

EDEN LIGA 4 OUDSTHOORN

Date: 2026-02-24

Province: EDEN

Top Athletes

#	Athlete	Run Time	Run Points	Run BP	Total Points			
Top 3 Runners								
1	4075	Zani Smith (No Mads Club)	02:42.45	1057.10	7.50	1064.60		
2	8478	Jean Botha (Wesbank LS)	02:31.53	1056.94	0.00	1056.94		
3	5509	Helena Lourens (Wesbank LS)	02:33.65	1054.70	0.00	1054.70		
#	Athlete	Swim Time	Swim Points	Swim BP	Total Points			
Top 3 Swimmers								
1	6824	Marco David Botha (No Mads Club)	01:03.91	1055.45	15.00	1070.45		
2	3377	Gavin Gericke (Fish Eagles Masters)	00:33.88	1045.60	3.00	1048.60		
3	8258	Bea Kitching (Outeniqua Ls)	00:26.16	1044.20	0.00	1044.20		
#	Athlete	Run Time	RP	Swim Time	SP	BP	Total Points	
Top 3 Athletes								
1	8258	Bea Kitching (Outeniqua Ls)	01:36.83	1046.34	00:26.16	1044.20	0.00	2090.54
2	6823	Bastiaan David Botha (Outeniqua Ls)	01:15.56	1042.88	00:35.76	1041.20	0.00	2084.08
3	4867	Judah Spies (Outeniqua Ls)	02:35.33	1049.34	00:32.77	1032.30	0.00	2081.64

#	Athlete	Run Time	RP	Swim Time	SP	BP	Total Points	
U/08 GIRLS			National Record: N/A			Provincial Record: N/A		
1	8258	Bea Kitching (Outeniqua Ls)	01:36.83	1046.34	00:26.16	1044.20	0.00	2090.54
2	8833	Clarabelle Muller (Wesbank LS)	01:54.27	1011.46	00:35.60	997.00	0.00	2008.46 PB
3	8849	Lisa-Marie Terblanche (Outeniqua Ls)	01:57.05	1005.90	00:45.53	947.35	0.00	1953.25
#	Athlete	Run Time	RP	Swim Time	SP	BP	Total Points	
U/08 BOYS			National Record: N/A			Provincial Record: N/A		
1	8832	Gideon du Plessis (Wesbank LS)	01:47.08	1021.84	00:24.54	1042.30	0.00	2064.14 PB
2	8863	Stian Schoeman (Wesbank LS)	01:35.73	1044.54	00:31.17	1009.15	0.00	2053.69
3	8294	Marco Glen Botha (Outeniqua Ls)	01:50.03	1015.94	00:38.02	974.90	0.00	1990.84 PB
#	Athlete	Run Time	RP	Swim Time	SP	BP	Total Points	
U/09 GIRLS			National Record: N/A			Provincial Record: N/A		
1	7615	Ava Giles (Wesbank LS)	01:25.61	1042.78	01:02.34	968.30	0.00	2011.08
2	7752	Anullika Prinsloo (Wesbank LS)	01:54.30	985.40	01:26.09	849.55	0.00	1834.95
#	Athlete	Run Time	RP	Swim Time	SP	BP	Total Points	
U/09 BOYS			National Record: N/A			Provincial Record: N/A		
1	8313	Jacobus Willem Viljoen (No Mads Club)	01:15.70	1054.60	00:48.57	1012.15	0.00	2066.75
2	8312	Abel Jacobus Viljoen (No Mads Club)	01:20.27	1045.46	00:55.98	975.10	0.00	2020.56

