	Rynard van der Colff	EDEN Team C	02:50.530	992.94	01:24.450	942.75	0.00	1935.69		
29	2930	Jandre van Lill	EDEN Team C	02:25.190	1043.62	01:35.650	886.75	0.00	1930.37		
30	1508	De Wet Botes	EDEN Team C	02:58.850	976.30	01:22.220	953.90	0.00	1930.20		
31	6654	Lucas Linde	W.P. Team A	02:47.530	998.94	01:29.090	919.55	0.00	1918.49		
32	3931	Josh Pretorius	BOL Team C	02:45.350	1003.30	01:30.540	912.30	0.00	1915.60		
33	6108	Chrislu Steenkamp	BOL Team C	02:45.530	1002.94	01:32.420	902.90	0.00	1905.84		
34	4709	Cameron McEwan	EDEN Team B	02:43.990	1006.02	01:33.040	899.80	0.00	1905.82		
35	6741	Fana Beukes	BOL Team	02:53.160	987.68	01:30.830	910.85	0.00	1898.53		

C									
36	7687	Johan van Zyl	EDEN Team C	02:48.100	997.80	01:32.970	900.15	0.00	1897.95
37	7004	Caydon Minnie	EP Team C	03:04.910	964.18	01:34.440	892.80	0.00	1856.98
#		Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
U/17 GIRLS				-					
1	4461	Lehane Lategan	GRI Team A	02:28.030	1029.94	01:06.220	1043.90	0.00	2073.84
2	3607	Juane Burger	W.P. Team A	02:31.550	1022.90	01:07.710	1036.45	0.00	2059.35
3	4614	Emily Liebenberg	BOL Team A	02:37.950	1010.10	01:06.610	1041.95	0.00	2052.05
4	1342	Anieka Louw	W.P. Team A	02:39.680	1006.64	01:06.240	1043.80	0.00	2050.44
5	2912	Dune Haasbroek	EDEN Team A	02:33.230	1019.54	01:12.510	1012.45	0.00	2031.99
6	3628	Ane Cloete	W.P. Team A	02:42.220	1001.56	01:13.920	1005.40	0.00	2006.96
7	7308	Sienna Ellis	BOL Team A	02:33.020	1019.96	01:17.750	986.25	0.00	2006.21
8	1507	Lizandri Koen	EDEN Team A	02:30.370	1025.26	01:19.100	979.50	0.00	2004.76
9	7667	Ona-Mari van Niekerk	EDEN Team A	03:02.080	961.84	01:09.440	1027.80	0.00	1989.64
10	1015	Inge Brand	BOL Team A	02:48.440	989.12	01:16.130	994.35	0.00	1983.47
11	4117	Rosie Buchner	BOL Team B	02:48.690	988.62	01:17.270	988.65	0.00	1977.27
12	1823	Megan Stahmer	EDEN Team A	02:39.030	1007.94	01:21.410	967.95	0.00	1975.89
13	4167	Marike Duvenage	BOL Team B	02:29.840	1026.32	01:25.230	948.85	0.00	1975.17
14	7070	Anine Pienaar	BOL Team B	02:37.120	1011.76	01:22.750	961.25	0.00	1973.01
15	4412	Ilina Swart	BOL Team A	02:39.840	1006.32	01:22.490	962.55	0.00	1968.87

