

EDEN LIGA 5 OUDTSHOORN

Date: 2025-02-25

Province: EDEN

Top Athletes

#	Athlete	Run Time	Run Points	Run BP	Total Points
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Top 3 Runners

1	4075	Zani Smith (No Mads Club)	02:40.71	1060.58	5.00	1065.58
2	2913	Wanru Haasbroek (Outeniqua Ls)	02:29.89	1060.22	0.00	1060.22
3	7615	Ava Giles (Wesbank LS)	01:30.08	1059.83	0.00	1059.83

#	Athlete	Swim Time	Swim Points	Swim BP	Total Points
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Top 3 Swimmers

1	4969	Rikus Lamprechts (No Mads Club)	01:01.49	1067.55	13.50	1081.05
2	2852	Mike McDonald (Fish Eagles Masters)	00:47.19	1014.05	50.00	1064.05
3	4884	Kodi Minnie (Outeniqua Hs)	00:56.79	1056.05	0.00	1056.05

#	Athlete	Run Time	RP	Swim Time	SP	BP	Total Points
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Top 3 Athletes

1	4969	Rikus Lamprechts (No Mads Club)	02:37.79	1004.42	01:01.49	1067.55	27.00	2098.97
2	2913	Wanru Haasbroek (Outeniqua Ls)	02:29.89	1060.22	00:32.64	1033.60	0.00	2093.82
3	2852	Mike McDonald (Fish Eagles Masters)	01:51.70	976.60	00:47.19	1014.05	100.00	2090.65

#		Athlete	Run Time	RP	Swim Time	SP	BP	Total Points
U/08 GIRLS			National Record: N/A				Provincial Record: N/A	
1	7665	Amilie Lamprecht (George-Suid Ls)	01:35.58	1048.84	00:32.34	1013.30	0.00	2062.14 PB
2	7615	Ava Giles (Wesbank LS)	01:30.08	1059.83	00:35.12	999.40	0.00	2059.23
3	7767	Clara Hoepfner (Outeniqua Ls)	01:50.37	1019.26	00:31.16	1019.20	0.00	2038.46 PB
4	7752	Anullika Prinsloo (Wesbank LS)	01:44.44	1031.12	00:34.14	1004.30	0.00	2035.42
5	7616	Heila Borchers (Wesbank LS)	01:58.17	1003.66	01:14.07	804.65	0.00	1808.31
#		Athlete	Run Time	RP	Swim Time	SP	BP	Total Points
U/09 GIRLS			National Record: N/A				Provincial Record: N/A	
1	6340	Milane Belstead (No Mads Club)	01:33.72	1026.56	00:51.65	1021.75	0.00	2048.31 PB
2	7035	Su-Ane Kitching (Outeniqua Ls)	01:36.21	1021.58	00:58.01	989.95	0.00	2011.53 PB
3	6826	Nina Vlok (George-Suid Ls)	DNF	DNF	DNF	DNF	DNF	DNF
#		Athlete	Run Time	RP	Swim Time	SP	BP	Total Points
U/09 BOYS			National Record: N/A				Provincial Record: N/A	
1	7031	Leo Castanho (George-Suid Ls)	01:20.93	1044.14	00:49.82	1005.90	0.00	2050.04 PB
2	6243	Lefran Marais (Wesbank LS)	01:28.35	1029.30	00:55.48	977.60	0.00	2006.90
3	7036	Xander van Jaarsveldt (Wesbank LS)	01:20.25	1045.50	01:11.52	897.40	0.00	1942.90
4	6428	Matthew McDonald (Glenwood House Ps)	01:34.09	1017.82	01:12.30	893.50	0.00	1911.32