U/11 GIRLS				National Record: N/A			Provincial Record: N/A	
1	6891	Avah Jean Spies (Outeniqua Ls)	01:17.23	1041.54	00:44.33	1008.35	0.00	2049.89
2	6826	Nina Vlok (George-Suid Ls)	01:25.40	1025.20	00:44.76	1006.20	0.00	2031.40 PB
3	5506	Lize – Mari Du Plessis (Wesbank LS)	01:28.67	1018.66	00:43.48	1012.60	0.00	2031.26
4	6476	Angelique Pieterse (George-Suid Ls)	01:25.15	1025.70	00:45.41	1002.95	0.00	2028.65
5	8477	Abby Smit (Wesbank LS)	01:20.49	1035.02	00:50.96	975.20	0.00	2010.22 PB
6	6340	Milane Belstead (No Mads Club)	01:35.79	1004.42	00:45.53	1002.35	0.00	2006.77 PB
7	7035	Su-Ane Kitching (Outeniqua Ls)	01:26.86	1022.28	00:51.54	972.30	0.00	1994.58
8	6678	Catherine Weyers (Plettenberg Ps)	01:40.06	995.88	00:51.85	970.75	0.00	1966.63 PB
#	Athlete	Run Time	RP	Swim Time	SP	BP	Total Points	
U/11 BOYS				National Record: N/A			Provincial Record: N/A	
1	6823	Bastiaan David Botha (Outeniqua Ls)	01:15.56	1042.88	00:35.76	1041.20	0.00	2084.08
2	7749	Christiaan Bekker (Vuurvliegje Akademie)	01:22.53	1028.94	00:36.71	1036.45	0.00	2065.39
3	8260	Stian Terblanche (Outeniqua Ls)	01:15.77	1042.46	00:39.51	1022.45	0.00	2064.91 PB
4	7765	Daniel Martins (Glenwood Preparatory School)	01:15.97	1042.06	00:39.55	1022.25	0.00	2064.31 PB
5	8937	Jean-Gabriel de Villiers (Glenwood House Ps)	01:16.17	1041.66	00:43.32	1003.40	0.00	2045.06 PB
6	7031	Leo Castanho (No Mads Club)	01:31.98	1010.04	00:43.84	1000.80	0.00	2010.84

7	6467	Raven du Plessis (Plettenberg Ps)	01:22.75	1028.50	00:54.13	949.35	0.00	1977.85
8	8256	Zander Claassen (Outeniqua Ls)	01:19.83	1034.34	00:55.38	943.10	0.00	1977.44
9	8924	Dandru de Bruyn (No Mads Club)	01:27.22	1019.56	01:00.51	917.45	0.00	1937.01
10	8851	Johnathan Fourie (Outeniqua Ls)	01:38.42	997.16	00:57.73	931.35	0.00	1928.51
#	Athlete	Run Time	RP	Swim Time	SP	BP	Total Points	
U/13 GIRLS			National Record: N/A			Provincial Record: N/A		
1	5509	Helena Lourens (Wesbank LS)	02:33.65	1054.70	00:36.42	1015.80	0.00	2070.50
2	7671	Aninka Terblanche (Outeniqua Ls)	03:17.52	966.96	00:39.50	985.00	0.00	1951.96
3	8315	Olivia Froneman (Plettenberg Ps)	03:36.18	929.64	00:39.21	987.90	0.00	1917.54
4	8512	Miane Cornelius (Outeniqua Ls)	03:15.58	970.84	00:45.98	920.20	0.00	1891.04
5	5508	Aeltie Prinsloo (Wesbank LS)	03:24.96	952.08	00:44.43	935.70	0.00	1887.78
#	Athlete	Run Time	RP	Swim Time	SP	BP	Total Points	
U/13 BOYS			National Record: N/A			Provincial Record: N/A		
1	4867	Judah Spies (Outeniqua Ls)	02:35.33	1049.34	00:32.77	1032.30	0.00	2081.64
2	7748	FG Bekker (Vuurvliegje Akademie)	02:35.54	1048.92	00:33.42	1025.80	0.00	2074.72 PB
3	6357	Ezra Scheepers (George-Suid Ls)	02:34.70	1050.60	00:37.73	982.70	0.00	2033.30
4	8478	Jean Botha (Wesbank LS)	02:31.53	1056.94	00:39.30	967.00	0.00	2023.94 PB
5	6822	Rohan Marco Botha (Outeniqua Ls)	03:06.62	986.76	00:33.82	1021.80	0.00	2008.56