16	6434	Leane Swanepoel	EDEN Team A	02:54.630	976.74	01:16.710	991.45	0.00	1968.19
17	7110	Petra Rossouw	BOL Team B	02:51.760	982.48	01:18.080	984.60	0.00	1967.08
18	1838	Nina Cloete	EDEN Team B	02:41.090	1003.82	01:23.220	958.90	0.00	1962.72
19	5578	Jani Visagie	BOL Team A	02:59.810	966.38	01:16.730	991.35	0.00	1957.73
20	7666	Sian Kleynhans	EDEN Team B	03:08.740	948.52	01:13.830	1005.85	0.00	1954.37
21	5163	Stella Greyling	W.P. Team A	02:40.860	1004.28	01:25.080	949.60	0.00	1953.88
22	2636	Mia Van Zyl	BOL Team B	02:36.570	1012.86	01:31.530	917.35	0.00	1930.21
23	1043	Anmi Slabbert	BOL Team C	03:09.390	947.22	01:18.580	982.10	0.00	1929.32
24	7328	Kendra Kitching	BOL Team C	02:59.610	966.78	01:23.030	959.85	0.00	1926.63
25	7281	Mira Rabie	BOL Team C	02:52.870	980.26	01:26.550	942.25	0.00	1922.51
26	6333	Abigail Louw	EDEN Team B	02:54.170	977.66	01:32.690	911.55	0.00	1889.21
27	3117	Alme Fourie	EP Team A	03:20.280	925.44	01:24.270	953.65	0.00	1879.09
28	5615	Emma Swart	EDEN Team B	03:47.690	870.62	01:18.720	981.40	0.00	1852.02
29	7673	Sarai Roos	EDEN Team C	03:17.190	931.62	01:56.630	791.85	0.00	1723.47
30	3095	Anco Nel	EP Team C	03:28.770	908.46	01:53.260	808.70	0.00	1717.16
31	3987	Lee-Anne Pretorius	EDEN Team B	00:00.000	0.00	01:14.070	1004.65	0.00	1004.65

#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
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U/17 BOYS				-				
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1	2666	Renso De Wet	BOL Team A	02:06.000	1060.00	01:06.260	1018.70	0.00	2078.70
2	1164	Alexander Serfontein	EP Team	02:15.700	1040.60	01:03.370	1033.15	0.00	2073.75

A									
3	2641	Arden Kotze	BOL Team A	02:18.650	1034.70	01:05.410	1022.95	0.00	2057.65
4	4710	Johan Schoeman	EDEN Team A	02:09.950	1052.10	01:09.160	1004.20	0.00	2056.30
5	6392	Ewald Swanepoel	EDEN Team A	02:31.780	1008.44	01:03.310	1033.45	0.00	2041.89
6	7005	MJ Combrinck	BOL Team A	02:25.740	1020.52	01:07.210	1013.95	0.00	2034.47
7	1208	Niel Conradie	W.P. Team A	02:20.080	1031.84	01:09.530	1002.35	0.00	2034.19
8	4672	Ruhann Slabber	BOL Team A	02:30.060	1011.88	01:05.630	1021.85	0.00	2033.73
9	6221	Hunter Krynauw	BOL Team A	02:31.650	1008.70	01:07.130	1014.35	0.00	2023.05
10	2132	Christiaan Bakkes	BOL Team C	02:24.320	1023.36	01:10.960	995.20	0.00	2018.56
11	7605	Jackson Schliemann	BOL Team C	02:36.340	999.32	01:06.210	1018.95	0.00	2018.27
12	2616	Dirk Uys	BOL Team B	02:28.100	1015.80	01:10.560	997.20	0.00	2013.00
13	4733	Rosou Rossouw	EDEN Team A	02:27.510	1016.98	01:15.470	972.65	0.00	1989.63
14	6584	MJ Britz	EP Team A	02:29.100	1013.80	01:15.630	971.85	0.00	1985.65
15	7114	Heinrich Rix	BOL Team B	02:27.250	1017.50	01:16.410	967.95	0.00	1985.45
16	5515	Hennie Calitz	EDEN Team A	02:38.780	994.44	01:12.150	989.25	0.00	1983.69
17	2613	Dirk Neethling	BOL Team B	02:20.420	1031.16	01:19.870	950.65	0.00	1981.81
18	5150	Alexander de Jager	W.P. Team A	02:34.200	1003.60	01:14.530	977.35	0.00	1980.95
19	5773	Eduan Badenhorst	BOL Team B	02:33.020	1005.96	01:16.660	966.70	0.00	1972.66
20	3092	George Marsh	EP Team A	02:21.830	1028.34	01:22.990	935.05	0.00	1963.39
21	6588	Handre Muller	EP Team A	02:35.220	1001.56	01:17.900	960.50	0.00	1962.06