5	7765	Daniel Martins (Glenwood Preparatory School)	DNF	DNF	DNF	DNF	DNF	DNF
6	6356	Christiaan Lamprecht (George-Suid Ls)	DNF	DNF	DNF	DNF	DNF	DNF
#	Athlete	Run Time	RP	Swim Time	SP	BP	Total Points	
U/11 GIRLS		National Record: N/A				Provincial Record: N/A		
1	7671	Aninka Terblanche (Outeniqua Ls)	01:28.25	1019.50	00:43.86	1010.70	0.00	2030.20 PB
2	6255	Annabelle McDonald (Glenwood House Ps)	01:21.87	1032.26	00:49.50	982.50	0.00	2014.76
3	5506	Lize - Mari Du Plessis (Wesbank LS)	01:33.54	1008.92	00:51.38	973.10	0.00	1982.02
4	4984	Olivia Lamprecht (George-Suid Ls)	01:31.26	1013.48	00:53.79	961.05	0.00	1974.53
5	7683	Libby Swanepoel (Wesbank LS)	01:23.46	1029.08	01:00.00	929.97	0.00	1959.05
6	7663	Tessa Venter (George-Suid Ls)	01:30.38	1015.24	01:02.81	915.95	0.00	1931.19
7	7682	Enya Swanepoel (Wesbank LS)	01:29.87	1016.26	01:04.26	908.70	0.00	1924.96
8	7766	Gabriella Hoepfner (Outeniqua Ls)	01:49.04	977.92	01:22.25	818.75	0.00	1796.67
9	6818	Lea de Jager (Outeniqua Ls)	DNF	DNF	DNF	DNF	DNF	DNF
10	5548	Lisa Snyman (George-Suid Ls)	DNF	DNF	DNF	DNF	DNF	DNF
11	4869	Misha Meyer (Cape Multisport Eden)	DNF	DNF	DNF	DNF	DNF	DNF
12	5547	Jana Snyman (George-Suid Ls)	DNF	DNF	DNF	DNF	DNF	DNF

U/11 BOYS				National Record: N/A			Provincial Record: N/A		
1	6830	De Wet Venter (George-Suid Ls)	01:15.78	1042.44	00:42.69	1006.55	0.00	2048.99	PB
2	2032	Rudolf Smith (Wesbank LS)	01:15.17	1043.66	00:44.37	998.15	0.00	2041.81	
3	4076	Lian Hattingh (George-Suid Ls)	01:16.27	1041.46	00:45.84	990.80	0.00	2032.26	
4	7755	Lian Claassen (Outeniqua Ls)	01:13.08	1047.83	00:49.27	973.65	0.00	2021.48	
5	7749	Christiaan Bekker (Vuurvliegje Akademie)	01:25.91	1022.18	00:44.48	997.60	0.00	2019.78	
6	6880	Ruben Haasbroek (Outeniqua Ls)	01:21.55	1030.90	00:52.25	958.75	0.00	1989.65	PB
7	5504	Daniel Odendaal (Wesbank LS)	01:27.30	1019.40	00:50.48	967.60	0.00	1987.00	
8	7037	Sebastiaan Borchers (Wesbank LS)	01:27.59	1018.82	00:58.75	926.25	0.00	1945.07	
9	7754	Ruben Nel (Outeniqua Ls)	01:40.65	992.70	00:58.79	926.05	0.00	1918.75	
10	7617	Hermanus Potgieter (Wesbank LS)	01:19.30	1035.40	DNF	DNF	0.00	DNF	
11	3376	Bernard Lamprecht (George-Suid Ls)	DNF	DNF	DNF	DNF	DNF	DNF	
#		Athlete	Run Time	RP	Swim Time	SP	BP	Total Points	
U/13 GIRLS				National Record: N/A			Provincial Record: N/A		
1	5509	Helena Lourens (Wesbank LS)	02:32.70	1056.60	00:39.56	984.40	0.00	2041.00	PB
2	7756	Mia Bronn (Park Ls)	02:39.57	1042.86	00:38.79	992.10	0.00	2034.96	PB
3	1834	Lheane Du Plessis (Wesbank LS)	03:09.36	983.28	00:35.86	1021.40	0.00	2004.68	
4	7619	Jani Botha (Wesbank LS)	02:53.99	1014.02	00:41.93	960.70	0.00	1974.72	