6	2032	Rudolf Smith (Wesbank LS)	02:38.34	1043.32	00:42.06	939.40	0.00	1982.72	PB
7	7755	Lian Claassen (Outeniqua Ls)	02:49.55	1020.90	00:39.88	961.20	0.00	1982.10	
8	8282	Daniel Jordaan (No Mads Club)	03:21.00	958.00	00:43.63	923.70	0.00	1881.70	
9	8511	Jack Hodgson (Outeniqua Ls)	03:08.21	983.58	00:56.47	795.30	0.00	1778.88	PB
10	5093	Matteo Stipeć (Glenwood House Ps)	03:16.16	967.68	DNF	DNF	0.00	DNF	
	#	Athlete	Run Time	RP	Swim Time	SP	BP	Total Points	
U/15 GIRLS				National Record: N/A			Provincial Record: N/A		
1	1834	Lheane Du Plessis (Wesbank LS)	03:08.60	968.80	01:07.01	1039.95	0.00	2008.75	PB
2	1506	Nina Koen (Outeniqua Ls)	02:53.02	999.96	01:19.13	979.35	0.00	1979.31	
3	7619	Jani Botha (Wesbank LS)	02:37.14	1031.72	01:35.53	897.35	0.00	1929.07	
4	6339	Ashley T Mwaita (Plettenberg Ps)	02:44.11	1017.78	01:33.01	909.91	0.00	1927.69	
5	8475	Retha Geldenhuys (No Mads Club)	02:51.16	1003.68	01:33.02	909.86	0.00	1913.54	
6	7026	Aliana Stipeć (Glenwood House Ps)	02:53.56	998.88	DNF	DNF	0.00	DNF	
	#	Athlete	Run Time	RP	Swim Time	SP	BP	Total Points	
U/15 BOYS				National Record: N/A			Provincial Record: N/A		
1	4896	Pierre Spies (Outeniqua Hs)	02:29.78	1034.44	01:07.01	1029.92	0.00	2064.36	
2	6827	Eduard Snyman (George-Suid Ls)	02:40.11	1013.78	01:25.11	939.45	0.00	1953.23	
3	4078	Rynard van der Colff (Oakdale HLS)	02:48.91	996.18	01:25.12	939.40	0.00	1935.58	

4	7074	Caleb Regester (Oakdale HLS)	03:03.21	967.58	01:28.61	921.95	0.00	1889.53 PB
5	6338	Asher T Mwaita (Plettenberg Ps)	03:16.47	941.06	01:26.31	933.45	0.00	1874.51
6	8931	John Lange (Glenwood House Ps)	03:11.22	951.56	01:31.31	908.45	0.00	1860.01 PB
7	8932	Joshua Munro (Outeniqua Ls)	02:54.65	984.70	DNF	DNF	0.00	DNF

#	Athlete	Run Time	RP	Swim Time	SP	BP	Total Points
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U/17 GIRLS			National Record: N/A			Provincial Record: N/A		
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1	2912	Dune Haasbroek (Glenwood House Ps)	02:44.61	996.78	01:13.36	1008.20	0.00	2004.98
2	6333	Abigail Louw (Langenhoven Hs)	02:50.91	984.18	01:29.63	926.85	0.00	1911.03

#	Athlete	Run Time	RP	Swim Time	SP	BP	Total Points
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U/17 BOYS			National Record: N/A			Provincial Record: N/A		
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1	5515	Hennie Calitz (Langenhoven Gimnasium)	02:30.89	1010.22	01:12.02	989.89	0.00	2000.11
2	3959	Christian Smit (Outeniqua Hs)	02:51.72	968.56	01:04.75	1026.25	0.00	1994.81
3	3989	Ewan Botha (Langenhoven Gimnasium)	02:55.97	960.06	01:15.07	974.65	0.00	1934.71
4	8906	Crisjan Rademan (Outeniqua Hs)	02:33.89	1004.22	01:26.77	916.15	0.00	1920.37
5	8866	Meyr Kotze (Oakdale HLS)	02:47.39	977.22	01:48.08	809.60	0.00	1786.82 PB
6	8471	Duncan Meyer (Langenhoven Gimnasium)	02:55.97	960.06	02:23.38	633.10	0.00	1593.16