22	5149	Ruben Zevenster	W.P. Team A	02:56.500	959.00	01:09.810	1000.95	0.00	1959.95
23	3989	Ewan Botha	EDEN Team B	02:51.050	969.90	01:16.350	968.25	0.00	1938.15
24	4738	Stiaan Pool	EDEN Team B	02:34.080	1003.84	01:23.570	932.15	0.00	1935.99
25	4735	WWJ Spangenberg	EDEN Team B	02:31.410	1009.18	01:25.720	921.40	0.00	1930.58
26	4734	Herman van Zyl	EDEN Team B	02:44.420	983.16	01:22.420	937.90	0.00	1921.06
27	6519	Delino D'Abreu	EDEN Team B	02:56.920	958.16	01:20.280	948.60	0.00	1906.76
28	7680	Pieter-Jan Pretorius	EDEN Team C	02:44.720	982.56	01:25.430	922.85	0.00	1905.41
29	6589	Stefan Freeman	EP Team B	02:38.140	995.72	01:28.330	908.35	0.00	1904.07
30	5546	Jack Hume	EDEN Team C	02:52.500	967.00	01:25.720	921.40	0.00	1888.40
31	7006	Byron Minnie	EP Team B	02:58.020	955.96	01:24.000	930.00	0.00	1885.96
32	6306	Dantey Silva	EDEN Team C	02:42.380	987.24	01:30.690	896.55	0.00	1883.79
33	1837	Callan Du Plessis	EDEN Team C	02:30.910	1010.18	01:35.420	872.90	0.00	1883.08
34	2709	Malan Schoeman	BOL Team C	02:36.830	998.34	01:37.650	861.75	0.00	1860.09
35	5799	Alfons Bester	BOL Team C	02:21.400	1029.20	01:51.250	793.75	0.00	1822.95
36	7652	Nico de Nysschen	W.P. Team A	00:00.000	0.00	00:00.000	0.00	0.00	0.00
37	6587	Jan-Louw du Plessis	EP Team B	00:00.000	0.00	00:00.000	0.00	0.00	0.00
38	1110	Zack Slabbert	EP Team A	00:00.000	0.00	00:00.000	0.00	0.00	0.00
#		Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
U/19 GIRLS				-					
1	1345	Mila	BOL	02:32.480	1043.04	01:04.060	1049.70	0.00	2092.74

		Prinsloo	Team A						
2	1898	Melissa Kuun	EDEN Team A	02:54.300	999.40	01:01.830	1060.85	0.00	2060.25
3	7649	Kye-Ann Fowler	W.P. Team A	02:51.390	1005.22	01:07.250	1033.75	0.00	2038.97
4	3197	Mischa Grobler	BOL Team A	02:37.600	1032.80	01:13.720	1001.40	0.00	2034.20
5	2053	Anrilé Victor	GRI Team A	02:30.840	1046.32	01:16.540	987.30	0.00	2033.62
6	3730	Anneke Stassen	W.P. Team A	02:54.710	998.58	01:10.010	1019.95	0.00	2018.53
7	1805	Marilie Duvenhage	EDEN Team A	02:40.420	1027.16	01:17.620	981.90	0.00	2009.06
8	1013	Jacy Brand	BOL Team A	02:43.920	1020.16	01:18.960	975.20	0.00	1995.36
9	4724	Larissa Badenhorst	EDEN Team A	02:56.570	994.86	01:16.810	985.95	0.00	1980.81
10	7480	Madison Hayes	W.P. Team A	02:52.360	1003.28	01:18.970	975.15	0.00	1978.43
11	1928	Mia Botha	EDEN Team A	02:39.970	1028.06	01:26.440	937.80	0.00	1965.86
12	3093	Janita Marsh	EP Team A	03:10.190	967.62	01:14.690	996.55	0.00	1964.17
13	1318	Olivia Wilson	W.P. Team A	02:45.440	1017.12	01:29.680	921.60	0.00	1938.72
14	7137	Ariana Sassoli	BOL Team A	02:36.480	1035.04	01:35.020	894.90	0.00	1929.94
15	7629	Carla van Tonder	EP Team A	03:11.510	964.98	01:22.210	958.95	0.00	1923.93
16	7481	Danelle Dry	W.P. Team A	03:33.080	921.84	01:15.880	990.60	0.00	1912.44
17	6469	Shane Buitendag	EDEN Team A	03:10.480	967.04	01:26.530	937.35	0.00	1904.39
18	7672	Kayla Swanepoel	EDEN Team B	03:50.740	886.52	01:25.820	940.90	0.00	1827.42
19	3991	Mieke Botha	EDEN Team B	03:14.310	959.38	01:40.610	866.95	0.00	1826.33
20	5569	Nicole van Rooyen	EDEN Team	03:41.970	904.06	01:32.610	906.95	0.00	1811.01