5	7670	Mea Hoepfner (Outeniqua Ls)	03:25.96	950.08	00:42.40	956.00	0.00	1906.08	PB
6	5508	Aeltie Prinsloo (Wesbank LS)	03:18.39	965.22	00:47.22	907.80	0.00	1873.02	
7	7618	Karmi Potgieter (Wesbank LS)	03:11.24	979.52	00:49.55	884.50	0.00	1864.02	PB
8	7686	Nhea Du Toit (Outeniqua Ls)	DNF	DNF	DNF	DNF	DNF	DNF	
9	1831	Cobie Loubser (Wesbank LS)	DNF	DNF	DNF	DNF	DNF	DNF	
#	Athlete	Run Time	RP	Swim Time	SP	BP	Total Points		
U/13 BOYS			National Record: N/A			Provincial Record: N/A			
1	2913	Wanru Haasbroek (Outeniqua Ls)	02:29.89	1060.22	00:32.64	1033.60	0.00	2093.82	
2	7748	FG Bekker (Vuurvliegje Akademie)	02:50.28	1019.44	00:35.06	1009.40	0.00	2028.84	PB
3	1509	Gerhard Hattingh (George-Suid Ls)	03:02.08	995.84	00:38.89	971.10	0.00	1966.94	PB
4	5510	Alexander Van Wyk (Wesbank LS)	02:50.78	1018.44	00:57.02	789.80	0.00	1808.24	
5	6821	Finley Mittendorff (Glenwood House Ps)	DNF	DNF	DNF	DNF	DNF	DNF	
6	4870	Marius Meyer (Cape Multisport Eden)	DNF	DNF	DNF	DNF	DNF	DNF	
7	5555	Walter van der Merwe (George-Suid Ls)	DNF	DNF	DNF	DNF	DNF	DNF	
#	Athlete	Run Time	RP	Swim Time	SP	BP	Total Points		
U/15 GIRLS			National Record: N/A			Provincial Record: N/A			
1	1926	Minay Botha (No Mads Club)	02:32.18	1041.64	01:30.94	920.30	0.00	1961.94	
2	7664	Ella Venter (George-Suid Ls)	02:50.54	1004.92	01:33.22	908.90	0.00	1913.82	

	#	Athlete	Run Time	RP	Swim Time	SP	BP	Total Points
3	7595	Sarah Saayman (Langenhoven Gimnasium)	02:55.85	994.30	01:58.26	783.70	0.00	1778.00 PB
4	1565	Ella van Viegen (Oranje Girls Primary School)	DNF	DNF	DNF	DNF	DNF	DNF
5	1798	Danielle Bond (Outeniqua Ls)	DNF	DNF	DNF	DNF	DNF	DNF
6	4877	Alice Esterhuysen (Outeniqua Hs)	DNF	DNF	DNF	DNF	DNF	DNF
7	4707	Liyah Theron (Outeniqua Hs)	DNF	DNF	DNF	DNF	DNF	DNF
U/15 BOYS								
1	1836	Suzanne Truter Dudley Munnich	03:00.00	1040.00	02:00.00	DNF	DNF	DNF
2	7687		03:00.00	1040.00	02:00.00	DNF	DNF	1863.88
3	4871		DNF	DNF	DNF	DNF	DNF	
4	1833		DNF	DNF	DNF	DNF	DNF	
5	2865		DNF	DNF	DNF	DNF	DNF	
6	3959		DNF	DNF	DNF	DNF	DNF	

1	2912	Dune Haasbroek (Glenwood House Ps)	02:29.15	1027.70	01:13.50	1007.50	0.00	2035.20
2	1838	Nina Cloete (Langenhoven Gimnasium)	02:42.85	1000.30	01:24.64	951.80	0.00	1952.10
3	1889	Ebenette Van Niekerk (Outeniqua Hs)	02:55.65	974.70	01:27.96	935.20	0.00	1909.90
4	7673	Sarai Roos (Punt HS)	03:20.18	925.64	01:49.34	828.30	0.00	1753.94
5	7667	Ona-Mari van Niekerk (Outeniqua Hs)	DNF	DNF	DNF	DNF	DNF	DNF
6	7666	Sian Kleynhans (Outeniqua Hs)	DNF	DNF	DNF	DNF	DNF	DNF
7	1823	Megan Stahmer (Outeniqua Hs)	DNF	DNF	DNF	DNF	DNF	DNF
8	1507	Lizandri Koen (Outeniqua Hs)	DNF	DNF	DNF	DNF	DNF	DNF
#	Athlete	Run Time	RP	Swim Time	SP	BP	Total Points	
U/17 BOYS			National Record: N/A			Provincial Record: N/A		
1	5622	Joseph van der Merwe (Oakdale HLS)	02:09.68	1052.64	01:19.71	951.45	0.00	2004.09
2	5515	Hennie Calitz (Langenhoven Gimnasium)	02:29.72	1012.56	01:14.02	979.90	0.00	1992.46 PB
3	4742	Pieter de Kock (Oakdale HLS)	02:53.09	965.82	01:21.97	940.15	0.00	1905.97
4	4734	Herman van Zyl (Oakdale HLS)	02:47.32	977.36	01:30.67	896.65	0.00	1874.01
5	3989	Ewan Botha (Langenhoven Gimnasium)	02:45.61	980.78	DNF	DNF	0.00	DNF
6	7747	Naude Meyer (Outeniqua Hs)	DNF	DNF	DNF	DNF	DNF	DNF
7	4714	Andrew Jonker (Oakdale HLS)	DNF	DNF	DNF	DNF	DNF	DNF