#	Athlete	Run Time	RP	Swim Time	SP	BP	Total Points
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U/19 GIRLS			National Record: N/A			Provincial Record: N/A		
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1	1507	Lizandri Koen (Outeniqua Hs)	02:33.30	1041.40	01:15.82	990.90	0.00	2032.30
2	1928	Mia Botha (Outeniqua Hs)	02:39.27	1029.46	01:18.54	977.30	0.00	2006.76
3	7667	Ona-Mari van Niekerk (Outeniqua Hs)	03:01.74	984.52	01:14.90	995.50	0.00	1980.02
4	7666	Sian Kleynhans (Outeniqua Hs)	03:03.81	980.38	01:15.47	992.65	0.00	1973.03
5	7673	Sarai Roos (Punt HS)	03:15.91	956.18	01:50.19	819.05	0.00	1775.23 PB
#	Athlete	Run Time	RP	Swim Time	SP	BP	Total Points	
U/19 BOYS			National Record: N/A			Provincial Record: N/A		
1	3298	Jean-Paul Van Dyk (Outeniqua Hs)	02:21.54	1014.92	01:00.06	1039.69	0.00	2054.61 PB
2	8864	Markus Kok (Oakdale HLS)	02:46.82	964.36	01:12.70	976.50	0.00	1940.86
3	5017	Henri du Plessis (Knysna HS)	02:21.88	1014.24	01:23.01	924.95	0.00	1939.19
4	7662	Enoch Roos (Punt HS)	02:39.72	978.56	01:48.44	797.80	0.00	1776.36 PB
#	Athlete	Run Time	RP	Swim Time	SP	BP	Total Points	
JNR MEN			National Record: N/A			Provincial Record: N/A		
1	4782	Marco Erasmus (Outeniqua Hs)	02:11.92	1046.16	01:10.20	994.00	0.00	2040.16
#	Athlete	Run Time	RP	Swim Time	SP	BP	Total Points	
MASTERS 40+ WOMEN			National Record: N/A			Provincial Record: N/A		
1	4075	Zani Smith (No Mads Club)	02:42.45	1057.10	01:39.84	920.80	15.00	1992.90
#	Athlete	Run Time	RP	Swim Time	SP	BP	Total Points	
MASTERS 40+ MEN			National Record: N/A			Provincial Record: N/A		

1	6824	Marco David Botha (No Mads Club)	02:56.31	967.38	01:03.91	1055.45	30.00	2052.83 PB
2	8518	Thean Du Plessis (No Mads Club)	02:57.85	964.30	01:32.38	913.10	10.00	1887.40
3	8473	Kobus Smith (No Mads Club)	03:23.39	913.22	01:58.38	783.10	10.00	1706.32

#	Athlete	Run Time	RP	Swim Time	SP	BP	Total Points
MASTERS 60+ MEN			National Record: N/A			Provincial Record: N/A	

1	3377	Gavin Gericke (Fish Eagles Masters)	01:21.47	1017.06	00:33.88	1045.60	6.00	2068.66
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#	Athlete	Run Time	RP	Swim Time	SP	BP	Total Points
SPECIAL NEEDS FEMALE			National Record: N/A			Provincial Record: N/A	

1	7693	Michele Lombard (Eljada Nasorg)	02:08.35	983.30	01:03.02	909.88	0.00	1893.18
2	7694	Elizabeth Botes (Eljada Nasorg)	01:59.36	1001.28	01:18.01	834.95	0.00	1836.23
3	7696	Maja Ehlers (Eljada Nasorg)	02:38.70	922.60	01:19.40	828.00	0.00	1750.60
4	7690	Miena Baardman (Eljada Nasorg)	01:57.07	1005.86	01:37.06	739.70	0.00	1745.56

#	Athlete	Run Time	RP	Swim Time	SP	BP	Total Points
SPECIAL NEEDS MALE			National Record: N/A			Provincial Record: N/A	

1	7695	Jannie Lourens (Eljada Nasorg)	01:47.63	1024.74	00:58.03	934.84	0.00	1959.58
2	7692	Danie Botes (Eljada Nasorg)	01:26.96	1066.08	01:14.30	853.50	0.00	1919.58 PB