B									
	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
U/19 BOYS				-					
1	2539	Neil-Willem Buchner	BOL Team A	02:17.120	1023.76	00:58.970	1045.15	0.00	2068.91
2	1867	Hanru Kuun	EDEN Team A	02:16.670	1024.66	00:59.940	1040.30	0.00	2064.96
3	3613	Quinn Dick Koekemoer	W.P. Team A	02:19.320	1019.36	00:59.090	1044.55	0.00	2063.91
4	3614	Callum Koekemoer	W.P. Team A	02:17.410	1023.18	01:01.080	1034.60	0.00	2057.78
5	4010	Daniel Kolver	EDEN Team A	02:20.600	1016.80	01:01.790	1031.05	0.00	2047.85
6	3298	Jean-Paul Van Dyk	EDEN Team A	02:23.060	1011.88	01:01.970	1030.15	0.00	2042.03
7	4644	Andrew Steyn	W.P. Team A	02:12.130	1033.74	01:06.920	1005.40	0.00	2039.14
8	6596	JC van Rooyen	EP Team A	02:30.070	997.86	01:02.000	1030.00	0.00	2027.86
9	4600	Jozef De Beer	BOL Team A	02:18.910	1020.18	01:09.830	990.85	0.00	2011.03
10	7030	John-Daniel Minnie	EDEN Team A	02:20.340	1017.32	01:10.100	989.50	0.00	2006.82
11	4113	Lourens Botha	BOL Team A	02:29.810	998.38	01:06.380	1008.10	0.00	2006.48
12	4172	Adolf Knoetzen	BOL Team B	02:16.930	1024.14	01:11.780	981.10	0.00	2005.24
13	6556	Rudolph-Hein Van Eeden	EP Team A	02:15.940	1026.12	01:12.940	975.30	0.00	2001.42
14	7634	Daniel Theunissen	EP Team A	02:31.770	994.46	01:09.040	994.80	0.00	1989.26
15	7095	Keaton Gouws	BOL Team A	02:27.790	1002.42	01:10.970	985.15	0.00	1987.57
16	1880	Adriaan Albertyn	EDEN Team B	02:34.370	989.26	01:10.000	990.00	0.00	1979.26
17	2544	Niquelas Nel	BOL Team A	02:18.450	1021.10	01:16.750	956.25	0.00	1977.35

18	6175	Janco Gustav Faber	EP Team A	02:33.680	990.64	01:12.430	977.85	0.00	1968.49
19	4754	Steffhan Theo Mynhardt	EP Team A	02:17.620	1022.76	01:19.110	944.45	0.00	1967.21
20	7108	SG Liebenberg	BOL Team B	02:26.430	1005.14	01:21.870	930.65	0.00	1935.79
21	4975	Rossouw Gericke	EDEN Team B	02:23.950	1010.10	01:25.680	911.60	0.00	1921.70
22	7009	GD Jordaan	EP Team B	02:51.970	954.06	01:20.750	936.25	0.00	1890.31
23	6581	Herlu Schoeman	EP Team B	02:51.650	954.70	01:27.640	901.80	0.00	1856.50
24	6387	Duan Deyssel	EDEN Team B	03:22.190	893.62	01:39.720	841.40	0.00	1735.02
25	1870	Matthew Benn	EDEN Team A	00:00.000	0.00	00:00.000	0.00	0.00	0.00