U/19 GIRLS				National Record: N/A			Provincial Record: N/A	
1	1928	Mia Botha (Outeniqua Hs)	02:43.20	1021.60	01:24.30	948.50	0.00	1970.10
2	4724	Larissa Badenhorst (Outeniqua Hs)	02:59.22	989.56	01:18.68	976.60	0.00	1966.16
3	2903	Carli Dippenaar (Outeniqua Hs)	02:59.83	988.34	01:20.89	965.55	0.00	1953.89
4	1805	Marilie Duvenhage (Outeniqua Hs)	DNF	DNF	DNF	DNF	DNF	DNF
5	3410	Zani Vermeulen (Outeniqua Hs)	DNF	DNF	DNF	DNF	DNF	DNF
6	6469	Shane Buitendag (Outeniqua Hs)	DNF	DNF	DNF	DNF	DNF	DNF
#		Athlete	Run Time	RP	Swim Time	SP	BP	Total Points
U/19 BOYS				National Record: N/A			Provincial Record: N/A	
1	4884	Kodi Minnie (Outeniqua Hs)	02:36.47	985.06	00:56.79	1056.05	0.00	2041.11
2	4980	Stephan Meintjes (Oakdale HLS)	02:36.67	984.66	01:07.84	1000.80	0.00	1985.46 PB
3	4028	JJ Pfaff (Oakdale HLS)	02:36.22	985.56	01:15.22	963.90	0.00	1949.46
4	2897	Jaco de Wet (Oakdale HLS)	DNF	DNF	DNF	DNF	DNF	DNF
5	3298	Jean-Paul Van Dyk (Outeniqua Hs)	DNF	DNF	DNF	DNF	DNF	DNF
#		Athlete	Run Time	RP	Swim Time	SP	BP	Total Points
SENIORS WOMEN				National Record: N/A			Provincial Record: N/A	
1	4891	Melissa Meyer (Cape Multisport Eden)	DNF	DNF	DNF	DNF	DNF	DNF

SENIORS MEN				National Record: N/A			Provincial Record: N/A	
1	4969	Rikus Lamprechts (No Mads Club)	02:37.79	1004.42	01:01.49	1067.55	27.00	2098.97
2	7684	Jaco van Jaarsveldt (No Mads Club)	DNF	DNF	DNF	DNF	DNF	DNF
#		Athlete	Run Time	RP	Swim Time	SP	BP	Total Points
MASTERS 40+ WOMEN				National Record: N/A			Provincial Record: N/A	
1	4075	Zani Smith (No Mads Club)	02:40.71	1060.58	01:35.00	944.99	10.00	2015.57
#		Athlete	Run Time	RP	Swim Time	SP	BP	Total Points
MASTERS 40+ MEN				National Record: N/A			Provincial Record: N/A	
1	5624	Francois Marais (No Mads Club)	02:54.48	971.04	01:19.58	977.10	5.00	1953.14
2	7785	Johan Marais (No Mads Club)	03:06.29	947.42	01:28.21	933.95	5.00	1886.37 PB
3	5533	Jan Meyer (Cape Multisport Eden)	DNF	DNF	DNF	DNF	DNF	DNF
#		Athlete	Run Time	RP	Swim Time	SP	BP	Total Points
MASTERS 50+ WOMEN				National Record: N/A			Provincial Record: N/A	
1	6884	Seanette Botha (No Mads Club)	DNF	DNF	DNF	DNF	DNF	DNF
#		Athlete	Run Time	RP	Swim Time	SP	BP	Total Points
MASTERS 60+ MEN				National Record: N/A			Provincial Record: N/A	
1	3377	Gavin Gericke (Fish Eagles Masters)	01:16.00	1028.00	00:34.40	1043.00	0.00	2071.00
2	6883	Louis J Botha (No Mads Club)	DNF	DNF	DNF	DNF	DNF	DNF

MASTERS 70+ MEN				National Record: N/A			Provincial Record: N/A	
1	2852	Mike McDonald (Fish Eagles Masters)	01:51.70	976.60	00:47.19	1014.05	100.00	2090.65