#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
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SENIORS WOMEN			-						
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1	3121	Jo-Mari Smith	EDEN Team A	02:40.600	1050.80	01:12.940	1060.30	24.00	2135.10
2	2533	Annereen Van der Walt	BOL Team A	02:39.390	1053.22	01:18.390	1033.05	6.00	2092.27
3	4891	Melissa Meyer	EDEN Team A	02:29.530	1072.94	01:27.440	987.80	30.00	2090.74
4	6571	Elzet Britz	EP Team A	03:09.010	993.98	01:13.220	1058.90	27.00	2079.88
5	7402	Esmare Morkel	BOL Team A	02:35.530	1060.94	01:31.250	968.75	30.00	2059.69
6	5405	Caitlyn Buisman	BOL Team A	03:04.890	1002.22	01:15.980	1045.10	3.00	2050.32
7	6681	Janke Botma	BOL Team A	02:48.530	1034.94	01:30.320	973.40	3.00	2011.34
8	4284	Anemike Swart	BOL Team A	02:51.160	1029.68	01:37.680	936.60	30.00	1996.28
9	6849	Christina Weyers	EDEN Team A	03:35.670	940.66	01:43.500	907.50	21.00	1869.16
10	4579	Tammy Leibrandt	W.P. Team	03:21.010	969.98	02:48.270	583.65	27.00	1580.63

#		Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
SENIORS MEN				-					
1	6474	Roelf Jacobs	W.P. Team A	02:20.240	1039.52	01:09.850	1025.75	33.00	2098.27
2	2573	Eben Kruger	BOL Team A	02:16.130	1047.74	01:10.890	1020.55	18.00	2086.29
3	6225	Dirk Smit	BOL Team A	02:39.920	1000.16	01:07.650	1036.75	24.00	2060.91
4	6736	Cornelis Rossouw	BOL Team A	02:20.440	1039.12	01:18.520	982.40	24.00	2045.52
5	4115	Daniel Malan	BOL Team A	02:36.330	1007.34	01:11.230	1018.85	15.00	2041.19
6	6737	Johan Meintjies	BOL Team A	02:38.940	1002.12	01:33.030	909.85	33.00	1944.97
7	7684	Jaco van Jaarsveldt	EDEN Team A	03:16.770	926.46	01:29.410	927.95	33.00	1887.41
8	4671	Cadin Leibrandt	W.P. Team A	03:10.080	939.84	01:31.840	915.80	30.00	1885.64
9	6682	Waldo Hansen	BOL Team B	02:27.820	1024.36	00:00.000	0.00	15.00	1039.36
#		Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
JNR WOMEN				-					
1	1120	Anke Serfontein	W.P. Team A	02:24.320	1067.36	01:09.220	1048.90	0.00	2116.26
2	4510	Utah Novello	BOL Team A	02:43.750	1028.50	01:03.520	1077.40	0.00	2105.90
#		Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
JNR MEN				-					
1	2642	Kailen Kotze	BOL Team A	02:15.420	1039.16	00:59.910	1045.45	0.00	2084.61
2	3584	Sebastian Swart	EDEN Team A	02:17.120	1035.76	01:03.860	1025.70	0.00	2061.46
3	1802	Landre Botes	BOL Team	02:13.440	1043.12	01:06.320	1013.40	0.00	2056.52

A									
4	6980	David Lovemore	W.P. Team A	02:23.760	1022.48	01:19.480	947.60	0.00	1970.08
5	5591	Wernandt Human	BOL Team A	02:34.820	1000.36	01:23.570	927.15	0.00	1927.51
6	7371	Mikyle Herman	W.P. Team A	02:26.700	1016.60	01:28.760	901.20	0.00	1917.80
#		Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
MASTERS 40+ WOMEN				-					
1	2471	Sunee Pretorius	W.P. Team A	02:47.910	1046.18	01:13.520	1052.40	20.00	2118.58
2	6831	Denise Loubser	EDEN Team A	02:43.830	1054.34	01:33.840	950.80	25.00	2030.14
3	6431	Liesel Buitendag	EDEN Team A	03:24.400	973.20	01:17.840	1030.80	25.00	2029.00
4	4075	Zani Smith	EDEN Team A	02:41.670	1058.66	01:32.590	957.05	10.00	2025.71
5	7632	Sone Greeff	EP Team A	03:19.710	982.58	01:17.840	1030.80	10.00	2023.38
6	2603	Ruzanne Le Roux	BOL Team A	02:57.440	1027.12	01:37.770	931.15	0.00	1958.27
7	7010	Victoria Read	W.P. Team A	03:52.970	916.06	01:23.300	1003.50	10.00	1929.56
8	2637	Marlize Van Zyl	BOL Team A	03:52.000	918.00	01:36.940	935.30	10.00	1863.30
9	7423	Carla Joubert	BOL Team A	03:44.720	932.56	01:38.590	927.05	0.00	1859.61
10	1311	Jozanne Louw	W.P. Team A	00:00.000	0.00	00:00.000	0.00	15.00	15.00
#		Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
MASTERS 40+ MEN				-					
1	1497	Rowan Marais	W.P. Team A	02:24.610	1030.78	01:01.490	1067.55	45.00	2143.33
2	2428	Neil Steenkamp	W.P. Team A	02:32.740	1014.52	01:05.070	1049.65	40.00	2104.17
3	6433	Jeandre	EDEN	02:23.940	1032.12	01:09.230	1028.85	20.00	2080.97

		Swanepoel	Team A						
4	2577	Willem Human	BOL Team A	02:19.260	1041.48	01:16.290	993.55	5.00	2040.03
5	6953	Johannes Jordaan	EDEN Team A	02:28.700	1022.60	01:22.540	962.30	45.00	2029.90
6	7606	Riaan Pieterse	EDEN Team A	02:33.090	1013.82	01:14.820	1000.90	15.00	2029.72
7	7651	Andre de Nysschen	W.P. Team A	02:44.640	990.72	01:18.250	983.75	45.00	2019.47
8	5533	Jan Meyer	EDEN Team A	02:20.720	1038.56	01:25.630	946.85	15.00	2000.41
9	6269	Werner Bruckner	W.P. Team A	02:36.360	1007.28	01:24.600	952.00	25.00	1984.28
10	5169	Romeo Davids	W.P. Team A	02:33.420	1013.16	01:29.370	928.15	40.00	1981.31
11	6923	Gerdus Heyns	BOL Team A	02:26.700	1026.60	01:27.050	939.75	5.00	1971.35
12	5624	Francois Marais	EDEN Team A	02:54.680	970.64	01:17.720	986.40	5.00	1962.04
13	7646	Coenrad Ehlers	W.P. Team A	02:24.920	1030.16	01:29.090	929.55	0.00	1959.71
#		Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
MASTERS 50+ WOMEN				-					
1	2525	Mariaan Malan	BOL Team A	02:51.060	1037.88	01:22.820	1055.90	40.00	2133.78
2	2397	Liezel Wessels	BOL Team A	02:50.770	1038.46	01:23.390	1053.05	35.00	2126.51
3	4703	Jené Banfield	EP Team A	02:44.950	1050.10	01:36.790	986.05	25.00	2061.15
4	6884	Seanette Botha	EDEN Team A	02:48.480	1043.04	02:01.220	863.90	30.00	1936.94
#		Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
MASTERS 50+ MEN				-					
1	7635	Howard Theunissen	EP Team A	02:54.320	983.36	01:08.630	1046.85	0.00	2030.21

2	1811	Hermann Spangenberg	BOL Team A	03:09.160	953.68	01:14.640	1016.80	25.00	1995.48
3	4675	Michael Peacock	W.P. Team A	02:34.480	1023.04	01:31.470	932.65	15.00	1970.69
4	6893	Nell Wiid	EDEN Team A	02:38.440	1015.12	01:36.560	907.20	30.00	1952.32
5	6432	Johan Buitedag	EDEN Team A	03:29.510	912.98	01:23.480	972.60	0.00	1885.58
6	7549	Jaco Burger	W.P. Team A	00:00.000	0.00	01:16.660	1006.70	5.00	1011.70

#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
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MASTERS 60+ WOMEN			-					
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1	3017	Anita Louw	EDEN Team A	01:39.090	1013.82	00:44.290	1033.55	48.00	2095.37
2	3378	Mandi Wallace	EDEN Team A	02:06.880	958.24	00:42.560	1042.20	24.00	2024.44

#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
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MASTERS 60+ MEN			-					
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1	6883	Louis J Botha	EDEN Team A	01:16.320	1027.36	00:36.840	1030.80	24.00	2082.16
2	3065	Cliff Wallace	EDEN Team A	01:27.140	1005.72	00:36.160	1034.20	36.00	2075.92
3	7496	Koena Loubser	W.P. Team A	01:20.620	1018.76	00:40.660	1011.70	42.00	2072.46
4	6479	Lawrence Ferreira	EP Team A	01:23.210	1013.58	00:37.840	1025.80	18.00	2057.38
5	3377	Gavin Gericke	EDEN Team A	01:29.930	1000.14	00:32.400	1053.00	0.00	2053.14
6	2806	Eric Parker	BOL Team A	01:25.840	1008.32	00:45.530	987.35	54.00	2049.67
7	6644	Chris van der Merwe	W.P. Team A	01:20.890	1018.22	00:38.270	1023.65	0.00	2041.87
8	1408	Jacobus Michaels	W.P. Team A	01:18.200	1023.60	00:48.810	970.95	24.00	2018.55
9	7576	Gary Green	W.P. Team A	01:05.640	1048.72	00:50.510	962.45	6.00	2017.17

#		Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
MASTERS 70+ WOMEN				-					
1	2844	Kathleen Gey van Pittius	BOL Team A	01:22.530	1070.94	00:46.400	1058.00	10.00	2138.94
2	1896	Stephanie Claassen	W.P. Team A	01:59.370	997.26	00:46.280	1058.60	40.00	2095.86
3	1348	Marille Bass	W.P. Team A	02:26.440	943.12	00:54.280	1018.60	50.00	2011.72
#		Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
MASTERS 70+ MEN				-					
1	1893	Johan Windt	EDEN Team A	01:15.140	1049.72	00:42.000	1040.00	20.00	2109.72
2	2852	Mike McDonald	EDEN Team A	01:50.820	978.36	00:47.530	1012.35	100.00	2090.71
3	1895	Len Claasen	W.P. Team A	01:11.920	1056.16	00:51.330	993.35	40.00	2089.51
4	3124	Archie Markgraaff	SFS Team A	02:17.240	925.52	00:42.130	1039.35	120.00	2084.87
5	2529	Coenie Van Vuuren	BOL Team A	01:38.480	1003.04	00:42.500	1037.50	30.00	2070.54
#		Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
SPECIAL NEEDS FEMALE				-					
1	7693	Michele Lombard	EDEN Team A	01:58.410	1003.18	01:04.340	903.30	0.00	1906.48
2	7694	Elizabeth Botes	EDEN Team A	01:59.710	1000.58	01:09.900	875.50	0.00	1876.08
3	7690	Miena Baardman	EDEN Team A	01:55.600	1008.80	01:36.070	744.65	0.00	1753.45
4	7696	Maja Ehlers	EDEN Team A	02:34.740	930.52	01:22.870	810.65	0.00	1741.17
5	7698	Elisma Joubert	EDEN Team A	02:21.780	956.44	02:50.210	373.95	0.00	1330.39
#		Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points

SPECIAL NEEDS MALE			-						
1	6059	Marius Coetzee	BOL Team A	01:30.000	1060.00	00:41.910	1015.45	0.00	2075.45
2	7695	Jannie Lourens	EDEN Team A	01:38.240	1043.52	00:52.450	962.75	0.00	2006.27
3	5689	Erath Swanevelder	BOL Team A	01:29.730	1060.54	01:02.580	912.10	0.00	1972.64
4	7692	Danie Botes	EDEN Team A	01:25.680	1068.64	01:12.280	863.60	0.00	1932.24
5	7697	Francois Coetzee	EDEN Team A	01:20.180	1079.64	01:19.150	829.25	0.00	1908.89
6	7691	Pieter Henning	EDEN Team A	02:21.500	957.00	00:56.810	940.95	0.00	1897.95
7	6274	Harholdt Rousseau	W.P. Team A	01:56.020	1007.96	01:15.010	849.95	0.00	1857.91
8	5688	Barend Wiese	BOL Team A	01:36.520	1046.96	01:42.560	712.20	0.00	1759.16
9	7120	Johan Le Roux	BOL Team A	01:40.240	1039.52	02:14.970	550.15	0.00	1589.67
10	6231	Anton Frylinck	BOL Team A	00:00.000	0.00	01:01.380	918.10	0.00	918.10